

MAKO FALL INVITATIONAL

October 2-3, 2021

The St. James: Sports and Wellness & Entertainment Complex

Supplemental Document/Information

In applying for this sanction, the Host, Mason Makos Swim Team, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and St. James Sports, Wellness and Entertainment Complex.

Local Protocols and Requirements

All local and state protocols will be followed per <u>Virginia Executive Order Number Seventy Nine</u>. This guidance includes:

• All individuals in the Commonwealth aged five and older must cover their mouth and nose with a mask in accordance with the <u>Centers for Disease Control and Prevention guidance</u>.

Participant Ingress and Egress

All participants (coaches, officials, volunteers, swimmers, etc.) will arrive at the St. James through the main entrance.

- Swimmers will immediately proceed to the stands where they will go to their assigned section.
- Parents will not be permitted into the stands or allowed on the pool deck to watch the meet.
- Only meet volunteers will be permitted into the stands.
- Coaches, officials, and volunteers will enter the pool deck via the family changing room hallway.
- Swimmers will immediately proceed to their assigned seating area in the stands or in the outside team areas.

Planned Number of Individuals

WARMUPS				
Pool	350			
Pool Deck				
Coaches	15			
Officials	20			
Marshals	6			
Volunteers	4			
Facility Staff	4			
Spectator Area				
Swimmers	0			
Outside Team Areas	0			
TOTAL	399			

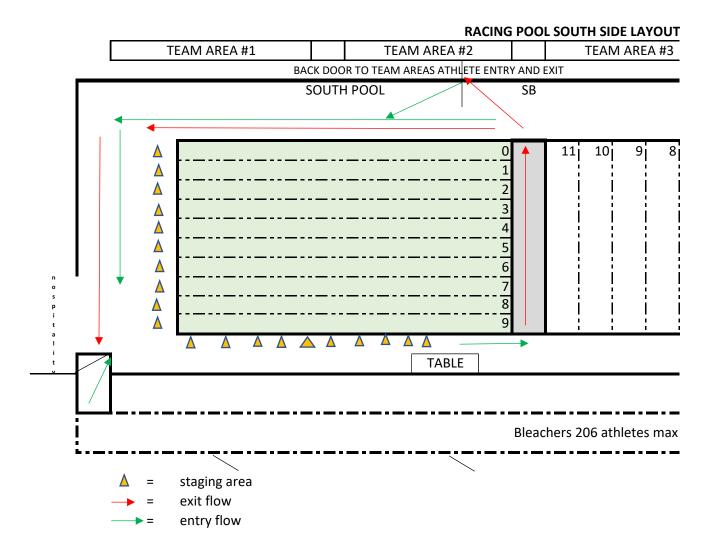
COMPETITI	ON
Pool	10
Pool Deck	
Swimmers	20
Coaches	15
Officials	20
Timers	23
Marshals	6
Volunteers	4
Facility Staff	4
Spectator Area	
Swimmers	165
Outside Team Areas	155
TOTAL	321

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. Competition will be live-streamed via MAKO Facebook page.

Meet Specific COVID-19 Protocols

- Before signing up your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.
- Before entering the facility, participants are required to be able to answer the following questions and will only be permitted entrance if answering with 'no':
 - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
 - o Has anyone in your family been sick or diagnosed with COVID-19 in the last 14 days?
 - Has someone you've been in contact with been diagnosed with COVID-19 or been in contact with someone who has the past 14 days?
- Athletes who are assigned to the stands will proceed to the stands area via the main entrance.
- Athletes who are assigned to outside tent areas will proceed down the stairs and enter the pool deck near the splash park. They will walk around the north pool along the side opposite the bleachers to the exit doors and proceed outside.
- Each session will be limited to 350 swimmers.
- Athletes should arrive and depart in their suits if possible.
- Locker room use should be minimized.
- No one with symptoms of COVID-19 is permitted in the facility.
- All attendees (athletes, coaches, officials, and volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down.
- Spectators are not permitted.



NORTH		M AREA #4	1		
7 6	5 4	3	2 1	0	Water Park