

**Shark Tank Racing Squad**  
**TANK LC Time Trials Qualifier**  
**Sunday, March 7, 2021**

**The St. James Sports, Wellness & Entertainment Complex**

**Supplemental Document/Information**

**In applying for this sanction, the Host, Shark Tank Racing Squad, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and The St. James Sports, Wellness & Entertainment Complex.**

**Local Protocols and Requirements**

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required by all attendees and support staff of the meet.
- Fitness and Exercise establishments open at 75% capacity.
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.
- All shared items must be disinfected between each use to the extent practicable.

**Participant Ingress and Egress**

- All participants (coaches, officials, volunteers, swimmers, etc.) will arrive at the St. James through the main entrance where they will submit to a health screening and temperature check before they are permitted in the facility. Non-members of The St. James must complete the [St. James - Self-Health Assessment and Participation Terms & Conditions](#) no earlier than 12 hours before attending (specify STJ Swimming Rental as “Sport”).
- Swimmers will proceed down the stairs and across the pool deck to the splash park area. The splash park area will have seating for 40 swimmers. The splash park area will have individual chairs per swimmer and each chair will have a taped off area and ensure proper social distancing.
- Coaches, officials, and volunteers will enter the pool deck via the family changing room hallway.

## Number of Individuals

Pool Allowed Occupancy: 335  
75% Pool Allowed Occupancy: 251

Spectator Allowed Occupancy: 206  
75% Spectator Allowed Occupancy: 154

## Estimated Total Attendees

WARMUP	
Pool*	55
Pool Deck	
Coaches	10
Officials	6
Timers	0
Marshals	6
Volunteers	6
Facility Staff	6
Splash Park Area	
Swimmers	0
Marshals	2
<b>TOTAL</b>	<b>91</b>

COMPETITION	
Pool*	18
Pool Deck	
Coaches	10
Officials	6
Swimmers	3
Timers	4
Marshals	6
Volunteers	6
Facility Staff	6
Splash Park Area	
Swimmers	34
Marshals	2
<b>TOTAL</b>	<b>95</b>

\*includes a maximum of 15 swimmers in the section of the pool not being used for competition, not associated with the event

## Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. Competition will be live streamed via [Shark Tank Racing Squad Facebook page](#).

## Meet Specific COVID-19 Policies and Procedures

- Athletes should arrive and depart in their suits. Locker room use will be for emergencies only and no showering or changing will be allowed.
- Athletes must shower prior to arrival at the pool.
- All attendees (athletes, coaches, officials, volunteers) must wear a mask to enter the Complex and throughout the Complex, with the exception of athletes when warming up, cooling down, and competing.
- All attendees (athletes, coaches, officials, volunteers) will submit to a health screening and temperature check before they are permitted in the facility. Non-members of The St. James must complete the [St. James Self-Health Assessment and Participation Terms and Conditions](#) no earlier than 12 hours before attending (specify STJ Swimming Rental as "Sport"). Per CDC guideline, individuals with a body temperature greater than 100.4 degrees will not be permitted entry into the facility. Members of the St. James may complete this via The St. James app.
- All attendees should maintain a minimum of ten (10) feet distance from all other participants whenever possible.
- This meet will be limited to no more than 40 swimmers.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- During warm-ups, swimmers will wear their masks until they arrive at their lane. They will put it in a plastic zipper bag behind their lane. Once warm-ups are completed, swimmers will immediately put their masks back on.
- During competition, swimmers will wear their masks until they arrive at their lane and they will take it off and put it in a plastic zipper bag. The zipper bag will be placed beneath their block. Swimmers will immediately put their masks back on at the completion of their swims.
- Swimmers must follow all directions as posted and adhere to all marshal directions.

- Swimmers will exit the splash park area using the doors closest to the women's locker room. Swimmers will exit the pool deck from the door facing the starting blocks closest to the pool and return to the splash park area.
- All swimmers must remain in their designated area until they are called for their event and they must return to their area immediately following their event.
- Swimmers may not enter another swimmer's "square" of seating.
- Any swimmer not following the meet protocols will be subject to immediate removal from the meet.
- Limited hospitality may be provided for coaches, officials, and volunteers.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet. No spectators will be permitted. Competition will be live streamed via [Shark Tank Racing Squad Facebook page](#).