

2025 MAC Swimming & Diving Championships - 1/25/2025**Results****Event 1 Boys 1 mtr Diving**

Name	Yr	School	Seed Time	Finals Score	Points
1 Amprey, Beau	FR	Sidwell Friends School	289.10	236.80	8
2 Pinkus, Jack	FR	Potomac School Swim Team	NP	140.35	6
3 Gallagher, Cian	25	Flint Hill School	173.05	116.55	5

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Flint Hill School	A	1:38.11	1:41.41	16
1) Bermudez, Lucas 26	2) Tan, Zachary 27	3) Landwehr, Todd 27	4) Lindroos, Kai 27	
25.70	54.42 (28.72)	1:18.48 (24.06)	1:41.41 (22.93)	
2 Potomac School Swim Team	A	1:39.62	1:43.00	12
1) Sardar, Sahil SR	2) Beslic, Luka SO	3) Rossman, Henry FR	4) Tierney, Gus JR	
27.19	54.93 (27.74)	1:20.02 (25.09)	1:43.00 (22.98)	
3 Sidwell Friends School	A	1:43.86	1:46.61	10
1) Donley, Trevor SO	2) Jiminez, Patrick JR	3) Campello, Anderson FR	4) Guo, Sean FR	
35.39	56.01 (20.62)	1:21.76 (25.75)	1:46.61 (24.85)	
4 St. Andrew's Episcopal School	A	1:51.69	1:50.22	8
1) Arora, Aarian SO	2) Walther, Tyson SO	3) Portner, Sully F	4) Sweeney, Sean SO	
28.56	1:00.02 (31.46)	1:24.96 (24.94)	1:50.22 (25.26)	
5 Potomac School Swim Team	B	NT	1:56.56	6
1) Steves, Michael FR	2) Kuchangi, Shlok SO	3) Ozcan, Erim SR	4) Piester, Will JR	
37.15	1:04.57 (27.42)	1:30.86 (26.29)	1:56.56 (25.70)	
6 Flint Hill School	B	NT	1:58.02	4
1) Chugh, Karan 26	2) Jacobsen, Samuel 26	3) Nguyen, Blake 27	4) Lucca, Jacob 28	
28.37	1:05.46 (37.09)	1:32.22 (26.76)	1:58.02 (25.80)	

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Majeed-Hall, Jasper	FR	Potomac School Swim Team	2:01.35	1:56.01	8
26.19	55.72 (29.53)	1:26.10 (30.38)	1:56.01 (29.91)		
2 Lindroos, Kai	27	Flint Hill School	1:53.95	1:57.97	6
26.34	56.13 (29.79)	1:26.72 (30.59)	1:57.97 (31.25)		
3 Jurutka, Nate	27	Flint Hill School	2:00.97	1:59.72	5
27.78	56.59 (28.81)	1:27.49 (30.90)	1:59.72 (32.23)		
4 Travers, Aden	SO	Potomac School Swim Team	2:08.51	2:01.78	4
26.95	2:01.78 (1:34.83)				
5 Zhao, Wesley	27	Flint Hill School	2:06.33	2:07.06	3
27.82	58.67 (30.85)	1:32.08 (33.41)	2:07.06 (34.98)		
6 Keeley, Sean	SO	Georgetown Day School	2:12.40	2:09.30	2
28.82	1:01.84 (33.02)	1:35.57 (33.73)	2:09.30 (33.73)		
7 Guo, Sean	FR	Sidwell Friends School	2:13.66	2:19.81	1
31.25	2:19.81 (1:48.56)				
8 Wayne, Vince	JU	St. Andrew's Episcopal School	2:28.53	2:21.12	
31.20	1:06.15 (34.95)	1:43.58 (37.43)	2:21.12 (37.54)		
9 Walliser, Noah	JR	Sidwell Friends School	2:30.08	2:22.37	
30.46		1:45.34 ()	2:22.37 (37.03)		
10 Derisca, Nicholas	JR	Potomac School Swim Team	NT	2:41.30	
32.51	1:11.15 (38.64)	2:41.30 (1:30.15)			
11 Cai, Wilson	SR	Sidwell Friends School	NT	2:48.06	

Event 4 Boys 200 Yard IM

Name	Yr	School	Seed Time	Finals Time	Points
1 Rossman, Henry	FR	Potomac School Swim Team	2:01.76	1:59.23	8
26.11	55.10 (28.99)	1:30.57 (35.47)	1:59.23 (28.66)		

2025 MAC Swimming & Diving Championships - 1/25/2025**Results****(Event 4 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time	Points
2	Donley, Trevor	SO	Sidwell Friends School	2:01.34	2:05.00	6
	26.74	59.11 (32.37)	1:35.68 (36.57)	2:05.00 (29.32)		
3	Jiminez, Patrick	JR	Sidwell Friends School	2:02.52	2:06.67	5
	26.70	1:00.49 (33.79)	1:35.52 (35.03)	2:06.67 (31.15)		
4	Cummins, Beckett	28	Flint Hill School	2:13.90	2:09.60	4
	26.43	1:01.67 (35.24)	1:38.72 (37.05)	2:09.60 (30.88)		
5	Zhao, Bradley	27	Flint Hill School	NT	2:14.24	3
	27.38	1:01.24 (33.86)	1:41.82 (40.58)	2:14.24 (32.42)		
6	Tan, Zachary	27	Flint Hill School	2:14.02	2:14.43	2
		1:03.34 ()	2:14.43 (1:11.09)			
7	Steves, Michael	FR	Potomac School Swim Team	2:21.54	2:16.19	1
	29.37	1:02.61 (33.24)	1:44.99 (42.38)	2:16.19 (31.20)		
8	Walther, Tyson	SO	St. Andrew's Episcopal School	2:19.30	2:18.39	
	29.63	1:05.68 (36.05)	1:44.65 (38.97)	2:18.39 (33.74)		
9	Andrews, Carter	FR	Sidwell Friends School	2:29.89	2:27.32	
	31.08	1:09.21 (38.13)	1:52.43 (43.22)	2:27.32 (34.89)		
10	Piester, Will	JR	Potomac School Swim Team	NT	2:59.17	
	30.67	1:14.33 (43.66)	2:04.46 (50.13)	2:59.17 (54.71)		

Event 5 Boys 50 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time	Points
1	Landwehr, Todd	27	Flint Hill School	22.96	22.39	8
2	Tierney, Gus	JR	Potomac School Swim Team	23.98	23.06	6
3	Sislen, Leonardo	SR	Maret School	22.43	23.30	5
4	Carstater, Thomas	26	Flint Hill School	24.06	23.77	4
5	Sweeney, Sean	SO	St. Andrew's Episcopal School	26.33	24.80	3
6	Ozcan, Erim	SR	Potomac School Swim Team	25.41	24.90	2
7	Riihimaki, Dylan	25	Flint Hill School	25.11	25.06	1
8	SiMa, Haohan	SR	Sidwell Friends School	25.18	25.22	
9	Holley, Heath	FR	Georgetown Day School	35.06	26.36	
10	Machado, Simón	SO	St. Andrew's Episcopal School	29.63	28.59	
11	Coyne, Atticus	SR	Georgetown Day School	29.83	29.29	
12	Restrepo, Connor	F	St. Andrew's Episcopal School	30.44	29.36	
13	Hardan, Eyas	SO	Sidwell Friends School	39.15	35.90	
14	Johnson, Amar	SR	Sidwell Friends School	35.34	37.72	

Event 6 Boys 100 Yard Butterfly

	Name	Yr	School	Seed Time	Finals Time	Points
1	Beslic, Luka	SO	Potomac School Swim Team	57.14	52.35	8
	23.84	52.35 (28.51)				
2	Campello, Anderson	FR	Sidwell Friends School	58.85	56.40	6
	26.55	56.40 (29.85)				
3	Portner, Sully	F	St. Andrew's Episcopal School	59.93	57.76	5
	26.66	57.76 (31.10)				
4	Nguyen, Blake	27	Flint Hill School	1:03.72	1:00.74	4
5	Zhao, Bradley	27	Flint Hill School	57.76	1:01.04	3
	28.41	1:01.04 (32.63)				
6	Zhao, Wesley	27	Flint Hill School	1:06.09	1:05.09	2
	29.84	1:05.09 (35.25)				
7	Ozcan, Erim	SR	Potomac School Swim Team	1:13.26	1:06.60	1
	29.36	1:06.60 (37.24)				
8	Hirsh, Ethan	FR	Georgetown Day School	1:13.75	1:07.04	
	30.65	1:07.04 (36.39)				

2025 MAC Swimming & Diving Championships - 1/25/2025

Results

(Event 6 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Finals Time	Points
9 Guo, Sean	FR	Sidwell Friends School	NT	1:11.20	
32.83		1:11.20 (38.37)			

Event 7 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Bermudez, Lucas	26	Flint Hill School	51.65	49.50	8
23.47		49.50 (26.03)			
2 Schestopol, Bram	FR	Maret School	NT	49.67	6
23.27		49.67 (26.40)			
3 Landwehr, Todd	27	Flint Hill School	51.34	50.09	5
23.99		50.09 (26.10)			
4 Majeed-Hall, Jasper	FR	Potomac School Swim Team	55.40	52.98	4
24.90		52.98 (28.08)			
5 Jurutka, Nate	27	Flint Hill School	NT	54.08	3
26.37		54.08 (27.71)			
6 Tierney, Gus	JR	Potomac School Swim Team	55.80	54.41	2
24.97		54.41 (29.44)			
7 Arora, Aarian	SO	St. Andrew's Episcopal School	59.82	55.51	1
26.37		55.51 (29.14)			
8 Sardar, Sahil	SR	Potomac School Swim Team	57.61	56.23	
56.23		56.23 ()			
9 SiMa, Haohan	SR	Sidwell Friends School	56.46	56.41	
26.95		56.41 (29.46)			
10 Sweeney, Sean	SO	St. Andrew's Episcopal School	1:00.29	57.52	
27.11		57.52 (30.41)			
11 Tekle, Eli	JR	Maret School	1:03.99	1:02.64	
29.70		1:02.64 (32.94)			
12 Mckenzie, Ethan	SO	Georgetown Day School	1:04.06	1:03.32	
30.01		1:03.32 (33.31)			
13 Machado, Simón	SO	St. Andrew's Episcopal School	1:06.88	1:04.07	
30.45		1:04.07 (33.62)			
14 Coyne, Atticus	SR	Georgetown Day School	1:10.20	1:11.75	
15 Andargachew, Samuel	SR	Sidwell Friends School	1:20.30	1:14.07	
34.79		1:14.07 (39.28)			
16 Devoyans, Areg Louis	JR	Sidwell Friends School	NT	1:19.55	
37.49		1:19.55 (42.06)			

Event 8 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Rossman, Henry	FR	Potomac School Swim Team	NT	4:43.22	8
24.97		53.08 (28.11)	1:21.61 (28.53)	1:50.59 (28.98)	
2:19.71 (29.12)		2:48.66 (28.95)	3:17.47 (28.81)	3:46.66 (29.19)	
4:15.37 (28.71)		4:43.22 (27.85)			
2 Donley, Trevor	SO	Sidwell Friends School	4:51.51	4:51.60	6
25.60		54.89 (29.29)	1:24.14 (29.25)	1:53.67 (29.53)	
2:23.44 (29.77)		2:53.42 (29.98)	3:23.06 (29.64)	3:53.02 (29.96)	
4:22.67 (29.65)		4:51.60 (28.93)			
3 Murdock, Keagan	27	Flint Hill School	5:22.00	5:11.82	5
27.55		58.04 (30.49)	1:29.46 (31.42)	2:01.07 (31.61)	
2:33.02 (31.95)		3:04.69 (31.67)	3:36.89 (32.20)	4:08.59 (31.70)	
4:40.42 (31.83)		5:11.82 (31.40)			

2025 MAC Swimming & Diving Championships - 1/25/2025

Results

(Event 8 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
4 Travers, Aden	SO	Potomac School Swim Team	5:33.50	5:25.52	4
27.79	59.18 (31.39)	1:32.14 (32.96)	2:05.31 (33.17)		
2:38.67 (33.36)	3:12.04 (33.37)	3:45.78 (33.74)	4:19.36 (33.58)		
4:53.30 (33.94)	5:25.52 (32.22)				
5 Nguyen, Blake	27	Flint Hill School	5:28.48	5:26.48	3
28.61	1:00.44 (31.83)	1:33.21 (32.77)	2:06.71 (33.50)		
2:39.72 (33.01)	3:13.03 (33.31)	3:46.41 (33.38)	4:20.15 (33.74)		
4:53.70 (33.55)	5:26.48 (32.78)				
6 Keeley, Sean	SO	Georgetown Day School	5:52.75	6:05.02	2
		1:43.64 ()	2:21.61 (37.97)		
	3:38.14 ()	6:05.02 (2:26.88)			
7 Kuchangi, Shlok	SO	Potomac School Swim Team	NT	6:57.66	1
32.36	1:10.52 (38.16)	1:51.19 (40.67)	2:33.18 (41.99)		
3:17.68 (44.50)	4:00.25 (42.57)	4:43.81 (43.56)	5:28.45 (44.64)		
6:13.87 (45.42)	6:57.66 (43.79)				
8 Dempsey, Evan	25	Flint Hill School	7:28.20	7:06.62	
34.06	1:14.03 (39.97)		2:39.14 ()		
3:23.22 (44.08)	4:08.44 (45.22)		5:38.76 ()		
6:24.34 (45.58)	7:06.62 (42.28)				
9 Restrepo, Connor	F	St. Andrew's Episcopal School	NT	7:31.82	
35.16	1:17.70 (42.54)		2:49.46 ()		
	4:25.86 ()	5:13.50 (47.64)	7:31.82 (2:18.32)		
10 Barac, Nick	FR	Sidwell Friends School	8:04.63	7:53.41	
35.21	1:19.43 (44.22)	2:07.50 (48.07)	2:57.46 (49.96)		
3:47.15 (49.69)	4:37.38 (50.23)		6:18.37 ()		
7:09.01 (50.64)	7:53.41 (44.40)				

Event 9 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Flint Hill School	A	1:28.92	1:32.95	16
1) Bermudez, Lucas 26	2) Lindroos, Kai 27	3) Carstater, Thomas 26	4) Landwehr, Todd 27	
22.84	46.75 (23.91)	1:10.31 (23.56)	1:32.95 (22.64)	
2 Potomac School Swim Team	A	1:30.06	1:37.95	12
1) Travers, Aden SO	2) Majeed-Hall, Jasper FR	3) Ozcan, Erim SR	4) Tierney, Gus JR	
24.82	49.14 (24.32)	1:13.98 (24.84)	1:37.95 (23.97)	
3 Flint Hill School	B	NT	1:42.26	10
1) Chugh, Karan 26	2) Lucca, Jacob 28	3) Choi, Christopher 27	4) Riihimaki, Dylan 25	
25.42	50.93 (25.51)	1:17.31 (26.38)	1:42.26 (24.95)	
4 Potomac School Swim Team	B	NT	1:43.16	8
1) Sardar, Sahil SR	2) Piester, Will JR	3) Steves, Michael FR	4) Kuchangi, Shlok SO	
25.70	51.38 (25.68)	1:16.12 (24.74)	1:43.16 (27.04)	
5 Sidwell Friends School	A	1:34.34	1:45.00	6
1) Guo, Sean FR	2) Andrews, Carter FR	3) Walliser, Noah JR	4) SiMa, Haohan SR	
24.52	51.94 (27.42)	1:25.92 (33.98)	1:45.00 (19.08)	
6 St. Andrew's Episcopal School	A	1:54.87	1:51.63	4
1) Arora, Aarian SO	2) Restrepo, Connor F	3) Machado, Simón SO	4) Wayne, Vince JU	
25.68	55.33 (29.65)	1:24.29 (28.96)	1:51.63 (27.34)	
7 Georgetown Day School	A	1:52.81	1:52.11	2
1) Coyne, Atticus SR	2) Hirsh, Ethan FR	3) Mckenzie, Ethan SO	4) Holley, Heath FR	
30.64	57.00 (26.36)	1:26.61 (29.61)	1:52.11 (25.50)	

Event 10 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Bermudez, Lucas	26	Flint Hill School	57.17	56.32	8
26.99	56.32 (29.33)				

2025 MAC Swimming & Diving Championships - 1/25/2025**Results****(Event 10 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
*2	Murdock, Keagan	27	Flint Hill School	1:00.69	59.04	5.50
	28.67		59.04 (30.37)			
*2	Schestopol, Bram	FR	Maret School	NT	59.04	5.50
	28.68		59.04 (30.36)			
4	Lindroos, Kai	27	Flint Hill School	57.47	59.32	4
	28.18		59.32 (31.14)			
5	Portner, Sully	F	St. Andrew's Episcopal School	1:02.93	1:00.06	3
	28.80		1:00.06 (31.26)			
6	Campello, Anderson	FR	Sidwell Friends School	NT	1:00.58	2
	29.49		1:00.58 (31.09)			
7	Steves, Michael	FR	Potomac School Swim Team	NT	1:03.73	1
	31.03		1:03.73 (32.70)			
8	Sardar, Sahil	SR	Potomac School Swim Team	1:03.02	1:03.97	
9	Hirsh, Ethan	FR	Georgetown Day School	NT	1:10.28	
	33.92		1:10.28 (36.36)			
10	Holley, Heath	FR	Georgetown Day School	1:12.67	1:10.34	
11	Mckenzie, Ethan	SO	Georgetown Day School	1:16.76	1:14.95	
	36.96		1:14.95 (37.99)			
12	Walliser, Noah	JR	Sidwell Friends School	1:17.46	1:20.82	
	37.36		1:20.82 (43.46)			
13	Derisca, Nicholas	JR	Potomac School Swim Team	NT	1:22.69	
14	Barac, Nick	FR	Sidwell Friends School	1:28.00	1:26.94	
	40.23		1:26.94 (46.71)			

Event 11 Boys 100 Yard Breaststroke

	Name	Yr	School	Seed Time	Finals Time	Points
1	Beslic, Luka	SO	Potomac School Swim Team	1:00.36	59.28	8
	27.47		59.28 (31.81)			
2	Jiminez, Patrick	JR	Sidwell Friends School	1:03.07	1:03.33	6
	29.99		1:03.33 (33.34)			
3	Cummins, Beckett	28	Flint Hill School	1:05.16	1:03.83	5
4	Tan, Zachary	27	Flint Hill School	1:03.66	1:03.97	4
	29.67		1:03.97 (34.30)			
5	Walther, Tyson	SO	St. Andrew's Episcopal School	1:07.65	1:09.06	3
	31.91		1:09.06 (37.15)			
6	Carstater, Thomas	26	Flint Hill School	NT	1:09.76	2
	32.32		1:09.76 (37.44)			
7	Piester, Will	JR	Potomac School Swim Team	1:10.09	1:09.84	1
	32.73		1:09.84 (37.11)			
8	Sislen, Leonardo	SR	Maret School	1:04.60	1:10.00	
	31.80		1:10.00 (38.20)			
9	Andrews, Carter	FR	Sidwell Friends School	1:16.40	1:15.27	
	34.76		1:15.27 (40.51)			
10	Kuchangi, Shlok	SO	Potomac School Swim Team	1:20.72	1:20.76	
	37.09		1:20.76 (43.67)			
11	Tekle, Eli	JR	Maret School	1:18.31	1:21.49	
	38.17		1:21.49 (43.32)			
12	Wayne, Vince	JU	St. Andrew's Episcopal School	1:27.36	1:25.77	
13	Kim, Palden	JR	Sidwell Friends School	NT	1:37.23	
	43.70		1:37.23 (53.53)			

2025 MAC Swimming & Diving Championships - 1/25/2025**Results****Event 12 Boys 400 Yard Freestyle Relay**

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Potomac School Swim Team	A	3:39.54	3:27.79	16
1) Rossman, Henry FR	2) Majeed-Hall, Jasper FR	3) Travers, Aden SO	4) Beslic, Luka SO	
23.97	50.17 (50.17)	1:15.25 (25.08)	1:43.07 (52.90)	
2:09.05 (25.98)	2:38.04 (54.97)	3:01.57 (23.53)	3:27.79 (49.75)	
2 Sidwell Friends School	A	3:33.07	3:29.58	12
1) Donley, Trevor SO	2) Jiminez, Patrick JR	3) SiMa, Haohan SR	4) Campello, Anderson FR	
23.14	48.30 (48.30)	1:13.74 (25.44)	1:41.92 (53.62)	
2:08.49 (26.57)	2:37.57 (55.65)	3:02.36 (24.79)	3:29.58 (52.01)	
3 Flint Hill School	A	3:19.55	3:35.55	10
1) Zhao, Bradley 27	2) Murdock, Keagan 27	3) Cummins, Beckett 28	4) Carstater, Thomas 26	
25.70	54.12 (54.12)	1:20.17 (26.05)	1:54.52 (1:00.40)	
2:14.05 (19.53)	2:46.64 (52.12)	3:06.82 (20.18)	3:35.55 (48.91)	
4 St. Andrew's Episcopal School	A	3:49.40	3:48.53	8
1) Portner, Sully F	2) Sweeney, Sean SO	3) Walther, Tyson SO	4) Arora, Aarian SO	
25.84	54.57 (54.57)	1:22.82 (28.25)	1:54.10 (59.53)	
2:20.98 (26.88)	2:51.34 (57.24)	3:18.15 (26.81)	3:48.53 (57.19)	
5 Georgetown Day School	A	4:07.79	4:04.27	6
1) Mckenzie, Ethan SO	2) Hirsh, Ethan FR	3) Holley, Heath FR	4) Keeley, Sean SO	
1:08.80	1:31.71 (1:31.71)	1:51.14 (19.43)		
2:32.06 (40.92)	3:08.41 (1:17.27)	3:32.45 (24.04)	4:04.27 (55.86)	
6 Flint Hill School	B	NT	4:19.91	4
1) Dempsey, Evan 25	2) Choi, Christopher 27	3) Jacobsen, Samuel 26	4) Lucca, Jacob 28	
33.14	1:11.75 (1:11.75)	1:39.55 (27.80)	2:12.61 (1:00.86)	
2:43.39 (30.78)	3:17.62 (1:05.01)	3:46.60 (28.98)	4:19.91 (1:02.29)	