



PVS October Open

October 14-16, 2022

Sanction # PVS-23-08

for Claude Moore VSI Sanction #: VS-23-06DS

Hosted for PVS by:



ENTRY DEADLINE: Thursday, September 29, 2022 5:00 PM

IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

MEET HOST/ DIRECTOR	ALL STAR AQUATICS	FAIRLAND AQUATICS SWIM TEAM (FAST)	THE FISH
	Chris Schlegel Christopher.schlegel@hotmail.com	Manga Dalizu fairlandswim@comcast.net	Curtis Din cdin@pvfish.org
MEET REFEREE	Barb Ship barb@ships3.com Officials Signup	Lynne Gerlach office@msscswimming.com Officials Signup	Al Meilus al.meilus@gmail.com Officials Signup
SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming PVS-23-08 and Virginia Swimming, Inc: VS-23-06DS. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Claude Moore Recreation Center, Fairland Aquatics Center, Lee District Rec Center, All Star Aquatics, Fairland Aquatics Swim Team, and The FISH shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. 		
FACILITY	<p>Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 (571) 258-3600</p> <ul style="list-style-type: none"> The pool at Claude Moore is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in 10 lanes, 25 yards, running from wall to bulkhead at the eastern end of the pool. Continuous warm-up/cool-down will be available. Water depth of 12'6" at the starting end and 6'8" at the turning end of the competition course. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). 	<p>Fairland Aquatics Center 13820 Old Gunpowder Rd Laurel, MD 20707 (301) 362-6060</p> <ul style="list-style-type: none"> The pool at Fairland Aquatics Center is 50m x 25yd with two moveable bulkheads. Competition will be held in 10 lanes, 25 yards, running from wall to wall. Continuous warm-up/cool-down will be available. Water depth ranges from 5' – 13' at both the start and turn ends. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). 	<p>Lee District Rec Center 6601 Telegraph Rd. Alexandria, VA 22313 (703) 922-9840</p> <ul style="list-style-type: none"> The pool at Lee District Rec Center is a 50m x 25 yd pool. Competition will be held in 10 lanes, 25 yards, running wall to wall. Continuous warm-up/cool down will be available Water depth ranges from 4' – 9' at both the starting and turning ends. The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).
TEAM ASSIGNMENTS	APAC, ASA, BWST, FAA, FFXF, GW, HACC, LIFE, MAKO, NCAP (Claude Moore, Dulles South, West), OCCS, RY, TRA, YORK	ASTS, AU, FAST, HEAL, JFD, MACH (MD sites), MSSC, NCAP (AU, Georgetown Prep, Holton Arms, North, Prince George's), PAC, PGPR, RMSC, RWST, TIBU, TOLL	AAC, CSC, DCPR, DRAG, ERSC, FISH, GMU, MAC, MACH (VA Sites), NCAP (Alexandria, Burke, Marymount, Tysons), PM, RIPS, SDS, STJS, SSCT, TANK, VLAC, WEA, WSH

NOTE: Assignments of clubs to pool sites will be reviewed by the PVS LSC Services Manager after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.

ENTRY DEADLINE	<p style="text-align: center;">Thursday, September 29, 2022, 5:00 PM</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p style="text-align: center;">Friday, October 14, 2022</p> <p style="text-align: center;">Warmup 5:00pm – 5:40pm; Events 5:50pm</p> <p style="text-align: center;">Saturday, October 15, 2022 & Sunday, October 16, 2022</p> <p style="text-align: center;">13&Over: Warmup 6:30am – 7:20am; Events 7:30am</p> <p style="text-align: center;">11-12: Warmup 12:00pm – 12:50pm; Events 1:00pm</p> <p style="text-align: center;">9-10: Warmup 3:00pm – 3:50pm; Events 4:00pm</p> <ul style="list-style-type: none"> • PVS LSC Services Manager and the Age Group & Senior Chairs reserve the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> • Open to all Potomac Valley Swimming registered athletes. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. • Swimmers shall compete at the age attained on the first day of the meet.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> • PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> • Automatic timing (touchpads primary) will be used.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.

EVENT RULES	<ul style="list-style-type: none"> All events are timed finals. Seed times are short course yards. If short course yard times are not available, coaches' times are preferred over "no times" for all events. An athlete may enter no more than 4 events per day, or 7 events for the meet. 400 IM on Friday night will be swum fastest to slowest, alternating girls and boys. Deck entries will be accepted if the meet is not over-subscribed. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. No new heats will be created. All deck entries must be submitted no later than 45 minutes prior to first event of each session. Evidence of current USA Swimming registration required for deck entries. 												
POSITIVE CHECK IN	<ul style="list-style-type: none"> Positive check-in may be required for events 200 yd and longer. Meet Directors will determine events that require positive check-in and will communicate positive check-in events and schedule to participating clubs. Athletes who check into a positive check-in event, have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee. 												
WARM-UP	<ul style="list-style-type: none"> The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments based upon the number of swimmers per session to accommodate the appropriate number of swimmers per lane. 												
SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas. No chairs will be allowed on deck for athletes. Coaches' chairs will be permitted pending enough safe deck space is available. 												
AWARDS	<ul style="list-style-type: none"> There will be no awards for this meet. 												
PROGRAMS	<ul style="list-style-type: none"> Programs will be made available on Meet Mobile. 												
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. 												
SPECTATORS	<ul style="list-style-type: none"> Spectators will be permitted. Spectators at Fairland Aquatics Center will be limited to 150. Spectators are asked to leave the facility when not actively observing their athlete race. 												
OFFICIALS	<ul style="list-style-type: none"> Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. Officials interested in volunteering should contact the appropriate Meet Referee prior to October 8th. <table style="margin-left: 40px; border: none;"> <tr> <td style="text-align: center;">CLAUDE MOORE</td> <td style="text-align: center;">FAIRLAND</td> <td style="text-align: center;">LEE DISTRICT</td> </tr> <tr> <td style="text-align: center;">Barb Ship</td> <td style="text-align: center;">Lynne Gerlach</td> <td style="text-align: center;">Al Meilus</td> </tr> <tr> <td style="text-align: center;">barb@ships3.com</td> <td style="text-align: center;">office@msscswimming.com</td> <td style="text-align: center;">al.meilus@gmail.com</td> </tr> <tr> <td style="text-align: center;">Officials Signup</td> <td style="text-align: center;">Officials Signup</td> <td style="text-align: center;">Officials Signup</td> </tr> </table> Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups. 	CLAUDE MOORE	FAIRLAND	LEE DISTRICT	Barb Ship	Lynne Gerlach	Al Meilus	barb@ships3.com	office@msscswimming.com	al.meilus@gmail.com	Officials Signup	Officials Signup	Officials Signup
CLAUDE MOORE	FAIRLAND	LEE DISTRICT											
Barb Ship	Lynne Gerlach	Al Meilus											
barb@ships3.com	office@msscswimming.com	al.meilus@gmail.com											
Officials Signup	Officials Signup	Officials Signup											
TIMERS	<ul style="list-style-type: none"> Participating clubs are requested to provide timers in proportion to their entries. There will be two timers per lane. The Meet Director may send out a request for timers based upon entries. 												

ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries must be submitted by email to the Meet Director. • Include in the subject of the email, "2022 PVS OCTOBER OPEN - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine paid. 				
ENTRY FEES	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Individual event fee: \$5.00</td> <td style="text-align: right;">Per Swimmer Surcharge: \$5.00</td> </tr> <tr> <td></td> <td style="text-align: right;">Deck Entry: \$10.00</td> </tr> </table> <ul style="list-style-type: none"> • Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due upon receipt of invoice. The invoice will outline the methods of payment and where to send a check. • Payment for Deck Entries must be received prior to the swimmer being seeded into events. Payment may be made by cash or check (payable to PVS). The host club is responsible for reporting cash payments to PVS and delivering checks to PVS. Payment for unaccounted for deck entries or lost payments is the responsibility of the host club. • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check (payable to PVS). 	Individual event fee: \$5.00	Per Swimmer Surcharge: \$5.00		Deck Entry: \$10.00
Individual event fee: \$5.00	Per Swimmer Surcharge: \$5.00				
	Deck Entry: \$10.00				

PVS OCTOBER OPEN

Friday, October 14, 2022

Warmup 5:00pm – 5:40pm

Events 5:50pm

GIRLS	EVENT	BOYS
1	9-10 200 yd Individual Medley	2
3	11-12 200 yd Individual Medley	4
5	Open 400 yd Individual Medley*	6
7	9-12 200 yd Butterfly	8

*400 Individual Medley will be swum fastest to slowest, alternating girls and boys.

Saturday, October 15, 2022

13 & Over Session		
Warmup 6:30am – 7:20am		
Events 7:30am		
GIRLS	EVENT	BOYS
9	13 & Over 200 yd Individual Medley	10
11	13 & Over 100 yd Breaststroke	12
13	13 & Over 200 yd Butterfly	14
15	13 & Over 100 yd Freestyle	16
17	13 & Over 200 yd Backstroke	18

11-12 Session		
Warmup 12:00pm – 12:50pm		
Events 1:00pm		
GIRLS	EVENT	BOYS
19	11-12 200 yd Backstroke	20
21	11-12 100 yd Breaststroke	22
23	11-12 200 yd Freestyle	24
25	11-12 50 Backstroke	26
27	11-12 100 yd Butterfly	28
29	11-12 50 yd Freestyle	30

9-10 Session		
Warmup 3:00pm – 3:50pm		
Events 4:00pm		
GIRLS	EVENT	BOYS
31	9-10 200 yd Backstroke	32
33	9-10 100 yd Breaststroke	34
35	9-10 200 yd Freestyle	36
37	9-10 50 yd Backstroke	38
39	9-10 100 yd Butterfly	40
41	9-10 50 yd Freestyle	42

Sunday, October 16, 2022

13 & Over Session		
Warmup 6:30am – 7:20am		
Events 7:30am		
GIRLS	EVENT	BOYS
43	13 & Over 100 yd Butterfly	44
45	13 & Over 200 yd Freestyle	46
47	13 & Over 100 yd Backstroke	48
49	13 & Over 200 yd Breaststroke	50
51	13 & Over 50 yd Freestyle	52

11-12 Session		
Warmup 12:00pm – 12:50pm		
Events 1:00pm		
GIRLS	EVENT	BOYS
53	11-12 200 yd Breaststroke	54
55	11-12 100 yd Backstroke	56
57	11-12 50 yd Butterfly	58
59	11-12 100 yd Individual Medley	60
61	11-12 50 yd Breaststroke	62
63	11-12 100 yd Freestyle	64

9-10 Session		
Warmup 3:00pm – 3:50pm		
Events 4:00pm		
GIRLS	EVENT	BOYS
65	9-10 200 yd Breaststroke	66
67	9-10 100 yd Backstroke	68
69	9-10 50 yd Butterfly	70
71	9-10 100 yd Individual Medley	72
73	9-10 50 yd Breaststroke	74
75	9-10 100 yd Freestyle	76