



# Snowdude Mini Meet

January 15-16, 2022

Sanction # PVC-22-50

Hosted by:



<b>MEET DIRECTOR</b> Bill Marlin <a href="mailto:Bill.Marlin@verizon.net">Bill.Marlin@verizon.net</a> 571-334-0987	<b>MEET REFEREE</b> John Kost <a href="mailto:MarlinsOfficials@gmail.com">MarlinsOfficials@gmail.com</a>	<b>CLUB OFFICIALS CHAIR</b> John Kost <a href="mailto:MarlinsOfficials@gmail.com">MarlinsOfficials@gmail.com</a>
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<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVC-22-50</b></li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Mt Vernon Rec Center, and Potomac Marlins shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
<b>FACILITY</b>	<p style="text-align: center;"><a href="#"><u>Mount Vernon Rec Center</u></a>          2017 Belle View Boulevard          Alexandria, VA 22313          (703) 768-3223</p> <ul style="list-style-type: none"> <li>8 lanes, 25 yards</li> <li>Water depth range of 5' – 12' at both the starting and turning ends.</li> <li>The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).</li> </ul>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Tuesday, January 5, 2022 5:00 PM</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p style="text-align: center;"><b>Saturday and Sunday</b></p> <ul style="list-style-type: none"> <li>Warm-ups: 12:45-1:25 PM. Events: 1:35 PM</li> <li>Two (2) 20 minutes warm-up sessions will be used.</li> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to all registered Potomac Valley Swimmers 8 years of age and under. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</li> <li>All athletes shall compete at the age attained on the first day of the meet.</li> </ul>
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>PVS and host clubs along with their meet directors are committed to the <a href="#"><u>Inclusion Policy</u></a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Semi-automatic (buttons primary) will be used.</li> </ul>
<b>COVID-19 CONSIDERATIONS</b>	<ul style="list-style-type: none"> <li>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is</li> </ul>

	<p>not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <ul style="list-style-type: none"> <li>• BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, POTOMAC MARLINS TEAM AND MOUNT VERNON REC CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</li> <li>• We have taken enhanced health and safety measures for all attending this meet, however we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.</li> <li>• By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, and Fairfax County.</li> </ul>
<p><b>COVID-19 PROTOCOLS</b></p>	<ul style="list-style-type: none"> <li>• <b>Before signing up your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.</b></li> <li>• All attendees (athletes, coaches, officials, and volunteers) will enter the facility through the main entrance. Swimmers will immediately go downstairs and proceed to their assigned section in the bleachers. Parents will not be permitted into the bleachers or allowed on the pool deck. Only meet volunteers will be permitted on the pool deck.</li> <li>• Before entering the facility, all attendees (athletes, coaches, officials, and volunteers) are required to assess their own health for symptoms and exposure to COVID-19. Attendees will only be permitted entrance if answering “no” to the following questions: <ul style="list-style-type: none"> <li>○ Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?</li> <li>○ Has anyone in your family been sick or diagnosed with COVID-19 in the past 14 days?</li> <li>○ Has someone you’ve been in contact with been diagnosed with COVID-19 or been in contact with someone who has in the past 14 days?</li> </ul> </li> <li>• Athletes should arrive and depart in their suits if possible.</li> <li>• Locker room use should be minimized. Showering will not be permitted. Non-athletes should use the family restrooms.</li> <li>• All attendees (athletes, coaches, officials, and volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down.</li> <li>• Mask runners will be used for the 25 yard events and for the 100 yard relays.</li> <li>• The meet will be limited to 250 swimmers.</li> <li>• We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.</li> <li>• Spectators are not permitted. The competition will be live streamed on the <a href="#">Potomac Marlins Facebook page</a>.</li> </ul>

<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern this meet.</li> <li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>• No on-deck USA Swimming registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• All events are timed finals and will be swum slowest to fastest.</li> <li>• A contestant may enter no more than three (3) individual events per day.</li> <li>• No late or deck entries will be accepted.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>• The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> <li>• It is anticipated that there will be two (2) 20 minute warm-up periods with assigned lanes.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>• Only swimmers, coaches, and officials are allowed on the pool deck. Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on the deck.</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>• Individual events will be awarded 1-8 place, separated into age groups: 8 year old, 7 year old, and 6&amp; under. Relay events will be awarded 1-3 place.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>• Programs will be posted online and emailed to participating clubs.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>• Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
<b>SPECTATOR ENTRY FEE</b>	<ul style="list-style-type: none"> <li>• No spectators allowed. This may change as of January 1, 2022.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>• Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke &amp; Turn Judge) per session if entering 25 or more splashes.</li> <li>• Officials interested in volunteering should contact John Kost (<a href="mailto:MarlinsOfficials@gmail.com">MarlinsOfficials@gmail.com</a>) prior to Friday, January 7, 2022. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>

<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries. The sponsoring club will provide 8 timers.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director, Bill Marlin (<a href="mailto:Bill.Marlin@verizon.net">Bill.Marlin@verizon.net</a>).</li> <li>Entry file can be downloaded from the PVS website.</li> <li>Include in the subject of the email, “2020 Potomac Marlins Snowdude Mini Meet - ****” with the club’s initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event. Please include team name with title of PDF report.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p style="text-align: center;">Individual event fee: \$5.00                      Relay event fee: \$10.00</p> <ul style="list-style-type: none"> <li>Each club is requested to remit one check covering entry fees for the entire team. Make check payable to Potomac Marlins. Checks may be mailed to: <ul style="list-style-type: none"> <li>Bill Marlin</li> <li>31 Century Street</li> <li>Stafford, VA 22554</li> </ul> </li> <li>No late entries will be accepted.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> </ul>

## 2022 Snowdude Mini Meet

Saturday January 15, 2022			Sunday January 16, 2022		
Warm-up: 12:45-1:25 PM			Warm-up: 12:45-1:25 PM		
Meet Starts at 1:35 PM			Meet Starts at 1:35 PM		
Girls Event #	Event	Boys Event #	Girls Event #	Event	Boys Event #
1	8&U 100 Free Relay	2	13	8&U 100 Medley Relay	14
3	8&U 50 Breast	4	15	8&U 200 Free	16
5	8&U 25 Free	6	17	8&U 25 Back	18
7	8&U 25 Fly	8	19	8&U 50 Fly	20
9	8&U 50 Back	10	21	8&U 25 Breast	22
11	8&U 100 Free	12	23	8&U 50 Free	24
			25	8&U 100 IM	26