



PAC Cherry Blossom Champs Meet

February 27-28, 2021

Sanction # PVI-21-166

VSI Sanction # VS-21-145DS



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
John Venit dpws@aol.com	Cherlynn Venit dpws@aol.com	Cherlynn Venit dpws@aol.com

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-21-166 and Virginia Swimming: VS-21-145DS. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Patuxent Aquatics Club, and the Claude Moore Recreation Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
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FACILITY	<p style="text-align: center;">Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 (571) 258-3600</p> <ul style="list-style-type: none"> The pool at Claude Moore is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to bulkhead at the eastern end of the pool. The meet director reserves the right to extend it to 10 lanes, 25 yards depending upon meet entries. All lanes on the other side of the bulkhead will be available for continuous cool-down. Water depth of 12'6" at the starting end and 6'8" at the turning end of the competition course. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
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ENTRY DEADLINE	<ul style="list-style-type: none"> Entries OPEN: Monday, February 15, 2021, 12:00 Noon Entries CLOSE: Upon reaching swimmer capacity for the session or Friday, February 19, 2021, 5:00 pm Session Capacities: <ul style="list-style-type: none"> 100 swimmers for 13-14 and 15 & Over sessions 83 swimmers for 11-12 session The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.
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SCHEDULE	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Saturday and Sunday, February 27-28, 2021</th> <th style="text-align: center;">Warm-Ups</th> <th style="text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td>15 & Over Prelims</td> <td style="text-align: center;">6:30am – 7:25am</td> <td style="text-align: center;">7:30am</td> </tr> <tr> <td>13-14 Prelims</td> <td style="text-align: center;">10:00am – 10:55am</td> <td style="text-align: center;">11:00am</td> </tr> <tr> <td>11-12 Timed Finals</td> <td style="text-align: center;">1:45 pm – 2:30pm</td> <td style="text-align: center;">2:35pm</td> </tr> <tr> <td>13 & Over Finals</td> <td style="text-align: center;">5:00pm - 5:30pm</td> <td style="text-align: center;">5:35pm</td> </tr> </tbody> </table> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received. 	Saturday and Sunday, February 27-28, 2021	Warm-Ups	Events	15 & Over Prelims	6:30am – 7:25am	7:30am	13-14 Prelims	10:00am – 10:55am	11:00am	11-12 Timed Finals	1:45 pm – 2:30pm	2:35pm	13 & Over Finals	5:00pm - 5:30pm	5:35pm
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ELIGIBILITY	<ul style="list-style-type: none"> Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.
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DISABILITY SWIMMERS	<ul style="list-style-type: none"> ● PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> ● Automatic timing (touchpads primary) will be used.
RULES	<ul style="list-style-type: none"> ● Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), shall govern this meet. ● No on-deck USA-S registration is permitted. ● In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. ● Deck changes are prohibited. ● Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. ● Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. ● Dive-over starts will not be used. ● The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F. ● No deck entries will be accepted.
EVENT RULES	<ul style="list-style-type: none"> ● Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group. ● 13-14 and 15 & Over events will be competed as prelims/finals. With the exception of the 500 Free and 400 IM, if a preliminary event has more than 3 heats, then the top 16 swimmers will qualify for finals and will swim in the order of B final and then A final, 8 in each heat. If there are 3 or fewer preliminary heats, then only 8 swimmers will qualify for finals and will swim in a single heat. For the 500 Free and 400 IM, the top 8 swimmers will qualify for finals and will swim in a single heat. ● All 11-12 events are timed finals. ● All events will be pre-seeded. ● Swimmers 13 & Over may enter a maximum of three (3) individual events per day. Swimmers 11-12 may enter a maximum of seven (7) individual events for the meet with no more than four (4) events per day. ● All entries must be submitted with an entry time for seeding purposes. Coaches’ times are acceptable. ● Swimmers in the 500 freestyle must provide their own counter (if desired). Counter must be a swimmer, coach, or volunteer already in attendance. ● The meet director reserves the right to change the format of the meet to best accommodate the space and time for each session.

<p>COVID-19 CONSIDERATIONS</p>	<ul style="list-style-type: none"> ● An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. ● USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. ● BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, VIRGINIA SWIMMING, INC., PATUXENT AQUATIC CLUB, AND CLAUDE MOORE RECREATION CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. ● We have taken enhanced health and safety measures for all attending this meet; however, we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19. ● By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, Virginia Swimming Inc., the Commonwealth of Virginia, and Loudoun County.
<p>COVID-19 PROTOCOLS</p>	<ul style="list-style-type: none"> ● All attendees (athletes, coaches, officials, volunteers, spectators) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. ● Athletes must arrive and depart in their suits. Locker room use must be minimized to emergency use only. ● Spectators will not be permitted into the facility. ● The meet will be live streamed via Facebook by the Patuxent Aquatics Club. The link will be shared with participating families. ● The 13-14 and 15 & Over sessions will be limited to 100 swimmers; the 11-12 session will be limited to 83 swimmers. Swimmers will be assigned a seating area. Seating areas are marked to allow for social distancing. ● Entry for all attendees (athletes, volunteers, and coaches) will be through the side entrance. The map will be provided in the Supplemental Document. ● Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines. ● Before entering the facility, all attendees (athletes, coaches, and volunteers) are required to be able to answer the following questions on an online Health Attestation no more than 12 hours prior to warm-ups for the attendees' session and will only be permitted entrance if answering appropriately and with no symptoms of COVID-19. These include:

	<ul style="list-style-type: none"> ○ Fever (temperature of 100.4°F or higher) or Chills ○ Shortness of Breath or Difficulty Breathing ○ Muscle or Body Aches ○ New Loss of Taste or Smell ○ Congestion or Runny Nose ○ Nausea or Vomiting ○ Cough or Fatigue ○ Headache ○ Sore Throat <ul style="list-style-type: none"> ● A designated staff member, official, or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements. ● One-way traffic flow will be implemented. Swimmers will enter the pool deck from the start end of the pool. Stairwells will be one-way traffic only. ● Each swimmer should bring a plastic zipper bag in which to place their mask when in the pool. ● Swimmers will wear their masks until they arrive at their lane and they will take it off and place it in a bag. The bags will be placed on chairs behind the starting blocks during warm-ups and competition. Swimmers will immediately put their masks back on before they exit the pool deck. ● Swimmers must follow all directions as posted and adhere to all marshals' directions. ● All swimmers must remain in their designated space while in their seating area and while waiting in Clerk of Course. ● A coach must remain in the Team seating area at all times. ● Swimmers may not enter another swimmer's "square" of seating. ● Any swimmer, coach, official and/or designated volunteer not following meet protocols will be subject to immediate removal from the meet. ● Contact information for all volunteers will be collected. ● We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.
POSITIVE CHECK IN	<ul style="list-style-type: none"> ● All events will be pre-seeded. Swimmers unavailable to participate in the meet should contact the meet director as soon as they are aware of their absence.
WITHDRAWING FROM FINALS	<ul style="list-style-type: none"> ● If you do not wish to swim in the Final, you may scratch from the final event by following this procedure: <ul style="list-style-type: none"> ○ You must email pacmeets@gmail.com within 30 minutes of completion of the last preliminary event of the prelims session ○ Email must include: <ul style="list-style-type: none"> CC: Coach's Email Subject: (event #) scratch Body of email: <ul style="list-style-type: none"> Swimmer's Name Swimmer's Age Swimmer's Club Event(s) being scratched ● If an athlete fails to properly scratch from an event and does not appear for the Final event, they shall be barred from their next individual event unless excused by the Meet Referee. ● Four alternates per event will be designated and will be notified by their coach if they scratch in within 90 minutes of the session conclusion. Alternates should ONLY return to the facility if they scratch into finals.
WARM-UP	<ul style="list-style-type: none"> ● The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments. ● Warm-ups will be assigned in advance.

	<ul style="list-style-type: none"> ● No more than five (5) swimmers per lane will be permitted at any time. ● During the 13-14 and 15&Over sessions, all lanes on the other side of the bulkhead will be available for continuous cool down; two lanes of continuous cool down will be available during the 11-12 sessions.
SUPERVISION	<ul style="list-style-type: none"> ● Each team MUST assign a certified Coach to remain in the assigned Team Bleacher Area at ALL times to ensure COVID-19 guidelines are being followed and to assist with Clerk of Course. ● Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas. ● No spectators will be permitted in the facility. Swimmers and coaches may not bring personal chairs.
SEEDING	<ul style="list-style-type: none"> ● All preliminary and timed finals events will be pre-seeded.
SCORING	<ul style="list-style-type: none"> ● N/A
AWARDS	<ul style="list-style-type: none"> ● N/A
PROGRAMS	<ul style="list-style-type: none"> ● Meet programs will be available on Meet Mobile.
CREDENTIALS	<ul style="list-style-type: none"> ● Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS	<ul style="list-style-type: none"> ● Officials will be identified in advance by Cherlynn Venit (dpws@aol.com). Officials interested in volunteering should contact Cherlynn Venit (dpws@aol.com). ● Walk-on officials cannot be accommodated. ● Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. A comprehensive officials' briefing will take place online on the evening of Friday, February 26, 2021.
TIMERS	<ul style="list-style-type: none"> ● One timer per lane. ● Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. ● The number of timers required per club and their lane assignments will be emailed no later than Monday, February 22, 2021 and will also be emailed to the contact person of each team.

<p>ENTRY PROCEDURES</p>	<ul style="list-style-type: none"> ● Entries will be limited to the first 100 swimmers entered for the 13-14 and 15 & Over sessions and the first 83 swimmers entered for the 11-12 session. Entries will open at Noon on Monday, Feb. 15 and close upon reaching swimmer capacity for the session (100 swimmers for 15&Over and 13-14, and 83 swimmers for 11-12) or Friday, Feb 19, 5:00pm whichever comes first. ● Entries should be submitted by email to dpws@aol.com. ● Include in the subject of the email, "2021 PAC Cherry Blossom Champs Meet - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files, please note as such in your entry. ● Include in entry email: entry file, report of entries by name, report of entries by event, coach's cell phone number. ● In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). ● Entry email must include a coach's cell phone number where they can be contacted by text or call between prelims and finals, in case a swimmer scratches into finals and needs to be notified. Coaches will be responsible for notifying swimmers. ● Entries directly from individual team members will not be accepted. ● Entries by phone or fax will not be accepted. ● The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director (dpws@aol.com). ● Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.
<p>ENTRY FEES</p>	<p>Per Swimmer Surcharge: \$15.00 Individual event fee: \$7.00</p> <p>VSI Per Swimmer Surcharge: \$2.50</p> <ul style="list-style-type: none"> ● Make checks payable to Patuxent Aquatics Club. Checks may be mailed to: <p style="text-align: center;">Patuxent Aquatics Club 414 Forest Bridge Ct Laurel, MD 20724</p> ● Each club is requested to remit one check to cover the entry fees for the entire team. ● Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

PAC Cherry Blossom Champs Meet

Saturday, February 27, 2021

Session 1 – 15 & Over Prelim Events

Warm up: 6:45-7:30 am, Events: 7:35 am

Girls #	Event	Boys #
3	15 & Over 100 Breast	4
7	15 & Over 200 Back	8
11	15 & Over 100 Free	12
15	15 & Over 200 Fly	16
19	15 & Over 500 Free	20
23	15 & Over 200 IM	24

Saturday, February 27, 2021

Session 2 – 13-14 Prelim Events

Warm up: 10:00-10:45 am, Events: 10:50 am

Girls #	Event	Boys #
1	13-14 100 Breast	2
5	13-14 200 Back	6
9	13-14 100 Free	10
13	13-14 200 Fly	14
17	13-14 500 Free	18
21	13-14 200 IM	22

Saturday, February 27, 2021

Session 3 – 11-12 Timed Finals

Warm up: 1:45-2:30 pm, Events: 2:35 pm

*50 Free will be offered on both Saturday and Sunday

Girls #	Event	Boys #
25	11-12 50 Free*	26
27	11-12 100 Breast	28
29	11-12 50 Back	30

31	11-12 100 Free	32
33	11-12 50 Fly	34
35	11-12 200 IM	36

PAC Cherry Blossom Champs Meet

Saturday, February 27, 2021

Session 4 – 13 & Over Finals

Warm up: 5:00-5:30 pm, Events: 5:35 pm

Girls #	Event	Boys #
1	13-14 100 Breast	2
3	15 & Over 100 Breast	4
5	13-14 200 Back	6
7	15 & Over 200 Back	8
9	13-14 100 Free	10
11	15 & Over 100 Free	12
13	13-14 200 Fly	14
15	15 & Over 200 Fly	16
17	13-14 500 Free	18
19	15 & Over 500 Free	20
21	13-14 200 IM	22
23	15 & Over 200 IM	24

Sunday, February 28, 2021

Session 5 – 15 & Over Prelim Events

Warm up: 6:45-7:30 am, Events: 7:35 am

Girls #	Event	Boys #
39	15 & Over 100 Back	40
43	15 & Over 50 Free	44
47	15 & Over 100 Fly	48

51	15 & Over 200 Breast	52
55	15 & Over 200 Free	56
59	15 & Over 400 IM	60

Sunday, February 28, 2021

Session 6 – 13-14 Prelim Events

Warm up: 10:00-10:45 am, Events: 10:50 am

Girls #	Event	Boys #
37	13-14 100 Back	38
41	13-14 50 Free	42
45	13-14 100 Fly	46
49	13-14 200 Breast	50
53	13-14 200 Free	54
57	13-14 400 IM	58

Sunday, February 28, 2021

Session 7 – 11-12 Timed Finals

Warm up: 1:45-2:30 pm, Events: 2:35 pm

*50 Free will be offered on both Saturday and Sunday

Girls #	Event	Boys #
61	11-12 50 Free*	62
63	11-12 100 Back	64
65	11-12 50 Breast	66
67	11-12 100 Fly	68
69	11-12 200 Free	70
71	11-12 100 IM	72

Sunday, February 28, 2021

Session 8 – 13 & Over Finals

Warm up: 5:00-5:30 pm, Events: 5:35 pm

Girls #	Event	Boys #
37	13-14 100 Back	38
39	15 & Over 100 Back	40

41	13-14 50 Free	42
43	15 & Over 50 Free	44
45	13-14 100 Fly	46
47	15 & Over 100 Fly	48
49	13-14 200 Breast	50
51	15 & Over 200 Breast	52
53	13-14 200 Free	54
55	15 & Over 200 Free	56
57	13-14 400 IM	58
59	15 & Over 400 IM	60