

TIMING SYSTEM

MAKO HOLIDAY INVITATIONAL

December 13-15, 2024 Sanction # PVC-25-41



MEET DIRECTOR		MEET REFEREE	CLUB (OFFICIALS CHAIR	
Heather Coulson Haddock		John Kost	Ed Byers		
heatherhaddock@makoswimming.net		makomeetref@gmail.com	makosofficials@g	mail.com	
SANCTION	a Holddov.b		Parada Nallay C	Suinamina DVC 25 44	
SAICTION		he sanction of USA Swimming thr	,	_	
		nis sanction it is understood and a	_	_	
	<u> </u>	Nason Makos Swim Team, and Th II be held free and harmless from			
		ason of injuries to anyone during	•	_	
FACILITY		The St. James: Sports and Wel			
			ustrial Road	•	
			d, VA 22151		
		703-23	39-6870		
	· ·	t. James is a 50m x 25yd pool wit		· · · · · · · · · · · · · · · · · · ·	
		yards, running from bulkhead to v		·	
		of 12 lanes will be used for warm-	•	es available for continuous	
		ol down for all sessions during the			
	Water depth	of 7'4" at the starting end and 4'	at the turning end of t	the competition course.	
	The meet ho	sts shall ensure the required cour			
ENTRY		Monday, Novembo	er 25, 2024, 8:00 PM		
DEADLINE		e above date is the deadline for c			
		usually set an earlier deadline to			
SCHEDULE		information. Entries will be acce	•		
SCHEDULE	Session	Warmup 1	Warmup 2	Start Session	
	Friday 12&U	4:15-4:35 pm	4:35-4:55 pm	5:00 pm	
	Saturday 13&0		7:45-8:10 am	8:15 am	
	Saturday 11-1		11:35-11:55 am	12:00 pm	
	Saturday 9-10		4:05-4:25 pm	4:30 pm	
	Sunday 9-10	7:20-7:45 am	7:45-8:10 am	8:15 am	
	Sunday 11-12		11:35-11:55 am	12:00 pm	
	Sunday 13&O	-	4:05-4:25 pm	4:30 pm	
ELICIDII ITV		or reserves the right to adjust time	es/sessions after entri	es are received.	
ELIGIBILITY	Open to all registered USA Swimmers.				
		No swimmer will be permitted to compete in the meet unless the swimmer is registered as an			
	athlete member of USA Swimming as provided in USA Swimming Rules and Regulations, Ar				
	302.				
DISABILITY					
SWIMMERS adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to advance notice of desired accommodations to the Meet Director. The athlete (or a					
				•	
	is also respo	nsible for notifying the session ref	reree of any disability p	orior to competition.	

November 6, 2024 Page 1

Automatic timing (touchpads primary) will be used for all sessions.

RULES	Current USA Swimming rules shall govern this meet.
	 All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
	No on-deck USA Swimming registration is permitted.
	• In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
	Deck changes are prohibited.
	 Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
	 Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
	Dive-over starts will be used for all events, except the 25's.
	• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	All events are timed finals.
	• All entries must have verifiable times achieved since 10/01/2022. NT (no time) will not be accepted for this meet.
	• For the Saturday and Sunday Sessions, athletes may enter a total of six (6) events and no more than three (3) per day.
	• For the Friday session (session 1), athletes 8&U may enter up to 4 events; athletes 9-12 may enter for up to 3 events, and these events will not count towards the maximum (of 6) listed above.
	 Deck entries will be accepted with proof of USA Swimming registration. No new heats will be created.
POSITIVE CHECK IN	 There will be positive check-in for all events 200 yds for Session 1 utilizing a check-in sheet organized by team. The check-in will be due at the start of the session. For Sessions 2 through 7 (Saturday and Sunday) all events will be positive check-in except the first event (both genders) of the session. We will utilize a check-in sheet organized by Team. The check-in will be due at the end of the (last) warmup for each session.
WARM-UP	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments.
MEDICAL ASSISTANCE	Medical assistance will be provided by the facility staff. If you require medical assistance, please
CLIDEDVICION	notify a facility lifeguard or a member of the meet staff.
SUPERVISION	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
SEEDING	 For Session 1 (Fri, 12&Under), all events will be pre-seeded except events 9, 15 and 21 (200yd events). For Session 2 through 7 only the first event will be pre-seeded. All other events for these sessions
	will be using positive check-ins.
AWARDS	 Medals for 1st-8th, Ribbons for 9th-16th place for all 12&Under events. Medals for 1st-3rd, Ribbons for 4th-8th place for all 13&O events. Heat winners will receive a holiday rubber duck.

PROGRAMS	Meet programs will be available on the MAKO website the evening before the meet at www.makoswimming.net.
CREDENTIALS	Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them.
SPECTATOR ENTRY FEE	Teams will be placed in the bleacher area based on number of participants. Spectators may have very limited space in the bleachers.
OFFICIALS	• Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes.
	 Officials interested in volunteering should complete the <u>2024 MAKO Holiday Invitational</u> or contact Ed Byers, <u>makosofficials@gmail.com</u>
	 Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. A comprehensive officials' briefing will precede each session during warm-ups.
TIMERS	Two (2) timers will be used per lane.
	 Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries.
	• Timer signup will be available on the MAKO website, www.makoswimming.net .
ENTRY PROCEDURES	 Entries should be submitted by email to the Meet Director. Heather Coulson Haddock heatherhaddock@makoswimming.net.
	• Include in the subject of the email, "MAKO HOLIDAY INVITATIONAL- ***" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.
	• Include in entry email: entry file, report of entries by name, report of entries by event.
	• In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).
	Entries directly from individual team members will not be accepted.
	Entries by phone or fax will not be accepted.
	• The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.
	 Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	Per Swimmer Surcharge: \$15 Individual Event Fee: \$12 Deck Entries: \$20 plus swimmer surcharge if not already entered in the meet
	Make checks payable to HLR, LLC, and mail to: PO Box 168 Clifton, VA 20124
	Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.
	• Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

MAKO HOLIDAY INVITATIONAL

December 13-15, 2024

Friday, December 13, 2024

12&U: 1st Warm-up 4:15-4:35 pm, 2nd Warm-up 4:35-4:55 pm, Start Time 5:00 pm

Friday, December 13, 2024

GIRLS	EVENT	BOYS
1	8&U 25 Freestyle	2
3	8&U 25 Backstroke	4
5	8&U 25 Breaststroke	6
7	8&U 25 Butterfly	8
9	MIXED 9-12 200 Backstroke	
11	8&U 50 Freestyle	12
13	8&U 50 Backstroke	14
15	MIXED 9-12 200 Breaststroke	
17	8&U 50 Breaststroke	18
19	8&U 50 Butterfly	20
21	MIXED 9-12 200 Butterfly	
23	MIXED 8&U 100 Freestyle	
25	MIXED 8&U 100 IM	

MAKO HOLIDAY INVITATIONAL

Saturday, December 14, 2024

Session	Warmup 1	Warmup 2	Start Session
Saturday 13&O	7:20-7:45 am	7:45-8:10 am	8:15 am
Saturday 11-12	11:15 am-11:35 am	11:35-11:55 am	12:00 pm
Saturday 9-10	3:45-4:05 pm	4:05-4:25 pm	4:30 pm

Sunday, December 15, 2024

Session	Warmup 1	Warmup 2	Start Session
Sunday 9-10	7:20-7:45 am	7:45-8:10 am	8:15 am
Sunday 11-12	11:15 am-11:35 am	11:35-11:55 am	12:00 pm
Sunday 13&O	3:45-4:05 pm	4:05-4:25 pm	4:30 pm

Saturday, December 14, 2024

GIRLS	EVENT	BOYS
27	13&Over 100 Butterfly	28
29	13&Over 50 Freestyle	30
31	13&Over 200 IM	32
33	13&Over 100 Backstroke	34
35	13&Over 200 Breaststroke	36

GIRLS **EVENT BOYS** 11-12 100 Butterfly 37 38 39 11-12 50 Freestyle 40 41 11-12 100 IM 42 43 11-12 100 Backstroke 44 45 11-12 50 Breaststroke 46 47 11-12 MIXED 200 Freestyle

GIRLS	EVENT	BOYS
49	9-10 100 Butterfly	50
51	9-10 50 Freestyle	52
53	9-10 100 IM	54
55	9-10 100 Backstroke	56
57	9-10 50 Breaststroke	58

Sunday, December 15, 2024

GIRLS	EVENT	BOYS
59	9-10 100 Breaststroke	60
61	9-10 50 Backstroke	62
63	9-10 100 Freestyle	64
65	9-10 50 Butterfly	66

GIRLS	EVENT	BOYS
67	11-12 100 Breaststroke	68
69	11-12 50 Backstroke	70
71	11-12 100 Freestyle	72
73	11-12 50 Butterfly	74
75	11-12 MIXED 200 IM	

GIRLS	EVENT	BOYS
77	13&Over 100 Breaststroke	78
79	13&Over 200 Backstroke	80
81	13&Over 100 Freestyle	82
83	13&Over 200 Butterfly	84
85	13&Over 200 Freestyle	86