



**POTOMAC VALLEY**  
SWIMMING

## PVS 2023 LC 12 & Under CHAMPIONSHIPS QUALIFYING TIMES

### 10 & Under Events

GIRLS		EVENT	BOYS	
SCY	LCM		LCM	SCY
30.39	38.89	10 & U 50 m Freestyle	38.89	29.99
1:07.69	1:25.09	10 & U 100 m Freestyle	1:25.49	1:07.09
2:29.29	3:01.09	10 & U 200 m Freestyle	3:01.09	2:24.09
6:29.99	6:37.09	10 & U 400 m Freestyle	6:37.09	6:22.79
35.39	45.29	10 & U 50 m Backstroke	46.29	35.69
1:15.59	1:37.59	10 & U 100 m Backstroke	1:38.19	1:16.09
40.09	53.59	10 & U 50 m Breaststroke	53.59	39.39
1:27.89	1:51.59	10 & U 100 m Breaststroke	1:53.59	1:26.69
34.59	45.29	10 & U 50 m Butterfly	46.29	33.89
1:19.59	1:51.99	10 & U 100 m Butterfly	1:51.59	1:19.09
2:46.09	3:31.09	10 & U 200 m Individual Medley	3:31.09	2:44.59
	2:46.49	10 & U 200 m Freestyle Relay	2:48.49	
	5:45.99	10 & U 400 m Freestyle Relay	5:45.99	
	3:11.29	10 & U 200 m Medley Relay	3:15.69	
	5:55.59	10 & U 400 m Medley Relay	5:55.59	



**PVS 2023 LC 12 & Under CHAMPIONSHIPS QUALIFYING TIMES**

**11-12 Year Old Events**

GIRLS		EVENT	BOYS	
SCY	LCM		LCM	SCY
27.09	33.09	11-12 50 m Freestyle	32.69	26.19
57.79	1:12.29	11-12 100 m Freestyle	1:11.29	57.39
2:08.19	2:36.39	11-12 200 m Freestyle	2:35.39	2:04.89
5:38.49	5:31.99	11-12 400 m Freestyle	5:30.99	5:34.29
	11:59.99	12 & U 800 m Freestyle	11:59.99	
	22:59.99	12 & U 1500 m Freestyle	22:59.99	
31.09	39.29	11-12 50 m Backstroke	39.29	30.49
1:07.29	1:23.49	11-12 100 m Backstroke	1:23.49	1:05.59
2:22.99	3:03.49	12 & U 200 m Backstroke	2:58.09	2:20.19
34.59	45.19	11-12 50 m Breaststroke	44.69	33.79
1:15.09	1:36.49	11-12 100 m Breaststroke	1:36.09	1:13.29
2:42.19	3:22.39	12 & U 200 m Breaststroke	3:26.39	2:38.49
29.69	36.69	11-12 50 m Butterfly	37.09	29.09
1:06.29	1:24.29	11-12 100 m Butterfly	1:24.29	1:04.59
2:25.39	3:10.49	12 & U 200 m Butterfly	3:07.99	2:22.39
2:24.39	2:57.49	11-12 200 m Individual Medley	2:56.49	2:21.79
5:15.59	6:23.09	12 & U 400 m Individual Medley	6:18.09	5:06.49
	2:20.99	11-12 200 m Freestyle Relay	2:20.99	
	5:00.99	11-12 400 m Freestyle Relay	4:58.99	
	2:50.99	11-12 200 m Medley Relay	2:52.99	
	5:30.99	11-12 400 m Medley Relay	5:30.99	