



# FXFX February Festival 2021

February 27-28, 2021

Sanction # PVI-21-161

VSI Sanction # VS-21-142DS



<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
Matt Salerno <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a>	Kelly Rowell <a href="mailto:kmcr.pvs@gmail.com">kmcr.pvs@gmail.com</a>	Nancy Bailey <a href="mailto:nsbailey85@yahoo.com">nsbailey85@yahoo.com</a> <a href="#">Officials Signup</a>

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-21-161</b> and Virginia Swimming: <b>VS-21-142DS</b>.</li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Fairfax Foxes Swimming, and the PWCS Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>																																				
<b>FACILITY</b>	<p style="text-align: center;"><b>PWCS Aquatics Center</b> 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333</p> <ul style="list-style-type: none"> <li>10 lanes, 25 yards running from wall to wall. 8 lanes will be used for competition.</li> <li>Water depth ranges from 12.5' – 7' at the starting and turning ends.</li> <li>Five (5) lanes of continuous warmup will be available.</li> <li>The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.</li> </ul>																																				
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Monday, February, 15, 2021</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>																																				
<b>SCHEDULE</b>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;">Warm Ups</th> <th style="width: 20%; text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td colspan="3"><b>Saturday, February 27, 2021</b></td> </tr> <tr> <td>13 &amp; 14 Prelims</td> <td style="text-align: center;">6:45am – 7:40am</td> <td style="text-align: center;">7:45am</td> </tr> <tr> <td>15 &amp; Over Prelims</td> <td style="text-align: center;">10:15am – 11:10am</td> <td style="text-align: center;">11:15am</td> </tr> <tr> <td>11 &amp; 12 Timed Finals</td> <td style="text-align: center;">1:45pm – 2:30pm</td> <td style="text-align: center;">2:35pm</td> </tr> <tr> <td>13 &amp; 14 FINALS</td> <td style="text-align: center;">4:25pm – 5:10pm</td> <td style="text-align: center;">5:15pm</td> </tr> <tr> <td>15 and Over FINALS</td> <td style="text-align: center;">6:50pm – 7:35pm</td> <td style="text-align: center;">7:40pm</td> </tr> <tr> <td colspan="3"><b>Sunday, February 28, 2021</b></td> </tr> <tr> <td>10 and Under Timed Finals</td> <td style="text-align: center;">7:00am – 7:45am</td> <td style="text-align: center;">7:50am</td> </tr> <tr> <td>11 &amp; 12 Timed Finals</td> <td style="text-align: center;">9:50am – 10:25am</td> <td style="text-align: center;">10:30am</td> </tr> <tr> <td>13 &amp; 14 Timed Finals</td> <td style="text-align: center;">12:35pm – 1:30pm</td> <td style="text-align: center;">1:35pm</td> </tr> <tr> <td>15 and Over Timed Finals</td> <td style="text-align: center;">3:40pm – 4:35pm</td> <td style="text-align: center;">4:40pm</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>		Warm Ups	Events	<b>Saturday, February 27, 2021</b>			13 & 14 Prelims	6:45am – 7:40am	7:45am	15 & Over Prelims	10:15am – 11:10am	11:15am	11 & 12 Timed Finals	1:45pm – 2:30pm	2:35pm	13 & 14 FINALS	4:25pm – 5:10pm	5:15pm	15 and Over FINALS	6:50pm – 7:35pm	7:40pm	<b>Sunday, February 28, 2021</b>			10 and Under Timed Finals	7:00am – 7:45am	7:50am	11 & 12 Timed Finals	9:50am – 10:25am	10:30am	13 & 14 Timed Finals	12:35pm – 1:30pm	1:35pm	15 and Over Timed Finals	3:40pm – 4:35pm	4:40pm
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<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>• Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</li> <li>• Entries will be processed in the order they are received.</li> </ul>
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>• PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>• Automatic timing (touchpads primary) will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules, including the <a href="#">Minor Athlete Abuse Prevention Policy ("MAAPP")</a>, shall govern this meet.</li> <li>• No on-deck USA-S registration is permitted.</li> <li>• Athletes must shower prior to arrival at the pool.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; Under events per Rule 205.3.1F.</li> <li>• No deck entries will be accepted.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group.</li> <li>• Athletes may enter a maximum of seven (7) individual events. Athletes may enter no more than (3) individual events on Saturday, February 27, and no more than 4 individual events on Sunday, February 28.</li> <li>• All 11-12 as well as 10&amp;Under events are timed finals. 13-14 and 15 &amp; Over events on Saturday are prelims and finals with the exception of the 500 freestyle.</li> <li>• All events on Sunday, February 28, 2021 are Timed Finals.</li> <li>• 13-14 events and 15&amp;Over events on Saturday, February 27, 2021, will have two (2) heats in the Finals Session, "B" final and "A" final. The "B" final will swim first, followed by the "A" final.</li> <li>• The Top 12 swimmers from both the 13 -14 as well as the 15&amp; Over will qualify for the evening Finals sessions.</li> <li>• The B Final will be 8 swimmers seeded #5 through #12 in prelims with swimmers seeded #1-4 racing in the A Finals (Super Finals).</li> <li>• Swimmers may designate one (1) counter for 500 Freestyle, but the counter must be a swimmer, coach or volunteer who is already on deck at the meet.</li> </ul>

<p><b>COVID-19 CONSIDERATIONS</b></p>	<ul style="list-style-type: none"> <li>• An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>• USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>• BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, VIRGINIA SWIMMING, INC., FAIRFAX FOXES SWIMMING, AND PWCS AQUATICS CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</li> <li>• We have taken enhanced health and safety measures for all attending this meet, however we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.</li> <li>• By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, and Prince William County.</li> </ul>
<p><b>COVID-19 PROTOCOLS</b></p>	<ul style="list-style-type: none"> <li>• All attendees (athletes, coaches, officials, volunteers, spectators) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down.</li> <li>• Athletes must arrive and depart in their suits. Locker room use is prohibited, and bathroom use minimized to emergency use only.</li> <li>• Spectators will not be permitted into the facility.</li> <li>• The meet will be live streamed on the Foxes Facebook page. Check the “events” tab for live streaming, which will be shared with participating families.</li> <li>• Before registering your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.</li> <li>• Each session will be limited to 90 swimmers. Swimmers will be assigned to a seating area. Seating areas are marked to allow for social distancing.</li> <li>• All attendees will complete an <a href="#">electronic waiver</a> that outlines the risks associated with the competition and acknowledges their full cooperation with the PWCS Aquatics Center.</li> <li>• Athletes will enter the facility using the left side entrance of Door #25. After being cleared to enter the facility by a temperature check administered by a coach or volunteer, and confirmation of completion of the <a href="#">electronic waiver</a>, athletes will be directed to their seating area. Seating areas include the stands, pool deck, upstairs hallway, downstairs recreational pool area or potentially the auxiliary gym. Areas have been marked for athletes to distance 6 – 10 feet while in the building. Areas will be marked for up to 90 athletes.</li> <li>• Coaches, officials, and designated volunteers will enter the facility using the right side entrance of Door #25 where the completion of the <a href="#">electronic waiver</a> will be verified and they will receive a touchless temperature check.</li> </ul>

	<ul style="list-style-type: none"> <li>• Prior to entry, all attendees (athletes, coaches, officials, and designated volunteers) will receive a touchless temperature screening. Any person who returns a higher-than-normal temperature reading (100.4°F or higher) will not be permitted further access to the facility. Any person experiencing <b>any</b> of the following symptoms will not be permitted entry into the PWCS Aquatics Center: <ul style="list-style-type: none"> <li>○ Fever (temperature of 100.4°F or higher) or Chills</li> <li>○ Shortness of Breath or Difficulty Breathing</li> <li>○ Muscle or Body Aches</li> <li>○ New Loss of Taste or Smell</li> <li>○ Congestion or Runny Nose</li> <li>○ Nausea or Vomiting</li> <li>○ Cough or Fatigue</li> <li>○ Headache</li> <li>○ Sore Throat</li> </ul> </li> <li>• For warm-ups, swimmers for each session will be assigned to one of two warmup groups, no more than 45 swimmers in each group (3 swimmers per lane). Each group will be assigned an arrival time with a corresponding number of lanes.</li> <li>• Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines.</li> <li>• One timer will be assigned to each lane as a backup timer. Markings on the ground will separate the swimmers from the timers while staging and entering/exiting the pool.</li> <li>• A designated staff member, official, or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements.</li> <li>• Only swimmers, coaches, officials, and designated volunteers will be permitted in the facility.</li> <li>• Swimmers will wear their masks until they arrive at their lane and they will take them off and place them in a bag behind the starting block in their lane.</li> <li>• Once their race is completed, swimmers will immediately put their masks back on before they exit the deck.</li> <li>• 25 yd events will start at the turn end of the course. A meet marshal, wearing protective gloves, will gather the bags containing the swimmers' masks and place them at the opposite end of the lane that the swimmer is competing in.</li> <li>• Swimmers must follow all directions as posted and adhere to all marshals' directions.</li> <li>• Swimmers will move around the pool in a clockwise direction. They will come down the stairs from the stands near the diving board end of the pool. After they swim they will exit the deck at the first door before the pool manager's office and take the first set of stairs up to the stands.</li> <li>• The heat next to swim will line up along the wall behind the diving boards. There are lane numbers taped up on the wall.</li> <li>• The heat after that will be lined up along the wall near the pool manager's office.</li> <li>• All swimmers must remain in their designated area for their group until they are called for their event and they must return to their area immediately following their event.</li> <li>• Swimmers may not enter another swimmer's "square" of seating.</li> <li>• Any swimmer, coach, official and/or designated volunteer not following meet protocols will be subject to immediate removal from the meet.</li> <li>• Contact information for all volunteers will be collected.</li> <li>• We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.</li> </ul>
<p><b>WITHDRAWING FROM SATURDAY FINALS</b></p>	<ul style="list-style-type: none"> <li>• If swimmers do not want to swim in their qualifying and subsequent finals race(s), they may "scratch" from the event by following this procedure: <ul style="list-style-type: none"> <li>○ email <a href="mailto:fxfxscratch@gmail.com">fxfxscratch@gmail.com</a> within 30 minutes of the completion of the last preliminary event of the session.</li> <li>○ email must include swimmer's first and last name, club, coach's name, and event being scratched. It is recommended that you include your coach on the email.</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>If an athlete fails to properly scratch from an event and does not appear for the “Final” event, he/she shall be removed from their next scheduled individual event.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> <li>No more than 3 swimmers per lane.</li> <li>Five lanes of continuous warm up will be available.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>Spectators are not allowed on the pool deck; swimmers may not bring personal chairs on the pool deck; coaches may bring a personal chair on the pool deck.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>All preliminary and timed finals events will be pre-seeded.</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>N/A</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>No awards for this meet.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>Meet programs will not be sold. The meet will be available on Meet Mobile.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Officials interested in volunteering should complete the <a href="#">Officials Signup</a> or contact the Meet Referee, Kelly Rowell (<a href="mailto:kmcr.pvs@gmail.com">kmcr.pvs@gmail.com</a>).</li> <li>Walk-on officials cannot be accommodated.</li> <li>Officials volunteering for this meet should report to the meet referee upon arrival. A comprehensive officials briefing will take place on the evening of Friday, February 26, 2020.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>One timer per lane.</li> <li>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>A Sign-Up Genius will be provided two weeks prior to the meet.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a></li> <li>Include in the subject of the email, “FXFX February Festival 2021 - *****” with the club’s initials in place of the asterisks. If your club submits multiple entry files include the training site in the subject of the email.</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director (<a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a>).</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p><b>Per Swimmer Surcharge:</b>      \$12.00                                      <b>Individual Entry Fee:</b>      \$8.00</p> <ul style="list-style-type: none"> <li>Make checks payable to Fairfax Foxes Swimming. Checks may be mailed to: Fairfax Foxes Swimming 7932 Ellet Road Springfield, VA 22151</li> <li>Each club is requested to remit one check to cover the entry fees for the entire team.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> </ul>

# FXFX February Festival 2021

February 27 & 28, 2021

PWCS Aquatics Center

Saturday, February 27, 2021

## SESSION 1: 13-14 Prelims

Girls Event #	EVENT	Boys Event #
1	13-14 100 Freestyle	2
3	13-14 200 Backstroke	4
5	13-14 100 Breaststroke	6
7	13-14 100 Butterfly	8
9	13-14 200 IM	10
11	13-14 500 Freestyle*	12

## SESSION 2: 15&Over Prelims

Girls Event #	EVENT	Boys Event #
13	15 & Over 100 Freestyle	14
15	15 & Over 200 Backstroke	16
17	15 & Over 100 Breaststroke	18
19	15 & Over 100 Butterfly	20
21	15 & Over 200 IM	22
23	15 & Over 500 Freestyle*	24

\* Timed Finals

## SESSION 3: 11-12 Timed Finals

Event #	EVENT
25	Mixed 11-12 200 IM
26	Mixed 11-12 200 Freestyle
27	Mixed 11-12 50 Backstroke
28	Mixed 11-12 100 Butterfly
29	Mixed 11-12 100 Freestyle
30	Mixed 11-12 50 Breast
31	Mixed 11-12 50 Free

## SESSION 4: 13-14 Finals

Girls Event #	EVENT	Boys Event #
1	13-14 100 Freestyle	2
3	13-14 200 Backstroke	4
5	13-14 100 Breaststroke	6
7	13-14 100 Butterfly	8
9	13-14 200 IM	10

## SESSION 5: 15&Over Finals

Girls Event #	EVENT	Boys Event #
13	15 & Over 100 Freestyle	14
15	15 & Over 200 Backstroke	16
17	15 & Over 100 Breaststroke	18
19	15 & Over 100 Butterfly	20
21	15 & Over 200 IM	22

# FXFX February Festival 2021

February 27 & 28, 2021

PWCS Aquatics Center

Sunday, February 28, 2021

## SESSION 6: 10&Under Timed Finals

Event #	EVENT
32	Mixed 10 & Under 100 IM
33	Mixed 8 & Under 25 Backstroke*
34	Mixed 10 & Under 50 Backstroke
35	Mixed 8 & Under 25 Freestyle*
36	Mixed 10 & Under 50 Freestyle
37	Mixed 10 & Under 50 Butterfly
38	Mixed 10 & Under 50 Breast
39	Mixed 10 & Under 100 Free

\* 25 yard events start on turn end of the pool

## SESSION 7: 11-12 Timed Finals

Event #	EVENT
40	Mixed 11-12 100 IM
41	Mixed 11-12 100 Backstroke
42	Mixed 11-12 50 Butterfly
43	Mixed 11-12 100 Breaststroke
44	Mixed 11-12 500 Freestyle

## SESSION 8: 13-14 Timed Finals

Event #	EVENT
45	Mixed 13-14 200 Freestyle
46	Mixed 13-14 200 Butterfly
47	Mixed 13-14 200 Breaststroke
48	Mixed 13-14 100 Backstroke
49	Mixed 13-14 50 Freestyle
50	Mixed 13-14 400 IM

## SESSION 9: 15 & Over Timed Finals

Event #	EVENT
51	Mixed 15 & Over 200 Freestyle
52	Mixed 15 & Over 200 Butterfly
53	Mixed 15 & Over 200 Breaststroke
54	Mixed 15 & Over 100 Backstroke
55	Mixed 15 & Over 50 Freestyle
56	Mixed 15 & Over 400 IM