



Loughmiller Memorial Invitational

October 26-27, 2024

Sanction # PVI-25-17

VSI Sanction # VS-25-13DS



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Matt Salerno fairfaxfoxes@gmail.com	Tim Husson tim.husson@gmail.com	Tricia Feinberg tfeinberg@gmail.com Officials SignUp

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-25-17 and Virginia Swimming: VS-25-13DS. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Fairfax Foxes Swimming, and the PWCS Aquatics Center shall be held free and harmless from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 																					
FACILITY	<p style="text-align: center;">PWCS Aquatics Center 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333</p> <ul style="list-style-type: none"> The pool at PWCS Aquatics Center is 40m x 25yd with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to wall. Water depth ranges from 12.5' – 7' at the starting and turning ends. 15 lanes are available for warm-ups. Continuous warm-up/cool-down will be available. 																					
ENTRY DEADLINE	<p style="text-align: center;">Monday, October 14, 2024 at 11:59pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>																					
SCHEDULE	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;">Warmups</th> <th style="width: 20%; text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td colspan="3">Saturday, October 26, 2024</td> </tr> <tr> <td style="text-align: center;">13 & Over Timed Finals</td> <td style="text-align: center;">7:00am – 8:00am</td> <td style="text-align: center;">8:10am</td> </tr> <tr> <td style="text-align: center;">12 and under Timed Finals</td> <td style="text-align: center;">12pm – 12:50pm</td> <td style="text-align: center;">1:00pm</td> </tr> <tr> <td colspan="3">Sunday, October 27, 2024</td> </tr> <tr> <td style="text-align: center;">13 & Over Timed Finals</td> <td style="text-align: center;">7:00am – 8:00am</td> <td style="text-align: center;">8:10am</td> </tr> <tr> <td style="text-align: center;">12 and under Timed Finals</td> <td style="text-align: center;">12pm – 12:50pm</td> <td style="text-align: center;">1:00pm</td> </tr> </tbody> </table> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received. 		Warmups	Events	Saturday, October 26, 2024			13 & Over Timed Finals	7:00am – 8:00am	8:10am	12 and under Timed Finals	12pm – 12:50pm	1:00pm	Sunday, October 27, 2024			13 & Over Timed Finals	7:00am – 8:00am	8:10am	12 and under Timed Finals	12pm – 12:50pm	1:00pm
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ELIGIBILITY	<ul style="list-style-type: none"> Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. Entries will be processed in the order they are received until the meet reaches capacity. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. 																					
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. 																					

TIMING SYSTEM	<ul style="list-style-type: none"> • Automatic timing (touchpads primary) will be used.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • The meet host will ensure the required course dimensions. • In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition, and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group. • Events will be pre-seeded, except 13&Over 500 Freestyle, 13&Over 400 Individual Medley, 12&Under 200 Backstroke, 12&Under 200 Breaststroke, and 200 Butterfly. • Athletes may enter a maximum of eight (8) individual events with no more than four (4) individual events per day. • All events are timed finals. • Deck entries will be accepted if space allows. No additional heats will be created. • Evidence of current USA Swimming registration required for deck entries. • Swimmers in the 500yd Freestyle must provide their own timer and counter (if desired).
POSITIVE CHECK IN	<ul style="list-style-type: none"> • Events will be pre-seeded, except 13&Over 500 Freestyle, 13&Over 400 Individual Medley, 12&Under 200 Backstroke, 12&Under 200 Breaststroke, and 12&Under Butterfly. • Swimmers unavailable to participate in the meet should contact the meet director as soon as they are aware of their absence.
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments. • Five (5) lanes of continuous warm up will be available.
MEDICAL ASSISTANCE	<ul style="list-style-type: none"> • Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.

Loughmiller Memorial Meet, hosted by FFXF

October 26-27, 2024

Sessions 1 & 3: Warm-up: 7:00am – 8:00am Events: 8:10am

Sessions 2 & 4: Warm-up: 12pm - 12:50pm Events: 1:00pm

Saturday, October 26

Session 1

Event #	AGE	EVENT
1	Mixed 13& Over	200 IM
2	Mixed 13& Over	100 Freestyle
3	Mixed 13& Over	200 Breaststroke
4	Mixed 13& Over	200 Backstroke
5	Mixed 13& Over	100 Butterfly
6	Mixed 13& Over	500 Freestyle

Session 2

Event #	AGE	EVENT
7	Mixed 8 & Under	25 Butterfly
8	Mixed 12 & Under	200 Backstroke
9	Mixed 10 & Under	100 Backstroke
10	Mixed 11-12	200 Freestyle
11	Mixed 8 & Under	25 Backstroke
12	Mixed 11-12	100 Breaststroke
13	Mixed 10 & Under	50 Breaststroke
14	Mixed 12 & Under	200 Breaststroke
15	Mixed 11-12	50 Freestyle
16	Mixed 10 & Under	50 Freestyle
17	Mixed 11-12	50 Butterfly
18	Mixed 10 & Under	100 Butterfly
19	Mixed 11-12	50 Backstroke
20	Mixed 12& Under	200 Butterfly

Sunday, October 27

Session 3

Event #	AGE	EVENT
21	Mixed 13& Over	200 Freestyle
22	Mixed 13& Over	100 Breaststroke
23	Mixed 13& Over	100 Backstroke
24	Mixed 13& Over	400 IM
25	Mixed 13& Over	50 Freestyle
26	Mixed 13& Over	200 Butterfly

Session 4

Event #	AGE	EVENT
27	Mixed 8 & Under	25 Freestyle
28	Mixed 10 & Under	100 Freestyle
29	Mixed 12 & Under	200 IM
30	Mixed 11-12	100 Butterfly
31	Mixed 10 & Under	50 Butterfly
32	Mixed 8 & Under	25 Breaststroke
33	Mixed 11-12	50 Breaststroke
34	Mixed 10 & Under	100 Breaststroke
35	Mixed 11-12	100 Freestyle
36	Mixed 10 & Under	200 Freestyle
37	Mixed 11-12	100 Backstroke
38	Mixed 10 & Under	50 Backstroke
39	Mixed 11-12	100 IM
40	Mixed 10 & Under	100 IM