

# **Loughmiller Memorial Invitational**

October 28-29, 2023

Sanction # PVI-24-16
VSI Sanction # VS-24-15DS

**MEET REFEREE** 



**CLUB OFFICIALS CHAIR** 

Matt Salerno		Tim Husson	Tricia Feinbe	rg		
fairfaxfoxes@gmail.com		tim.husson@gmail.com	tafeinberg@			
			Officials Sign	<u>Up</u>		
SANCTION	<ul> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-24-16 and Virginia Swimming: VS-24-15DS.</li> </ul>					
	<ul> <li>In granting th</li> </ul>	is sanction it is understood ar	nd agreed that USA Swimmir	ng, Potomac Valley		
	Swimming, Virginia Swimming, Inc., Fairfax Foxes Swimming, and the PWCS Aquatics Center shall					
		be held free and harmless from all liabilities or claims for damages arising by reason of injuries to				
FACILITY	anyone durin	g the conduct of this event.	S Aquatics Center			
FACILITY			nfries Road (Door #25)			
			assas, VA 20112			
		(5	571) 374-6333			
	• The pool at PWCS Aquatics Center is 40m x 25yd with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to wall.					
	Water depth	ranges from 12.5' – 7' at the	starting and turning ends.			
	15 lanes are available for warm-ups. Continuous warm-up/cool-down will be available.					
	The competition course has been certified in accordance with current USA Swimming Rules and					
	Regulations, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.					
ENTRY		Tuesday,	October 17, 2023			
DEADLINE	IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director.					
		usually set an earlier deadline	to receive entries from thei	r swimmers. Check with		
SCHEDULE	your club for this	iniorniacion.	Warmups	Events		
SCHEDOLE	Saturday Oc	tober 28, 2023	vvaimaps	LVCIICS		
		Over Timed Finals	7:00am – 8am	8:10am		
		d under Timed Finals	12pm – 12:50pm	1pm		
	12 011	d under Timed Finals	12pm – 12.30pm	τριιι		
	Sunday, Octo	ober 29, 2023				
	12 9. (	Over Timed Finals	7:00am – 8am	8:10am		
	13 & (					
		d under Timed Finals	12pm – 12:50pm	1pm		
	12 and		12pm – 12:50pm	•		
ELIGIBILITY	12 and  • Meet Directo	d under Timed Finals  r reserves the right to adjust to SA Swimming registered swim	12pm – 12:50pm times/sessions after entries	are received.		
ELIGIBILITY	Meet Directo     Open to all U	r reserves the right to adjust	12pm – 12:50pm times/sessions after entries nmers from invited teams. To	are received. eams wishing to receive a		
ELIGIBILITY	<ul> <li>Meet Directo</li> <li>Open to all U invitation sho meet unless to</li> </ul>	r reserves the right to adjust to SA Swimming registered swim ould contact the meet director the swimmer is registered as a	12pm – 12:50pm times/sessions after entries nmers from invited teams. To r. No swimmer will be perm an athlete member of USA So	are received.  eams wishing to receive a sitted to compete in the		
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DISABILITY	Meet Directo     Open to all U invitation show meet unless to USA Swimmin     Entries will be PVS and host	r reserves the right to adjust to SA Swimming registered swim buld contact the meet director the swimmer is registered as any Rules and Regulations Article processed in the order they clubs along with their meet directors.	12pm – 12:50pm  times/sessions after entries mers from invited teams. To r. No swimmer will be perm an athlete member of USA So cle 302. are received. lirectors are committed to the	eare received.  eams wishing to receive a sitted to compete in the wimming as provided in the line and the line are line line line line line line line lin		
	Meet Directo     Open to all U invitation sho meet unless to USA Swimmin     Entries will be PVS and host adopted by the second state of the	r reserves the right to adjust to SA Swimming registered swim ould contact the meet director the swimmer is registered as any Rules and Regulations Article processed in the order they	12pm – 12:50pm  times/sessions after entries mers from invited teams. To r. No swimmer will be perm an athlete member of USA So cle 302. are received. lirectors are committed to th lisability are welcomed and a	eare received.  eams wishing to receive a sitted to compete in the wimming as provided in the line line line line line line line lin		

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TIMING SYSTEM	Automatic timing (touchpads primary) will be used.	
RULES	Current USA Swimming rules shall govern this meet.	
	<ul> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> </ul>	
	No on-deck USA Swimming registration is permitted.	
	• In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition, and cool down periods.	
	Deck changes are prohibited.	
	• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.	
	<ul> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> </ul>	
	Dive-over starts will be used.	
	• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.	
EVENT RULES	Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group.	
	• Events will be pre-seeded, except Event #6, Event #14, Event #21, Event #25, Event #27 and Event #41.	
	Athletes may enter a maximum of eight (8) individual events with no more than four (4) individual events per day.	
	All events are timed finals.	
	Deck entries will be accepted if space allows. No additional heats will be created.	
	Evidence of current USA Swimming registration required for deck entries.	
	• Swimmers in the 500yd Freestyle must provide their own timer and counter (if desired).	
POSITIVE CHECK IN	• All events will be pre-seeded except Event #6, Event #14, Event #21, Event #25, Event #27 and Event #41. These six events will have a positive check-in sheet distributed to the teams' coaches for submission to the scorer's table.	
	• Swimmers unavailable to participate in the meet should contact the meet director as soon as they are aware of their absence.	
WARM-UP	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments.	
	Five (5) lanes of continuous warm up will be available.	
MEDICAL ASSISTANCE	Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.	

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SUPERVISION	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.	
	<ul> <li>Spectators are not allowed on the pool deck; swimmers may not bring personal chairs on the pool deck; coaches may bring a personal chair on the pool deck.</li> </ul>	
SEEDING	All events will be pre-seeded except for the positive check-in events.	
SCORING	This meet will not be scored.	
AWARDS	Commemorative Heat Winner ribbons will be available for all heat winners.	
PROGRAMS	<ul> <li>Meet programs will not be sold. The meet will be available on Meet Mobile, emailed to participating clubs, and posted online.</li> </ul>	
CREDENTIALS	<ul> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership with them.</li> </ul>	
OFFICIALS	<ul> <li>Officials interested in volunteering should complete the <u>Officials SignUp</u> or contact the Meet Referee, Tim Husson (<u>tim.husson@gmail.com</u>).</li> </ul>	
	<ul> <li>Officials volunteering for this meet should report to the meet referee upon arrival. A comprehensive officials' briefing will take place before each session.</li> <li>All officials and apprentices working 2 or more sessions will receive a white, commemorative polo shirt</li> </ul>	
TIMERS	Two timers per lane.	
	<ul> <li>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> </ul>	
	A Sign-Up Genius will be provided 10 days prior to the meet.	
ENTRY PROCEDURES	<ul> <li>Entries should be submitted by email to <u>fairfaxfoxes@gmail.com</u></li> </ul>	
	• Include in the subject of the email, "Loughmiller Memorial 2023 - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include the training site in the subject of the email.	
	• Include in entry email: entry file, report of entries by name, report of entries by event.	
	<ul> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> </ul>	
	Entries directly from individual team members will not be accepted.	
	Entries by phone or fax will not be accepted.	
	• The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director ( <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a> ).	
	<ul> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>	
ENTRY FEES	Per Swimmer Surcharge: \$6.00 Individual Event Fee: \$12.00	
	Individual Event Fee for 200 Butterfly and 400 IM = <b>\$0</b>	
	<b>Deck entries</b> : \$20.00 per event (cash on site + \$5 swimmer surcharge)	
	<ul> <li>Make checks payable to Fairfax Foxes Swimming. Checks may be mailed to:</li> <li>Fairfax Foxes Swimming ~ 4144 Orchard Drive ~ Fairfax, VA 22032</li> </ul>	
	Each club is requested to remit one check to cover the entry fees for the entire team.	
	<ul> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> </ul>	

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# Loughmiller Memorial Meet, hosted by FXFX October 28-29, 2023

Sessions 1 & 3: Warm-up: 7:00am – 8am Events: 8:10am Sessions 2 & 4: Warm-up: 12pm - 12:50pm Events: 1pm

### Saturday, October 28

## Sunday, October 29

#### Session 1

Event #	AGE	EVENT
1	Mixed 13& Over	200 IM
2	Mixed 13& Over	100 Freestyle
3	Mixed 13& Over	200 Breaststroke
4	Mixed 13& Over	200 Backstroke
5	Mixed 13& Over	100 Butterfly
6	Mixed 13& Over	500 Freestyle

#### Session 3

Event #	AGE	EVENT
22	Mixed 13& Over	200 Freestyle
23	Mixed 13& Over	100 Breaststroke
24	Mixed 13& Over	100 Backstroke
25	Mixed 13& Over	400 IM
26	Mixed 13& Over	50 Freestyle
27	Mixed 13& Over	200 Butterfly

#### Session 2

Event #	AGE	EVENT
7	Mixed 8 & Under	25 Butterfly
8	Mixed 11-12	100 IM
9	Mixed 10 & Under	200 IM
10	Mixed 11-12	200 Freestyle
11	Mixed 8 & Under	25 Backstroke
12	Mixed 11-12	100 Breaststroke
13	Mix 10 & Under	50 Breaststroke
14	Mixed 12 & Under	200 Breaststroke
15	Mixed 11-12	50 Freestyle
16	Mix 10 & Under	50 Freestyle
17	Mixed 11-12	50 Butterfly
18	Mix 10 & Under	100 Butterfly
19	Mixed 11-12	50 Backstroke
20	Mix 10 & Under	100 Backstroke
21	Mixed 12 & Under	200 Backstroke

#### Session 4

Event #	AGE	EVENT
28	Mixed 8 & Under	25 Freestyle
29	Mixed 10 & Under	100 Freestyle
30	Mixed 11-12	200 IM
31	Mixed 10 & Under	100 IM
32	Mixed 11-12	100 Butterfly
33	Mixed 10 & Under	50 Butterfly
34	Mixed 8 & Under	25 Breaststroke
35	Mixed 11-12	50 Breaststroke
36	Mix 10 & Under	100 Breaststroke
37	Mixed 11-12	100 Freestyle
38	Mixed 10 & Under	200 Freestyle
39	Mixed 11-12	100 Backstroke
40	Mix 10 & Under	50 Backstroke
41	Mixed 12& Under	200 Butterfly