



# 35<sup>th</sup> Annual Black History Invitational Swim Meet

February 18 – 20, 2022

Sanction # PVA-22-68



<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
Rob Green <a href="mailto:Robert.green@dc.gov">Robert.green@dc.gov</a>	Erika Livingston <a href="mailto:Erika@aimstutoring.com">Erika@aimstutoring.com</a>	Erika Livingston <a href="mailto:Erika@aimstutoring.com">Erika@aimstutoring.com</a> <a href="#">Officials Signup</a>

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVA-22-68</b>.</li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, DC Wave Swim Team, and DC Department of Parks and Recreation shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
<b>FACILITY</b>	<p style="text-align: center;"><b>Wilson Aquatic Center</b> 4551 Fort Drive NW, Washington, DC 20016 (202) 730-0583</p> <ul style="list-style-type: none"> <li>The pool at the Wilson Aquatic Center is a 50m x 25yd pool with a moveable bulkhead.</li> <li>Two courses will be used for competition:           <ul style="list-style-type: none"> <li><b>Course 1 (Finals Course):</b> 8 lanes, 25 yards. Water depth range of 4.0' - 9.0' at the starting end and at the turning end.</li> <li><b>Course 2:</b> 10 lanes. 25 yards. Water depth range of 9.0' - 13.6' at the starting end and at the turning end.</li> </ul> </li> </ul> <p>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</p>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Tuesday, February 8<sup>th</sup> - 11:59 pm</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p>Friday, February 18<sup>th</sup></p> <ul style="list-style-type: none"> <li><b>All ages Warm Up</b> – 2:50 pm; Events – 4:00 pm</li> </ul> <p>Saturday &amp; Sunday, February 19<sup>th</sup> - 20<sup>th</sup></p> <ul style="list-style-type: none"> <li><b>13 &amp; Over Prelims</b>   Warm Up – 6:00 am; Events – 7:30 am</li> <li><b>12 &amp; Under Prelims</b>   Warm Up – 11:30 am; Events – 12:40 pm</li> <li><b>FINALS</b>   Warm Up – 4:30 pm; Events – 5:30 pm</li> </ul> <p><i>*Note: Meet manager will determine if session start times will need to be adjusted or if age groups need to be moved to a different session based on the number of entries received. A timeline will be established and forwarded to each team by Friday, February 8<sup>th</sup>.</i></p>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>This meet is open to all swimmers. USA Swimming membership is not required for entry into the meet. Priority in acceptance of entries will be given to teams and athletes that swam in the 2020 meet. Any new teams or athletes interested in attending should notify the Meet Director with an estimated number of swimmers.</li> </ul> <p><i>*Note: We have set a maximum number of athletes who many enter this meet. Selection will be based on first arrival, first entered in events. Preference will go to teams who attended the meet the previous year.</i></p>

<p><b>DISABILITY SWIMMERS</b></p>	<ul style="list-style-type: none"> <li>• PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<p><b>TIMING SYSTEM</b></p>	<ul style="list-style-type: none"> <li>• Automatic timing (touchpads primary) will be used.</li> </ul>
<p><b>COVID-19 CONSIDERATIONS</b></p>	<ul style="list-style-type: none"> <li>• An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>• USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>• BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, DC WAVE SWIM TEAM, AND THE WILSON AQUATIC CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</li> <li>• We have taken enhanced health and safety measures for all attending this meet, however we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.</li> <li>• By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, and the District of Columbia.</li> </ul>
<p><b>COVID-19 PROTOCOLS</b></p>	<ul style="list-style-type: none"> <li>• <b>Before signing up your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.</b></li> <li>• Locker room use should be minimized.</li> <li>• No one with symptoms of COVID-19 is permitted in the facility.</li> <li>• Athletes should arrive and depart in their suits if possible.</li> <li>• All attendees (athletes, coaches, officials, and volunteers) are required to wear a mask to enter the facility and throughout the facility, except for athletes who are actively competing or warming up/cooling down.</li> <li>• The meet will be limited to no more than 350 swimmers per session.</li> <li>• Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.</li> <li>• A designated staff member, official, coach or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements.</li> <li>• All attendees (athletes, coaches, volunteers, officials, etc.) must complete the COVID waiver and online health screening form before they are permitted in the facility. The link to the online form will be emailed to all participating teams prior to the meet.</li> </ul>

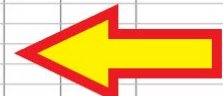
	<ul style="list-style-type: none"> <li>• Athletes will be seated in the balcony bleacher area overlooking the competition pool.</li> <li>• All attendees should maintain a minimum of three (3) feet distance from all other participants whenever possible.</li> <li>• Swimmers will wear their masks until they arrive at their lane, and they will take it off and place it in a bag. The bags will be placed in baskets by the starting blocks during warm-ups and competition. Swimmers will immediately put their masks back on at the completion of their swims before they leave the starting area.</li> <li>• Swimmers must follow all directions as posted and adhere to all marshal directions.</li> <li>• Swimmers will walk around the pool deck as directed and line back up in the designated area with proper social distancing until they are cleared to go back to their seating area.</li> <li>• All swimmers must remain in their designated seating area for their group until they are called for their event and they must return to their area immediately following their event.</li> <li>• Any swimmer not following the meet protocols will be subject to immediate removal from the meet.</li> <li>• All coaches, officials, and volunteers must bring their own water bottle and snacks.</li> <li>• We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.</li> </ul> <p>No spectators will be permitted. Competition will be live-streamed via DC Department of Parks and Recreation Facebook page - <a href="https://www.facebook.com/dcdpr">https://www.facebook.com/dcdpr</a>.</p>
<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern this meet.</li> <li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>• No on-deck USA-S registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts will be used.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• Qualifying time standards will be used for all events. The qualifying time standard is a minimum B time standard (2016-2020). All 12 &amp; Under 200 yard events will use a minimum B time standard for 11-12 age group as the qualifying time standard. Open Events will use a minimum B time standard for the 15-16 age group as the qualifying time standard.</li> </ul>

- All Friday events are timed finals.
- Each swimmer may enter a maximum of three (3) individual events per day, but not to exceed more than eight (8) individual events for the entire meet.
- Relay cards (furnished at the session) shall be submitted for each relay team only.
- All 10 & Under events will be timed finals to be swum during the 12 & Under prelim sessions.
- All 11-12 events, with the exception of 12&Under 500 Freestyle, 200 Breaststroke, 200 Backstroke, 200 Butterfly, and 200 Individual Medley, will be prelims/finals events with the top 8 swimmers qualifying for finals. The 12&Under 500 Freestyle, 200 Breaststroke, 200 Backstroke, 200 Butterfly, and 200 Individual Medley are Timed Finals events.
- All 13-14 and 15 & Over events will be preliminaries and finals. The eight (8) lane course will be used for finals. There will be a consolation "B" heat and a championship "A" final heat, except for the 400 IM and 500 Free, which will be timed final events swum in the preliminary session. The "B" final will be swum first.
- The 500 Free and 400 IM events will be swum Fast to Slow.
- Swimmers must provide their own timers and counters (if desired) for the 500 Freestyle. Swimmers must provide their own timers for the 400 IM.

**BONUS SWIMS NOW AVAILABLE!**

- **1 Qualifying Time = Up to 3 Bonus Swims**
- **2 Qualifying Times = Up to 2 Bonus Swims**
- **3 Qualifying Times = Up to 1 Bonus Swims**
- **4 or More Qualifying Times = No Bonus**
  - *When entering an athlete into a bonus event make sure to check the Bonus box next to the event(s) before submitting your entries.*

Evt #	Eligible Events	Sel	Stat	Entry Time	Heat/Lane	SCR	Alt	Exh	Bonus	Special	Event Age	Conv Time	ENT
8	Boys Open 400 IM	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
16	Boys Open 200 Fly	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
28	Boys Open 500 Free	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
40	Boys Open 200 IM	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
44	Boys Open 50 Free	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
48	Boys Open 100 Back	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
52	Boys Open 200 Free	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
56	Boys Open 100 Breast	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
102	Boys Open 200 Back	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
106	Boys Open 100 Free	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
110	Boys Open 200 Breast	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
114	Boys Open 100 Fly	<input type="checkbox"/>	Seeded			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			



Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Qualify Time
3:07.38Y	3:07.38Y	<input type="checkbox"/>	<input type="checkbox"/>		15	G	Open 200 Fly	<=2:46.79Y
6:29.62Y	6:29.62Y	<input type="checkbox"/>	<input type="checkbox"/>		27	G	Open 500 Free	<=6:40.69Y
Day 2 Session 2 Max Entries this Session IE = 3   Rel = 0   Comb = 5								
2:33.45Y	2:33.45Y	<input type="checkbox"/>	<input type="checkbox"/>		39	G	Open 200 Medley	<=2:48.19Y
26.68Y	26.68Y	<input type="checkbox"/>	<input type="checkbox"/>		43	G	Open 50 Free	<=32.09Y
1:12.77Y	1:12.77Y	<input type="checkbox"/>	<input type="checkbox"/>		47	G	Open 100 Back	<=1:15.39Y
2:20.05Y	2:20.05Y	<input type="checkbox"/>	<input type="checkbox"/>		51	G	Open 200 Free	<=2:29.89Y
1:17.80Y	1:17.80Y	<input type="checkbox"/>	<input type="checkbox"/>		55	G	Open 100 Breast	<=1:26.89Y
Day 3 Session 7 Max Entries this Session IE = 3   Rel = 0   Comb = 5								
2:38.26Y	2:38.26Y	<input type="checkbox"/>	<input type="checkbox"/>		101	G	Open 200 Back	<=2:44.09Y

**Scratch Policy for Finals**

- Swimmers who do not wish to swim in the Final, may "Scratch" from the event by following the proper procedure. Swimmers must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" or "B" finals, if scheduled.
- Swimmers may declare an "intent to scratch" by marking the appropriate space for "intent" On the Finals Scratch Slip.
- Swimmers must confirm that "intent to scratch" on the Finals Scratch Sheet within 30 minutes after the conclusion of their last preliminary individual event of the day or they will be automatically seeded into the Final.
- If an athlete fails to properly scratch from a final event and does not appear for the event Final, they will be scratched from their next preliminary swim as a penalty.

**POSITIVE CHECK IN**

All events, except for the 400 IM and the 500 Freestyle, will be pre-seeded.

**WARM-UP**

The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.

**SUPERVISION**

- Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
- Each team MUST assign a certified Coach or Marshal to remain in the assigned Team Area to ensure COVID-19 guidelines are being followed and to assist with Clerk of Course.
- No Spectators will be permitted in the facility.

**SEEDING**

- All events will be pre-seeded except for the 400 IM and 500 freestyle.

**AWARDS**

- Medals will be awarded for 1st through 3rd place for individual and relay events, ribbons will be awarded for 4th through 8th place in individual events only. Heat winner ribbons will be awarded during prelims of the 12 & Under sessions for individual events to heat winners.
- High Point:** Special recognition will be given to the male and female swimmer from each age group who accumulates the most points.

**SCORING**

- The 12 & under individual events will be scored as 8 & U, 9 & 10, and 11 & 12 age groups. The 13 & Over events will be scored 13 & 14 and 15 & over respectively.

Points will be awarded as follows:

Place	Points	Place	Points	Place	Points	Place	Points
1 <sup>st</sup>	20	5 <sup>th</sup>	14	9 <sup>th</sup>	9	13 <sup>th</sup>	4
2 <sup>nd</sup>	17	6 <sup>th</sup>	13	10 <sup>th</sup>	7	14 <sup>th</sup>	3
3 <sup>rd</sup>	16	7 <sup>th</sup>	12	11 <sup>th</sup>	6	15 <sup>th</sup>	2

	<table border="1"> <tr> <td>4<sup>th</sup></td> <td>15</td> <td>8<sup>th</sup></td> <td>11</td> <td>12<sup>th</sup></td> <td>5</td> <td>16<sup>th</sup></td> <td>1</td> </tr> </table> <p>Relay events will not be considered in the individual's point total. All events are timed finals. Individual scores through 16<sup>th</sup> place will be maintained and posted during the meet.</p>	4 <sup>th</sup>	15	8 <sup>th</sup>	11	12 <sup>th</sup>	5	16 <sup>th</sup>	1
4 <sup>th</sup>	15	8 <sup>th</sup>	11	12 <sup>th</sup>	5	16 <sup>th</sup>	1		
<b>PROGRAMS</b>	Meet programs will be emailed to teams and available on Meet Mobile.								
<b>CREENTIALS</b>	<p>Certified USA Swimming coaches and officials must display valid 2022 USA Swimming deck pass during check-in to receive meet credentials. Coaches are required to display 2022 BHISM Meet Credentials at all times while on deck. Credentials will be checked before each session to gain access to the deck and hospitality room.</p> <p>Teams will be issued coaches credentials based on the number of swimmers entered in the meet. Teams are asked to submit a list of coaches to the meet director along with their entries.</p> <ul style="list-style-type: none"> <li>• 1-10 swimmers..... 2 credentials</li> <li>• 11-20 swimmers..... 3 credentials</li> <li>• 21-40 swimmers..... 4 credentials</li> <li>• 41-60 swimmers..... 5 credentials</li> <li>• 61-100 swimmers..... 6 credentials</li> <li>• 100+ swimmers..... Please provide a list of coaches</li> </ul>								
<b>SPECTATOR ENTRY FEE</b>	No spectators will be permitted in the facility. All sessions of the meet may be viewed via livestream. A link to the livestream will be published before the meet.								

<p><b>OFFICIALS</b></p>	<p>Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke &amp; Turn Judge) per session if entering 25 or more splashes.</p> <p>Officials interested in volunteering should contact the Club Officials Chair, Erika Livingston, <a href="mailto:Erika@aimstutoring.com">Erika@aimstutoring.com</a> and also fill out the Officials sign up form below.</p> <p style="text-align: center;"><b><u><a href="#">OFFICIALS SIGN UP LINK</a></u></b></p> <p>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive official briefing will precede each session during warm-ups.</p>
<p><b>TIMERS</b></p>	<ul style="list-style-type: none"> <li>• Two (2) timers per lane are required. There will be two Head Timers per course.</li> <li>• Each team is required to provide two volunteer timers for the duration of each session. Depending on the number of teams present, the meet director reserves the right to request teams to contribute a certain number of timers proportional to their entries. For the 500 Yard Freestyle and 400 Yard I.M events athletes must provide their own timers. These are positive check-in events; swimmers must check in during warmups to indicate their presence and intent to swim these events.</li> <li>• An online Timer’s Signup will be emailed to participating clubs after the entry deadline.</li> </ul>
<p><b>ENTRY PROCEDURES</b></p>	<ul style="list-style-type: none"> <li>• The master entry shall show the name, address, and telephone number of the person responsible for each team’s entry.</li> <li>• Entries must be submitted electronically to the Meet Director via e-mail. Follow the instructions under the appropriate heading below.</li> <li>• Entries must indicate the athlete's legal name and date of birth. Each club is requested to remit one check to cover the entry fees for the entire team. Please put the club's name on the entry check (if not a club check) and note the number of entries. Do not send cash. Meet director has been instructed not to accept telephone or fax entries.</li> <li>• Entries not submitted on the required forms, not complete, not legible, or not in the required electronic format, will not be accepted and will be returned. The Meet Director will not be held responsible if there is no time to properly resubmit the entry.</li> </ul> <p style="text-align: center;"><b><u>NO DECK ENTRIES WILL BE ACCEPTED</u></b></p> <ul style="list-style-type: none"> <li>• Electronic entries files should include: <ul style="list-style-type: none"> <li>• Export of meet entries</li> <li>• Entry report by name</li> <li>• Entry report by event</li> </ul> </li> </ul>



ENTRY FEES	<p style="text-align: center;">Per Swimmer Surcharge: \$5.00                      Relay event fee: \$12.00</p> <p style="text-align: center;">Individual event fee: \$7.00</p> <ul style="list-style-type: none"> <li>• Entries fees are to be made payable to the “<b>DC TREASURER</b>”. Fees are non- refundable. Entries will not be considered received until all fees are paid. <b>NO CASH PAYMENTS WILL BE ACCEPTED.</b></li> <li>• Entry fee checks may be mailed to: <p style="text-align: center;"> <b>Wilson Aquatic Center</b>  <b>Attn: Rob Green</b>  <b>4551 Fort Drive, NW</b>  <b>Washington, DC 20016</b> </p> </li> <li>• Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made via check or credit card.</li> <li>• Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> </ul>
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## EVENTS SCHEDULE

<i>Session 1 – Friday, February 14<sup>th</sup></i>				
<i>NST (SCY)</i>	<i>Women</i>	<i>Events</i>	<i>Men</i>	<i>NST (SCY)</i>
3:38.49	1	10 & Under 200 IM	2	3:35.49
3:00.69	3	11 & 12 200 IM	4	2:57.59
6:05.79	5	13 & 14 400 IM	6	5:41.79
5:57.59	7	OPEN 400 IM	8	5:29.09
3:23.09	9	10 & Under 200 Breaststroke	10	3:14.89
3:23.09	11	11 & 12 200 Breaststroke	12	3:14.89
2:50.09	13	13 & 14 200 Butterfly	14	2:38.29
2:46.79	15	OPEN 200 Butterfly	16	2:31.39
3:00.89	17	10 & Under 200 Butterfly	18	2:56.59
3:00.89	19	11 & 12 200 Butterfly	20	2:56.59
2:56.59	21	10 & Under 200 Backstroke	22	2:52.69
2:56.59	23	11 & 12 200 Backstroke	24	2:52.69
6:49.39	25	13 & 14 500 Freestyle	26	6:26.59
6:40.69	27	OPEN 500 Freestyle	28	6:12.59
8:26.09	29	10 & Under 500 Freestyle	30	8:16.69
7:09.09	31	11 & 12 500 Freestyle	32	6:57.29

<i>Session 2 &amp; 3 – Saturday, February 15<sup>th</sup></i>				
<i>NST (SCY)</i>	<i>Women</i>	<i>Events</i>	<i>Men</i>	<i>NST (SCY)</i>
-	33	13-14 400 Freestyle Relay	34	-
-	35	Open 400 Freestyle Relay	36	-
2:51.49	37	13 & 14 200 IM	38	2:39.99
2:48.19	39	OPEN 200 IM	40	2:32.69
32.69	41	13 & 14 50 Freestyle	42	29.99
32.09	43	OPEN 50 Freestyle	44	28.89
1:17.19	45	13 & 14 100 Backstroke	46	1:12.09
1:15.39	47	OPEN 100 Backstroke	48	1:08.39
2:33.19	49	13 & 14 200 Freestyle	50	2:22.99
2:29.89	51	OPEN 200 Freestyle	52	2:17.29
1:28.69	53	13 & 14 100 Breaststroke	54	1:21.39
1:26.89	55	OPEN 100 Breaststroke	56	1:17.59
-	57	13-14 200 Medley Relay	58	-
-	59	Open 200 Medley Relay	60	-

<i>Session 4 &amp; 5 – Saturday, February 15<sup>th</sup></i>				
<i>NST (SCY)</i>	<i>Women</i>	<i>Events</i>	<i>Men</i>	<i>NST (SCY)</i>
1:42.59	61	8 & Under 100 IM	62	1:39.39
1:42.59	63	9 & 10 100 IM	64	1:39.39
1:24.39	65	11 & 12 100 IM	66	1:24.39
38.89	67	8 & Under 50 Freestyle	68	38.09

38.89	69	9 & 10 50 Freestyle	70	38.09
33.79	71	11 & 12 50 Freestyle	72	32.59
1:58.09	73	8 & Under 100 Breaststroke	74	1:53.59
1:58.09	75	9 & 10 100 Breaststroke	76	1:53.59
1:34.39	77	11 & 12 100 Breaststroke	78	1:32.49
1:53.99	79	8 & Under 100 Butterfly	80	1:52.39
1:53.99	81	9 & 10 100 Butterfly	82	1:52.39
1:25.09	83	11 & 12 100 Butterfly	84	1:23.29
1:41.99	85	8 & Under 100 Backstroke	86	1:40.19
1:41.99	87	9 & 10 100 Backstroke	88	1:40.19
1:25.19	89	11 & 12 100 Backstroke	90	1:22.19
-	91	10 & Under 200 Freestyle Relay	92	-
-	93	11-12 200 Freestyle Relay	94	-

Session 6 - FINALS Saturday, February 15 <sup>th</sup>		
37	13 & 14 200 IM	38
39	OPEN 200 IM	40
65	11 & 12 100 IM	66
41	13 & 14 50 Freestyle	42
43	OPEN 50 Freestyle	44
71	11 & 12 50 Freestyle	72
45	13 & 14 100 Backstroke	46
47	OPEN 100 Backstroke	48
77	11 & 12 100 Breaststroke	78
49	13 & 14 200 Freestyle	50
51	OPEN 200 Freestyle	52
83	11 & 12 100 Butterfly	84
53	13 & 14 100 Breaststroke	54
55	OPEN 100 Breaststroke	56
89	11 & 12 100 Backstroke	90

Session 7 & 8 – Sunday, February 16 <sup>th</sup>				
NST (SCY)	Women	Events	Men	NST (SCY)
-	95	13-14 400 Medley Relay	96	-
-	97	Open 400 Medley Relay	98	-
2:47.29	99	13 & 14 200 Backstroke	100	2:37.09
2:44.09	101	OPEN 200 Backstroke	102	2:29.89
1:10.79	103	13 & 14 100 Freestyle	104	1:05.59
1:09.59	105	OPEN 100 Freestyle	106	1:02.89
3:11.99	107	13 & 14 200 Breaststroke	108	2:58.39
3:08.19	109	OPEN 200 Breaststroke	110	2:48.69
1:16.89	111	13 & 14 100 Butterfly	112	1:11.49
1:15.39	113	OPEN 100 Butterfly	114	1:08.29

-	<b>115</b>	<b>13-14 200 Freestyle Relay</b>	<b>116</b>	-
-	<b>117</b>	<b>Open 200 Freestyle Relay</b>	<b>118</b>	-

<b>Session 9 &amp; 10 – Sunday, February 16<sup>th</sup></b>				
<b>NST (SCY)</b>	<b>Women</b>	<b>Events</b>	<b>Men</b>	<b>NST (SCY)</b>
<b>47.39</b>	<b>119</b>	<b>8 &amp; Under 50 Butterfly</b>	<b>120</b>	<b>45.69</b>
<b>47.39</b>	<b>121</b>	<b>9 &amp; 10 50 Butterfly</b>	<b>122</b>	<b>45.69</b>
<b>36.69</b>	<b>123</b>	<b>11 &amp; 12 50 Butterfly</b>	<b>124</b>	<b>37.09</b>
<b>3:19.19</b>	<b>125</b>	<b>10 &amp; Under 200 Freestyle</b>	<b>126</b>	<b>3:06.69</b>
<b>2:41.19</b>	<b>127</b>	<b>11 &amp; 12 200 Freestyle</b>	<b>128</b>	<b>2:35.69</b>
<b>46.99</b>	<b>129</b>	<b>8 &amp; Under 50 Backstroke</b>	<b>130</b>	<b>47.69</b>
<b>46.99</b>	<b>131</b>	<b>9 &amp; 10 50 Backstroke</b>	<b>132</b>	<b>47.69</b>
<b>38.29</b>	<b>133</b>	<b>11 &amp; 12 50 Backstroke</b>	<b>134</b>	<b>38.19</b>
<b>1:29.59</b>	<b>135</b>	<b>8 &amp; Under 100 Freestyle</b>	<b>136</b>	<b>1:27.79</b>
<b>1:29.59</b>	<b>137</b>	<b>9 &amp; 10 100 Freestyle</b>	<b>138</b>	<b>1:27.79</b>
<b>1:13.59</b>	<b>139</b>	<b>11 &amp; 12 100 Freestyle</b>	<b>140</b>	<b>1:10.99</b>
<b>53.29</b>	<b>141</b>	<b>8 &amp; Under 50 Breaststroke</b>	<b>142</b>	<b>52.09</b>
<b>53.29</b>	<b>143</b>	<b>9 &amp; 10 50 Breaststroke</b>	<b>144</b>	<b>52.09</b>
<b>43.09</b>	<b>145</b>	<b>11 &amp; 12 50 Breaststroke</b>	<b>146</b>	<b>42.89</b>
-	<b>147</b>	<b>10 &amp; Under 200 Medley Relay</b>	<b>148</b>	-
-	<b>149</b>	<b>11-12 200 Medley Relay</b>	<b>150</b>	-

<b>Session 11 - FINALS Sunday, February 16<sup>th</sup></b>		
<b>123</b>	<b>11-12 50 Butterfly</b>	<b>124</b>
<b>99</b>	<b>13 &amp; 14 200 Backstroke</b>	<b>100</b>
<b>101</b>	<b>OPEN 200 Backstroke</b>	<b>102</b>
<b>127</b>	<b>11 &amp; 12 200 Freestyle</b>	<b>128</b>
<b>103</b>	<b>13 &amp; 14 100 Freestyle</b>	<b>104</b>
<b>105</b>	<b>OPEN 100 Freestyle</b>	<b>106</b>
<b>133</b>	<b>11 &amp; 12 50 Backstroke</b>	<b>134</b>
<b>107</b>	<b>13 &amp; 14 200 Breaststroke</b>	<b>108</b>
<b>109</b>	<b>OPEN 200 Breaststroke</b>	<b>110</b>
<b>139</b>	<b>11 &amp; 12 100 Freestyle</b>	<b>140</b>
<b>111</b>	<b>13 &amp; 14 100 Butterfly</b>	<b>112</b>
<b>113</b>	<b>OPEN 100 Butterfly</b>	<b>114</b>
<b>145</b>	<b>11 &amp; 12 50 Breaststroke</b>	<b>146</b>