



# Loughmiller Memorial Invitational

October 29-30, 2022

Sanction # PVI-23-15

VSI Sanction # VS-23-



<b>MEET DIRECTOR</b> Matt Salerno <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a>	<b>MEET REFEREE</b> Tim Husson <a href="mailto:tim.husson@gmail.com">tim.husson@gmail.com</a>	<b>CLUB OFFICIALS CHAIR</b> Tricia Feinberg <a href="mailto:tafeinberg@gmail.com">tafeinberg@gmail.com</a> <a href="#">Officials SignUp</a>
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<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-23-15</b> and Virginia Swimming: <b>VS-23-XXXX</b>.</li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Fairfax Foxes Swimming, and the PWCS Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
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<b>FACILITY</b>	<p style="text-align: center;"><b>PWCS Aquatics Center</b> 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333</p> <ul style="list-style-type: none"> <li>The pool at PWCS Aquatics Center is 40m x 25yd with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to wall.</li> <li>Water depth ranges from 12.5' – 7' at the starting and turning ends.</li> <li>15 lanes are available for warm-ups. Continuous warm-up/cool-down will be available.</li> <li>The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.</li> </ul>
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<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Tuesday, October 18, 2022</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
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<b>SCHEDULE</b>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;">Warmups</th> <th style="width: 20%; text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td colspan="3"><b>Saturday, October 29, 2022</b></td> </tr> <tr> <td style="text-align: center;">13 &amp; Over Timed Finals</td> <td style="text-align: center;">7:30am – 8:30am</td> <td style="text-align: center;">8:40am</td> </tr> <tr> <td style="text-align: center;">12&amp;U Timed Finals</td> <td style="text-align: center;">12:00pm – 12:50pm</td> <td style="text-align: center;">1:00pm</td> </tr> <tr> <td style="text-align: center;"><del>10 &amp; Under Timed Finals</del></td> <td style="text-align: center;"><del>3:00pm – 3:40pm</del></td> <td style="text-align: center;"><del>3:50pm</del></td> </tr> <tr> <td colspan="3"><b>Sunday, October 30, 2022</b></td> </tr> <tr> <td style="text-align: center;">13 &amp; Over Timed Finals</td> <td style="text-align: center;">7:30am – 8:30am</td> <td style="text-align: center;">8:40am</td> </tr> <tr> <td style="text-align: center;">12&amp;U Timed Finals</td> <td style="text-align: center;">12:00pm – 12:50pm</td> <td style="text-align: center;">1:00pm</td> </tr> <tr> <td style="text-align: center;"><del>10 &amp; Under Timed Finals</del></td> <td style="text-align: center;"><del>3:00pm – 3:40pm</del></td> <td style="text-align: center;"><del>3:50pm</del></td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>		Warmups	Events	<b>Saturday, October 29, 2022</b>			13 & Over Timed Finals	7:30am – 8:30am	8:40am	12&U Timed Finals	12:00pm – 12:50pm	1:00pm	<del>10 &amp; Under Timed Finals</del>	<del>3:00pm – 3:40pm</del>	<del>3:50pm</del>	<b>Sunday, October 30, 2022</b>			13 & Over Timed Finals	7:30am – 8:30am	8:40am	12&U Timed Finals	12:00pm – 12:50pm	1:00pm	<del>10 &amp; Under Timed Finals</del>	<del>3:00pm – 3:40pm</del>	<del>3:50pm</del>
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<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</li> <li>Entries will be processed in the order they are received.</li> </ul>
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<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>• PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>• Automatic timing (touchpads primary) will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern this meet.</li> <li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>• No on-deck USA Swimming registration is permitted.</li> <li>• In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts will be used.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group.</li> <li>• Events will be pre-seeded</li> <li>• Athletes may enter a maximum of eight <b>(8) individual events with no more than four (4) individual events per day.</b></li> <li>• All events are timed finals.</li> <li>• Deck entries will be accepted if space allows. No additional heats will be created.</li> <li>• Evidence of current USA Swimming registration required for deck entries.</li> <li>• Swimmers in the 500yd Freestyle must provide their own timer and counter (if desired).</li> </ul>
<b>POSITIVE CHECK IN</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded with the exception of the 500 yard freestyle (Event 6). <del>the Mixed 11-12 200-yard breaststroke (Event 13), and the two 200 yard butterfly events (Event 27 and 34). Positive check-in deadline is the beginning of the session. All other events will be seeded by 7pm the night prior to the session. Scratches are requested before this time to be sent to the meet director.</del></li> <li>• Swimmers unavailable to participate in the meet should contact the meet director as soon as they are aware of their absence.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>• The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> <li>• Five (5) lanes of continuous warm up will be available.</li> </ul>



# Loughmiller Memorial Meet, hosted by FFXF

October 29-30, 2022

Sessions 1 & 4: Warm-up: 7:30am – 8:30am Events: 8:40am

Sessions 2 & 5: Warm-up: 12:00pm- 12:50pm Events: 1:00pm

~~Sessions 3 & 6: Warm-up: 3:00pm – 3:40pm Events: 3:50pm~~

## Saturday, October 29

### Session 1 – 13&O

Event #	AGE	EVENT
1	Mixed 13& Over	200 IM
2	Mixed 13& Over	100 Freestyle
3	Mixed 13& Over	200 Breaststroke
4	Mixed 13& Over	200 Backstroke
5	Mixed 13& Over	100 Butterfly
6	Mixed 13& Over	500 Freestyle

### Session 2 – 12&U

Event #	AGE	EVENT
7	Mixed 8 and Under	25 Butterfly
8	Mixed 11-12	100 IM
9	Mixed 10 & Under	200 IM
10	Mixed 11-12	200 Freestyle
11	Mixed 10 & Under	200 Freestyle
12	Mixed 8 & Under	25 Backstroke
13	Mixed 11-12	100 Breaststroke
14	Mixed 10 & Under	100 Backstroke
15	Mixed 11-12	50 Freestyle
16	Mixed 10 & Under	50 Butterfly
17	Mixed 11-12	100 Backstroke
18	Mixed 10 & Under	100 Freestyle
19	Mixed 11-12	50 Butterfly
20	Mixed 10 & Under	50 Breaststroke
21	Mixed 11-12	200 Breaststroke

## Sunday, October 30

### Session 4 – 13&O

Event #	AGE	EVENT
22	Mixed 13& Over	200 Freestyle
23	Mixed 13& Over	100 Breaststroke
24	Mixed 13& Over	100 Backstroke
25	Mixed 13& Over	400 IM
26	Mixed 13& Over	50 Freestyle
27	Mixed 13& Over	200 Butterfly

### Session 5 – 12&U

Event #	AGE	EVENT
28	Mixed 8&Under	25 Freestyle
29	Mixed 11-12	200 IM
30	Mixed 10 & Under	50 Freestyle
31	Mixed 11-12	100 Butterfly
32	Mixed 8&Under	25 Breaststroke
33	Mixed 11-12	50 Backstroke
34	Mixed 10 & Under	50 Backstroke
35	Mixed 11-12	100 Freestyle
36	Mixed 10 & Under	100 Butterfly
37	Mixed 11-12	100 Butterfly
38	Mixed 10 & Under	100 Breaststroke
39	Mixed 11-12	200 Backstroke
40	Mixed 10 & Under	100 IM
41	Mixed 11-12	200 Butterfly