

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****Event 1 Women 1 mtr Diving****Meet: 543.35 ! 2002****Amanda Blong****Sidwell Friends****League: 543.35 * 2002****Amanda Blong****Sidwell Friends**

	Name	Yr	School		Finals Score	Points
1	Walsh, Caileigh	SO	Stone Ridge School	315.95	333.65	16
2	Berik, Olivia	FR	Georgetown Visitation	NP	267.80	13
3	Merideth, Isabel	JR	Sidwell Friends School	186.65	240.40	12
4	Rudick, Julia	SR	The Holton-Arms School	260.50	238.90	11
5	Henderson, Ella	SR	The Holton-Arms School	NP	226.70	10
6	Tracy, Riley	26	National Cathedral School	176.30	203.30	9
7	Pisula, Casimir	JR	The Holton-Arms School	174.70	193.05	7
8	Kaizer, Maddie	SR	Bullis School	188.20	192.75	5
9	Haag, Amela	JR	Stone Ridge School	NP	185.95	4
10	Levy, Whitney	JR	Stone Ridge School	188.30	185.10	3
11	Fromm, Katie	27	National Cathedral School	NP	184.70	2
---	Matsumoto, Marie	28	National Cathedral School	NP	DNF	

Event 2 Women 200 Yard Medley Relay**Meet: 1:43.62 ! 2020****Stone Ridge****Stone Ridge****League: 1:41.62 * 2020****Bacon, Sun, Gemmell, Thomas****Stone Ridge****Stone Ridge****Bacon, Sun, Gemmell, Thomas**

	Team	Relay	Seed Time	Finals Time	Points
1	Stone Ridge School	A	1:46.30	1:49.29	32
	1) Braden, Cara SO	2) Muller, Quinn FR	3) Rushton, Harper JR	4) Webb, Addison SR	
	27.71	59.89 (32.18)	1:25.46 (25.57)	1:49.29 (23.83)	
2	Potomac School Swim Team	A	1:46.83	1:49.40	26
	1) Douglas, Kate SR	2) Steves, Madeleine SR	3) Russell, Cecelia JR	4) Gray, Ella JR	
	26.76	58.68 (31.92)	1:23.90 (25.22)	1:49.40 (25.50)	
3	The Holton-Arms School	A	1:49.92	1:49.46	24
	1) Wexler, Hannah FR	2) Rogers, Lily SR	3) Roscetti, Natalie FR	4) Ndu, Omannaya SR	
	27.39	59.52 (32.13)	1:26.29 (26.77)	1:49.46 (23.17)	
4	The Madeira School	A	1:51.18	1:53.20	22
	1) Redburn, Diya JR	2) Chen, Katie SO	3) Smith, Kylee FR	4) Fioravanti, Claire	
	29.23	1:02.05 (32.82)	1:28.02 (25.97)	1:53.20 (25.18)	
5	Sidwell Friends School	A	1:55.80	1:53.56	20
	1) Merideth, Isabel JR	2) Harms, Stella FR	3) Harms, Sofia JR	4) Goch, Elliot SO	
	29.57	1:00.35 (30.78)	1:28.20 (27.85)	1:53.56 (25.36)	
6	National Cathedral School	A	1:58.29	1:55.60	18
	1) Latcovich, Madeline 28	2) Muoio, Adele 26	3) Mascott, Avery 26	4) Vickerman, Sofia 26	
	28.26	1:00.93 (32.67)	1:30.60 (29.67)	1:55.60 (25.00)	
7	St Andrew's Episcopal School	A	2:02.96	2:00.51	14
	1) Xiao, Alice SN	2) Brown, Naomi F	3) Long, Piper SN	4) Berry, Fiona SO	
	29.50	1:04.49 (34.99)	1:37.75 (33.26)	2:00.51 (22.76)	
8	Bullis School	A	1:56.27	2:01.02	10
	1) Waterman, Emma FR	2) Propper, Talia FR	3) Simon, Olivia SO	4) Zheng, Emma JR	
	30.91	1:06.26 (35.35)	1:34.11 (27.85)	2:01.02 (26.91)	
9	Flint Hill School	A	2:05.26	2:04.30	8
	1) Ross, Mackenzie 27	2) Hjalmervik, Kaylin 29	3) Michaels, Fiona 28	4) Simons, Zoe 27	
	34.65	1:12.92 (38.27)	1:38.01 (25.09)	2:04.30 (26.29)	
10	St Stephen's & St Agnes	A	1:52.49	2:04.34	6
	1) Dixon, Lordon SO	2) Driscoll, Emma FR	3) Lehman, Chloe SO	4) Richardson, Lillian SO	
	31.84	1:06.48 (34.64)	1:37.41 (30.93)	2:04.34 (26.93)	

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 2 Women 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Finals Time	Points
11	Georgetown Visitation	A	1:58.61	2:04.64	4
	1) Thompson, Mia FR	2) Gallagher, Lilah FR	3) Ingrassia, Katherine JR	4) Zidlicky, MK JR	
	32.56	1:05.19 (32.63) 1:46.11 (40.92)	2:04.64 (18.53)		
12	Episcopal High School	A	2:10.56	2:08.21	2
	1) Crites, Parin JR	2) Pousiou, Isavella JR	3) Lin, Ava SO	4) Chen, Chloe SR	
	30.05	1:06.66 (36.61) 1:40.06 (33.40)	2:08.21 (28.15)		
13	Georgetown Day School	A	2:03.64	2:10.05	
	1) Genia, Madeleine SR	2) Hirsh, Rebecca SO	3) Neppl, Ridgely SO	4) Lim, Sophie SO	
	35.50	1:12.92 (37.42) 1:43.57 (30.65)	2:10.05 (26.48)		
14	Maret School	A	2:23.86	2:14.33	
	1) Clancy, Keira SO	2) Guerrieri-Brown, Giulia JR	3) Gray, Caroline FR	4) Chasin, Zara JR	
	35.38	1:12.22 (36.84) 1:55.26 (43.04)	2:14.33 (19.07)		
15	Holy Child	A	2:01.29	2:23.56	
	1) Opipari, Fran	2) Conley, Addison	3) Klauda, Mattea	4) Zimmerman, Mallory	
	35.77	1:20.45 (44.68) 1:57.28 (36.83)	2:23.56 (26.28)		
---	Stone Ridge School	B	2:03.00	X1:58.08	
	1) Swezey, Charlotte SR	2) Gomez-Espinoza, Isabella JR	3) Jacques, Lily FR	4) Marino, Chase SO	
	29.05	1:03.45 (34.40) 1:32.84 (29.39)	1:58.08 (25.24)		
---	Potomac School Swim Team	B	2:01.00	X1:58.57	
	1) Wood, Katie FR	2) Peery, Maya FR	3) Abbott, Logan JR	4) Majeed-Hall, Aliyah SR	
	32.73	1:03.38 (30.65) 1:32.02 (28.64)	1:58.57 (26.55)		
---	The Madeira School	B	2:00.00	X2:01.42	
	1) Shepard, Lauren JR	2) Choi, Isabella FR	3) George, Kaylee	4) Donnelly, Gabrielle	
	30.66	1:06.49 (35.83) 1:35.87 (29.38)	2:01.42 (25.55)		
---	Sidwell Friends School	B	2:08.19	X2:11.93	
	1) Green, Cami SO	2) Labrou, Lucy JR	3) Kountoupes, Luca SR	4) Aliabadi, Ava FR	
	33.47	1:13.05 (39.58) 1:45.19 (32.14)	2:11.93 (26.74)		
---	National Cathedral School	B	2:27.10	X2:17.82	
	1) Vissing-Morse, Caroline 28	2) Verma, Emma 27	3) Dove, Sophia 26	4) Hur, Lucy 27	
	33.56	1:09.68 (36.12) 1:49.29 (39.61)	2:17.82 (28.53)		
---	The Holton-Arms School	B	2:13.56	X2:18.24	
	1) Hoffman, Liv SR	2) Kuzmuk, Campbell JR	3) Walker, Alice JR	4) Kutko, Sophia SR	
	36.48	1:15.60 (39.12) 1:48.49 (32.89)	2:18.24 (29.75)		
---	Bullis School	B	2:19.99	X2:18.27	
	1) Zaft, June SO	2) Fasuyi, Taqiyah SR	3) Kiang, Vivian FR	4) Ricciardella, Kate FR	
	34.65	1:16.12 (41.47) 1:48.37 (32.25)	2:18.27 (29.90)		
---	Georgetown Visitation	B	2:19.47	X2:20.63	
	1) Breton, Gracie FR	2) Conaton, Cathleen SO	3) Yellin, Valentina JR	4) Milito, Evie FR	
	35.07	1:18.00 (42.93) 1:51.02 (33.02)	2:20.63 (29.61)		
---	Flint Hill School	B	2:31.00	X2:25.89	
	1) Baker, Devon 26	2) Crickenberger, Brooke 26	3) Parker, Camdyn 26	4) Riihimaki, Grace 27	
	39.67	1:32.99 (43.65) 1:56.25 (32.92)	2:25.89 (29.64)		
---	Episcopal High School	B	2:25.00	X2:28.20	
	1) Jewett, Charlie FR	2) Pan, Selina SO	3) Adams, Sloane SO	4) Milner, Matilda SO	
	35.17	1:57.07 ()	2:28.20 (31.13)		
---	St Stephen's & St Agnes	B	NT	X2:38.09	
	1) Pilcher, Katie FR	2) Stackhouse, Laura FR	3) Clift, Marley FR	4) Strauss, Audrey SR	
	45.32	1:28.54 (43.22) 2:06.89 (38.35)	2:38.09 (31.20)		
---	Holy Child	B	3:30.00	XDQ	
	1) Beltran, Sofia	2) Gold, Avi	3) Opipari, Cristiana	4) Collis, Mary	
	58.29	1:53.71 (55.42) DQ (1:16.13)			

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****Event 3 Women 200 Yard Freestyle**

Meet: 1:46.90		!	2020	Erin Gemmell		Stone Ridge		
League: 1:41.55		*	2015	Katie Ledeccky		Stone Ridge		
Name				Yr	School	Seed Time	Finals Time	Points
1	Ahearn, Mara			FR	Stone Ridge School	1:55.46	1:53.25	16
	26.35		54.78 (28.43)		1:24.14 (29.36)	1:53.25 (29.11)		
2	Clattenburg, Hannah			JR	Maret School	1:57.22	1:53.34	13
	26.36		54.86 (28.50)		1:23.92 (29.06)	1:53.34 (29.42)		
3	Day, Gabrielle			JR	Bullis School	1:51.26	1:53.42	12
	26.12		54.60 (28.48)		1:24.24 (29.64)	1:53.42 (29.18)		
4	Ji, Kelly			SO	The Holton-Arms School	1:59.50	1:55.77	11
	26.64		56.10 (29.46)		1:26.33 (30.23)	1:55.77 (29.44)		
5	Russell, Cecelia			JR	Potomac School Swim Team	1:57.52	1:55.95	10
	26.73		56.24 (29.51)		1:26.32 (30.08)	1:55.95 (29.63)		
6	Brock, Lila			JR	St Stephen's & St Agnes	1:52.39	1:57.24	9
	26.70		56.03 (29.33)		1:27.03 (31.00)	1:57.24 (30.21)		
7	Lim, Sophie			SO	Georgetown Day School	1:57.32	1:57.84	7
	27.38		56.83 (29.45)		1:27.45 (30.62)	1:57.84 (30.39)		
8	Chen, Sunny			JR	The Madeira School	1:56.24	1:58.08	5
	26.95		56.94 (29.99)		1:27.41 (30.47)	1:58.08 (30.67)		
9	Fioravanti, Claire				The Madeira School	2:05.80	2:00.67	4
	27.60		58.37 (30.77)		1:30.11 (31.74)	2:00.67 (30.56)		
10	Feinberg, Lydia			FR	Stone Ridge School	2:09.54	2:00.91	3
	28.48		59.70 (31.22)		1:29.95 (30.25)	2:00.91 (30.96)		
11	Georgiou, Maria Olympia			SO	The Holton-Arms School	2:00.68	2:01.56	2
	27.27		57.38 (30.11)		1:29.27 (31.89)	2:01.56 (32.29)		
12	Goch, Elliot			SO	Sidwell Friends School	2:06.45	2:02.55	1
	27.81		58.85 (31.04)		1:31.01 (32.16)	2:02.55 (31.54)		
13	Malm, Hannah			FR	The Holton-Arms School	2:05.03	2:02.68	
	27.98		58.46 (30.48)		1:30.55 (32.09)	2:02.68 (32.13)		
14	Wilson, Mara			FR	Potomac School Swim Team	2:01.83	2:03.72	
	27.62		58.47 (30.85)		1:31.20 (32.73)	2:03.72 (32.52)		
15	Aliabadi, Ava			FR	Sidwell Friends School	2:14.39	2:06.84	
	28.77		1:00.59 (31.82)		1:33.66 (33.07)	2:06.84 (33.18)		
16	Zimmerman, Mallory				Holy Child	2:03.24	2:08.65	
	28.75		1:00.45 (31.70)		1:34.54 (34.09)	2:08.65 (34.11)		
17	Moore, Gilleran			SO	Georgetown Visitation	2:09.26	2:09.43	
	28.49		59.93 (31.44)		1:33.82 (33.89)	2:09.43 (35.61)		
18	Barbee, Sabine			SR	Potomac School Swim Team	2:06.70	2:10.84	
	30.25		1:03.28 (33.03)		1:37.33 (34.05)	2:10.84 (33.51)		
19	Lefavre, Blair			SO	Stone Ridge School	2:10.78	2:11.89	
	28.40		1:00.77 (32.37)		1:35.75 (34.98)	2:11.89 (36.14)		
20	Lehman, Chloe			SO	St Stephen's & St Agnes	2:05.56	2:13.55	
	29.60		1:03.08 (33.48)		1:38.24 (35.16)	2:13.55 (35.31)		
21	Cho, April			SO	The Madeira School	2:15.36	2:17.95	
	29.52		1:03.44 (33.92)		1:40.57 (37.13)	2:17.95 (37.38)		
22	Kiang, Vivian			FR	Bullis School	2:19.38	2:19.56	
	31.07		1:06.53 (35.46)		1:43.76 (37.23)	2:19.56 (35.80)		
23	Dove, Sarah			28	National Cathedral School	2:32.65	2:23.47	
	32.65		1:07.89 (35.24)		1:45.19 (37.30)	2:23.47 (38.28)		
24	Eliot, Ruth			28	National Cathedral School	2:24.29	2:23.77	
	31.53		1:07.58 (36.05)		1:46.45 (38.87)	2:23.77 (37.32)		
25	Ricciardella, Kate			FR	Bullis School	2:31.50	2:26.96	
	31.50		1:08.61 (37.11)		1:48.42 (39.81)	2:26.96 (38.54)		

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 3 Women 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
26	Clancy, Keira	SO	Maret School	2:19.38	2:29.28	
	34.09	1:10.58 (36.49)	1:49.07 (38.49)	2:29.28 (40.21)		
27	Viola, Maeve	SR	Georgetown Visitation	2:26.97	2:29.78	
	33.71	1:11.10 (37.39)	1:50.07 (38.97)	2:29.78 (39.71)		
28	Plishker, Callie	28	National Cathedral School	2:35.17	2:29.90	
	32.16	1:09.44 (37.28)	1:49.84 (40.40)	2:29.90 (40.06)		
29	Jewett, Charlie	FR	Episcopal High School	NT	2:31.17	
	34.69	1:12.73 (38.04)	1:51.60 (38.87)	2:31.17 (39.57)		
30	Chasin, Zara	JR	Maret School	2:32.01	2:35.71	
	34.55	1:13.12 (38.57)	1:54.87 (41.75)	2:35.71 (40.84)		
31	Hurley, Molly	SO	Georgetown Visitation	2:33.34	2:37.07	
	35.03	1:15.32 (40.29)	1:57.06 (41.74)	2:37.07 (40.01)		
32	Liu, Lauren	FR	Sidwell Friends School	NT	2:37.37	
	36.37	1:16.90 (40.53)	1:58.19 (41.29)	2:37.37 (39.18)		
33	Asher, Alexandra	FR	Georgetown Day School	NT	2:40.11	
	34.75	1:14.92 (40.17)	1:58.08 (43.16)	2:40.11 (42.03)		
34	Weigold, Fiona		Holy Child	3:01.07	3:02.03	
	38.80	1:23.12 (44.32)	2:11.83 (48.71)	3:02.03 (50.20)		

Event 4 Women 200 Yard IM

	Meet:	1:59.21	!	2022	Sophie Duncan	Holton-Arms	
	League:	1:55.39	*	2020	Phoebe Bacon	Stone Ridge	
	Name	Yr	School	Seed Time	Finals Time	Points	
1	Busen, McKinley	FR	Potomac School Swim Team	2:13.43	2:08.64	16	
	27.06	59.30 (32.24)	1:37.47 (38.17)	2:08.64 (31.17)			
2	Xiao, Alice	SN	St Andrew's Episcopal School	2:08.34	2:11.69	13	
	27.65	1:00.65 (33.00)	1:40.41 (39.76)	2:11.69 (31.28)			
3	Bremner, Annabelle	JR	St Stephen's & St Agnes	2:08.34	2:11.74	12	
	28.61	1:03.15 (34.54)	1:41.35 (38.20)	2:11.74 (30.39)			
4	Harms, Stella	FR	Sidwell Friends School	2:13.10	2:12.77	11	
	29.65	1:03.15 (33.50)	1:41.09 (37.94)	2:12.77 (31.68)			
5	Walther, Rio	FR	Potomac School Swim Team	2:16.90	2:15.24	10	
	30.05	1:04.76 (34.71)	1:43.51 (38.75)	2:15.24 (31.73)			
6	Muller, Quinn	FR	Stone Ridge School	2:17.03	2:15.57	9	
	29.34	1:04.58 (35.24)	1:45.34 (40.76)	2:15.57 (30.23)			
7	Rabah, Luana	SO	The Holton-Arms School	2:10.76	2:15.88	7	
	28.77	1:02.90 (34.13)	1:43.83 (40.93)	2:15.88 (32.05)			
8	Steves, Madeleine	SR	Potomac School Swim Team	2:12.44	2:17.55	5	
	29.38	1:03.86 (34.48)	1:44.43 (40.57)	2:17.55 (33.12)			
9	Gebre, Arriam	SR	Maret School	2:15.76	2:17.59	4	
	29.71	1:05.22 (35.51)	1:45.19 (39.97)	2:17.59 (32.40)			
10	Gallagher, Lilah	FR	Georgetown Visitation	2:17.68	2:20.75	3	
	30.62	1:06.71 (36.09)	1:47.49 (40.78)	2:20.75 (33.26)			
11	Braden, Cara	SO	Stone Ridge School	2:23.35	2:22.05	2	
	31.24	1:06.72 (35.48)	1:51.07 (44.35)	2:22.05 (30.98)			
12	Shepard, Lauren	JR	The Madeira School	2:24.48	2:22.54	1	
	30.96	1:05.86 (34.90)	1:49.88 (44.02)	2:22.54 (32.66)			
13	Rogers, Lily	SR	The Holton-Arms School	2:17.36	2:23.30		
	30.45	1:07.96 (37.51)	1:48.62 (40.66)	2:23.30 (34.68)			
14	Harms, Sofia	JR	Sidwell Friends School	2:17.60	2:23.55		
	29.51	1:05.54 (36.03)	1:50.03 (44.49)	2:23.55 (33.52)			
15	Redburn, Diya	JR	The Madeira School	2:22.38	2:23.91		
	31.01	1:05.11 (34.10)	1:49.32 (44.21)	2:23.91 (34.59)			

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 4 Women 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time	Points
16	Gomez-Espinoza, Isabella	JR	Stone Ridge School	2:27.93	2:27.30	
	30.82	1:09.60 (38.78)	1:52.30 (42.70)	2:27.30 (35.00)		
17	Choi, Isabella	FR	The Madeira School	2:29.25	2:29.82	
	33.81	1:10.07 (36.26)	1:53.30 (43.23)	2:29.82 (36.52)		
18	Mascott, Avery	26	National Cathedral School	2:31.24	2:32.47	
	31.30	1:10.65 (39.35)	1:56.30 (45.65)	2:32.47 (36.17)		
19	Driscoll, Emma	FR	St Stephen's & St Agnes	2:31.88	2:36.33	
	34.01	1:13.59 (39.58)	1:58.58 (44.99)	2:36.33 (37.75)		
20	Yellin, Valentina	JR	Georgetown Visitation	2:31.06	2:38.35	
	35.29	1:16.41 (41.12)	2:02.51 (46.10)	2:38.35 (35.84)		
21	Hirsh, Rebecca	SO	Georgetown Day School	2:36.28	2:38.52	
	32.14	1:15.50 (43.36)	2:01.80 (46.30)	2:38.52 (36.72)		
22	Labrou, Lucy	JR	Sidwell Friends School	NT	2:46.36	
	35.99	1:17.61 (41.62)	2:07.49 (49.88)	2:46.36 (38.87)		
23	Vissing-Morse, Caroline	28	National Cathedral School	2:51.49	2:46.40	
	35.88	2:07.21 (1:31.33)	2:46.40 (39.19)			
24	Breton, Gracie	FR	Georgetown Visitation	NT	2:49.91	
	37.81	1:19.13 (41.32)	2:12.01 (52.88)	2:49.91 (37.90)		
25	Klauda, Mattea		Holy Child	3:03.80	3:01.36	
	38.12	1:25.71 (47.59)	2:22.39 (56.68)	3:01.36 (38.97)		
---	Weliwitigoda, Mila	FR	The Holton-Arms School	2:20.54	DQ	
	28.04	1:02.21 (34.17)	1:45.33 (43.12)	DQ (31.49)		
---	Agnew, Emma		Holy Child	3:17.31	DQ	
	38.44	1:28.96 (50.52)	2:26.74 (57.78)	DQ (49.19)		

Event 5 Women 50 Yard Freestyle

Meet: 22.73 ! 2022				Erin Gemmell		Stone Ridge	
League: 22.69 * 2015				Caroline McTaggart		Holton-Arms	
	Name	Yr	School	Seed Time	Finals Time	Points	
1	Roemer, Samantha	SO	Stone Ridge School	23.68	23.56	16	
2	Douglas, Kate	SR	Potomac School Swim Team	23.69	23.97	13	
3	Ndu, Omannaya	SR	The Holton-Arms School	24.29	24.21	12	
4	Foster, Lydia	JR	The Madeira School	24.33	24.27	11	
5	Smith, Kylee	FR	The Madeira School	25.58	24.64	10	
6	Webb, Addison	SR	Stone Ridge School	24.64	24.81	9	
7	Vickerman, Sofia	26	National Cathedral School	25.62	25.48	7	
8	Muoio, Adele	26	National Cathedral School	25.52	25.62	5	
9	Gallagher, Gabby	FR	Georgetown Visitation	25.49	25.86	4	
10	Marino, Chase	SO	Stone Ridge School	25.65	25.94	3	
11	Roscetti, Natalie	FR	The Holton-Arms School	25.94	25.97	2	
12	Gray, Ella	JR	Potomac School Swim Team	27.15	26.20	1	
13	Donnelly, Gabrielle		The Madeira School	26.62	26.21		
14	Simon, Olivia	SO	Bullis School	25.86	26.49		
15	Simons, Zoe	27	Flint Hill School	27.16	26.57		
16	Staley, Blythe	SR	The Holton-Arms School	26.58	26.66		
17	Long, Piper	SN	St Andrew's Episcopal School	26.40	26.88		
18	Majeed-Hall, Aliyah	SR	Potomac School Swim Team	26.31	27.09		
19	Zur, Brooke	28	Flint Hill School	27.06	27.51		
20	Hjalmervik, Kaylin	29	Flint Hill School	27.40	28.26		
21	Zidlicky, MK	JR	Georgetown Visitation	27.76	28.71		
22	Richardson, Lillian	SO	St Stephen's & St Agnes	30.13	28.90		
23	Guerra, Leyla	FR	Georgetown Day School	29.00	29.17		
24	Berry, Fiona	SO	St Andrew's Episcopal School	29.48	29.18		

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 5 Women 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
25	Kountoupes, Luca	SR	Sidwell Friends School	29.56	29.20	
26	Verma, Emma	27	National Cathedral School	29.35	29.23	
27	Gray, Caroline	FR	Maret School	29.68	29.48	
28	Guerrieri-Brown, Giulia	JR	Maret School	30.55	29.84	
29	Chawla, Maia	JR	Bullis School	29.31	30.33	
30	Rutherford, Annie	SR	Georgetown Visitation	NT	30.40	
31	Strauss, Audrey	SR	St Stephen's & St Agnes	30.63	31.03	
32	Rand, Maya	FR	Georgetown Day School	35.19	33.46	
33	Clift, Marley	FR	St Stephen's & St Agnes	32.66	33.49	
34	Dawit, Adonna	JR	Sidwell Friends School	33.88	33.56	
35	Conley, Addison		Holy Child	31.83	33.57	
36	Davies, Poppy	SR	Georgetown Day School	32.97	33.72	
37	Heaton, Libby	JU	St Andrew's Episcopal School	33.72	33.96	
38	Collis, Mary		Holy Child	34.88	34.67	
39	Fasuyi, Taqiyah	SR	Bullis School	33.29	34.69	
40	Priest, Avery	SO	Episcopal High School	NT	35.41	
41	Millar, MiMi	FR	Maret School	37.21	36.65	
42	Tavakkoli, Ava	JR	Sidwell Friends School	41.51	42.46	

Event 6 Women 100 Yard Butterfly

	Meet: League:	52.84 52.84	! * 2020	2020	Phoebe Bacon Phoebe Bacon		Stone Ridge Stone Ridge	
	Name			Yr	School	Seed Time	Finals Time	Points
1	Russell, Cecelia			JR	Potomac School Swim Team	57.59	56.15	16
		26.20						
			56.15	(29.95)				
2	Rushton, Harper			JR	Stone Ridge School	58.53	57.28	13
		26.77						
			57.28	(30.51)				
3	Chen, Sunny			JR	The Madeira School	57.46	57.62	12
		27.02						
			57.62	(30.60)				
4	Clattenburg, Hannah			JR	Maret School	1:00.14	57.64	11
		26.99						
			57.64	(30.65)				
5	Kass, Erin				The Madeira School	58.38	58.06	10
		27.02						
			58.06	(31.04)				
6	Xiao, Alice			SN	St Andrew's Episcopal School	56.32	58.60	9
		27.40						
			58.60	(31.20)				
7	Propper, Ella			JR	Bullis School	1:01.89	59.54	7
		28.84						
			59.54	(30.70)				
8	Thomas, Ellie			FR	The Holton-Arms School	1:03.38	1:00.27	5
		27.97						
			1:00.27	(32.30)				
9	Rabah, Luana			SO	The Holton-Arms School	1:00.31	1:00.58	4
		28.32						
			1:00.58	(32.26)				
10	Georgiou, Maria Olympia			SO	The Holton-Arms School	1:01.62	1:01.74	3
		28.82						
			1:01.74	(32.92)				
11	Wilson, Mara			FR	Potomac School Swim Team	1:03.37	1:02.13	2
		28.70						
			1:02.13	(33.43)				
12	Harms, Sofia			JR	Sidwell Friends School	1:01.16	1:02.98	1
		30.15						
			1:02.98	(32.83)				
13	Long, Piper			SN	St Andrew's Episcopal School	1:01.18	1:03.72	
		29.56						
			1:03.72	(34.16)				
14	DiBella, Clara			FR	The Madeira School	1:06.20	1:03.74	
		28.91						
			1:03.74	(34.83)				
15	Bhargava, Arya			FR	Potomac School Swim Team	1:06.82	1:05.56	
		29.22						
			1:05.56	(36.34)				

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 6 Women 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time	Points
16	Mascott, Avery	26	National Cathedral School	1:05.62	1:06.18	
	31.36	1:06.18 (34.82)				
17	Michaels, Fiona	28	Flint Hill School	1:09.38	1:06.76	
	30.79	1:06.76 (35.97)				
18	Jacques, Lily	FR	Stone Ridge School	1:12.24	1:08.17	
	30.90	1:08.17 (37.27)				
19	Lowell, Sylvie	SO	Stone Ridge School	1:10.62	1:08.87	
	31.01	1:08.87 (37.86)				
20	Dixon, Lordon	SO	St Stephen's & St Agnes	1:13.65	1:10.39	
	32.87	1:10.39 (37.52)				
21	Ingrassia, Katherine	JR	Georgetown Visitation	1:10.24	1:11.81	
	34.15	1:11.81 (37.66)				
22	Neppl, Ridgely	SO	Georgetown Day School	1:10.81	1:12.72	
	34.89	1:12.72 (37.83)				
23	Opipari, Fran		Holy Child	1:09.21	1:16.00	
	34.10	1:16.00 (41.90)				
24	Thompson, Mia	FR	Georgetown Visitation	1:16.13	1:18.35	
	35.77	1:18.35 (42.58)				
25	Chawla, Maia	JR	Bullis School	1:17.49	1:19.57	
	35.81	1:19.57 (43.76)				
26	Lin, Ava	SO	Episcopal High School	NT	1:19.76	
	37.17	1:19.76 (42.59)				
27	Klauda, Mattea		Holy Child	1:23.30	1:20.69	
	36.62	1:20.69 (44.07)				
28	Smiley, Kate	FR	Georgetown Visitation	NT	1:24.66	
	38.67	1:24.66 (45.99)				
29	Asher, Alexandra	FR	Georgetown Day School	NT	1:36.73	
	40.40	1:36.73 (56.33)				
30	Opipari, Cristiana		Holy Child	1:43.26	1:39.21	
	45.69	1:39.21 (53.52)				
31	Dove, Sophia	26	National Cathedral School	1:43.47	1:41.00	
	44.40	1:41.00 (56.60)				

Event 7 Women 100 Yard Freestyle

	Meet:	48.80	!	2023	Erin Gemmell		Stone Ridge	
	League:	48.19	*	2023	Erin Gemmell		Stone Ridge	
	Name			Yr	School	Seed Time	Finals Time	Points
1	Roemer, Samantha			SO	Stone Ridge School	51.04	51.40	16
		24.80						
2	Ji, Kelly			SO	The Holton-Arms School	52.60	53.00	13
		25.53						
3	Webb, Addison			SR	Stone Ridge School	53.94	54.00	12
		26.13						
4	Foster, Lydia			JR	The Madeira School	53.76	54.47	11
		25.69						
5	Latcovich, Madeline			28	National Cathedral School	55.90	54.77	10
		26.35						
6	Ndu, Omannaya			SR	The Holton-Arms School	55.80	55.36	9
		25.87						
7	Goch, Elliot			SO	Sidwell Friends School	NT	55.86	7
		26.56						
8	Muoio, Adele			26	National Cathedral School	58.15	57.18	5
		27.51						

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 7 Women 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
9	Gallagher, Gabby	FR	Georgetown Visitation	56.71	57.25	4
	28.10		57.25 (29.15)			
10	Waterman, Emma	FR	Bullis School	1:04.68	57.86	3
	27.23		57.86 (30.63)			
11	Sislen, Tea	JR	Maret School	57.88	57.91	2
	27.92		57.91 (29.99)			
12	Staley, Blythe	SR	The Holton-Arms School	57.07	58.25	1
	27.91		58.25 (30.34)			
13	Donnelly, Gabrielle		The Madeira School	59.85	58.68	
	28.06		58.68 (30.62)			
*14	Lefavre, Blair	SO	Stone Ridge School	59.96	58.92	
	27.77		58.92 (31.15)			
*14	Perkins, Lucy	SR	St Stephen's & St Agnes	57.13	58.92	
	27.56		58.92 (31.36)			
16	Chen, Katie	SO	The Madeira School	59.62	59.60	
	28.22		59.60 (31.38)			
17	Majeed-Hall, Aliyah	SR	Potomac School Swim Team	59.17	1:00.53	
	27.89		1:00.53 (32.64)			
18	Zur, Brooke	28	Flint Hill School	1:00.59	1:00.87	
	28.72		1:00.87 (32.15)			
19	Wood, Katie	FR	Potomac School Swim Team	1:03.68	1:01.46	
	28.88		1:01.46 (32.58)			
20	Backus, Helena	SO	Potomac School Swim Team	1:01.39	1:01.48	
	28.49		1:01.48 (32.99)			
21	Brown, Naomi	F	St Andrew's Episcopal School	NT	1:02.45	
	29.83		1:02.45 (32.62)			
22	Driscoll, Emma	FR	St Stephen's & St Agnes	1:01.47	1:02.52	
	29.33		1:02.52 (33.19)			
23	Hirsh, Rebecca	SO	Georgetown Day School	1:10.67	1:02.68	
	30.85		1:02.68 (31.83)			
24	Obeng, Stella	28	Flint Hill School	1:04.40	1:04.15	
	29.62		1:04.15 (34.53)			
25	Kountoupes, Luca	SR	Sidwell Friends School	1:07.09	1:04.68	
	31.07		1:04.68 (33.61)			
26	Hur, Lucy	27	National Cathedral School	1:04.71	1:05.10	
	31.01		1:05.10 (34.09)			
27	Zaft, June	SO	Bullis School	1:04.86	1:05.22	
	31.44		1:05.22 (33.78)			
28	Gray, Caroline	FR	Maret School	1:08.19	1:05.33	
	31.80		1:05.33 (33.53)			
29	Zidlicky, MK	JR	Georgetown Visitation	1:05.08	1:06.18	
	30.95		1:06.18 (35.23)			
30	Adams, Sloane	SO	Episcopal High School	NT	1:09.74	
	32.00		1:09.74 (37.74)			
31	Riihimaki, Grace	27	Flint Hill School	1:12.34	1:10.02	
	31.84		1:10.02 (38.18)			
32	Genia, Madeleine	SR	Georgetown Day School	1:10.80	1:10.61	
	32.93		1:10.61 (37.68)			
33	Milner, Matilda	SO	Episcopal High School	NT	1:10.83	
	33.76		1:10.83 (37.07)			
34	Apostol, Hadley	JR	Georgetown Visitation	NT	1:11.82	
	33.80		1:11.82 (38.02)			
35	Liu, Lauren	FR	Sidwell Friends School	1:12.67	1:12.07	
	34.05		1:12.07 (38.02)			

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 7 Women 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
36	Strauss, Audrey	SR	St Stephen's & St Agnes	1:13.58	1:12.62	
	34.32		1:12.62 (38.30)			
37	Heaton, Libby	JU	St Andrew's Episcopal School	1:14.34	1:14.94	
	35.49		1:14.94 (39.45)			
38	Agnew, Emma		Holy Child	1:15.32	1:18.84	
	37.22		1:18.84 (41.62)			
39	Adesnik-Chu, Clara	F	St Andrew's Episcopal School	1:24.16	1:22.00	
	38.88		1:22.00 (43.12)			
40	Fasuyi, Taqiyah	SR	Bullis School	1:20.11	1:22.79	
	38.41		1:22.79 (44.38)			
41	Opipari, Cristiana		Holy Child	1:30.83	1:26.87	
	39.97		1:26.87 (46.90)			
42	Millar, MiMi	FR	Maret School	1:34.68	1:32.20	
	43.53		1:32.20 (48.67)			
43	Olivos, Jennifer		Holy Child	2:03.33	1:55.51	
	50.90		1:55.51 (1:04.61)			

Event 8 Women 500 Yard Freestyle

Meet: 4:45.82 ! 2012		Katie Ledecky		Stone Ridge	
League: 4:26.58 * 2015		Katie Ledecky		Stone Ridge	
Name	Yr	School	Seed Time	Finals Time	Points
1 Ahearn, Mara	FR	Stone Ridge School	5:07.53	4:55.74	16
27.52		56.58 (29.06)	1:26.11 (29.53)	1:56.01 (29.90)	
2:26.30 (30.29)		2:56.34 (30.04)	3:26.44 (30.10)	3:56.53 (30.09)	
4:26.51 (29.98)		4:55.74 (29.23)			
2 Busen, McKinley	FR	Potomac School Swim Team	5:13.91	5:03.71	13
27.65		57.60 (29.95)	1:28.18 (30.58)	1:58.91 (30.73)	
2:29.81 (30.90)		3:00.55 (30.74)	3:31.33 (30.78)	4:02.26 (30.93)	
4:33.17 (30.91)		5:03.71 (30.54)			
3 Propper, Ella	JR	Bullis School	5:07.83	5:08.98	12
28.64		59.67 (31.03)	1:31.34 (31.67)	2:02.89 (31.55)	
2:34.30 (31.41)		3:05.66 (31.36)	3:36.51 (30.85)	4:07.63 (31.12)	
4:38.48 (30.85)		5:08.98 (30.50)			
4 Brock, Lila	JR	St Stephen's & St Agnes	5:06.76	5:14.15	11
28.20		59.69 (31.49)	1:31.67 (31.98)	2:03.80 (32.13)	
2:36.07 (32.27)		3:08.21 (32.14)	3:39.89 (31.68)	4:11.94 (32.05)	
4:43.93 (31.99)		5:14.15 (30.22)			
5 Lim, Sophie	SO	Georgetown Day School	5:12.86	5:14.37	10
29.21		1:00.45 (31.24)	1:32.03 (31.58)	2:03.74 (31.71)	
2:35.98 (32.24)		3:08.20 (32.22)	3:40.28 (32.08)	4:12.68 (32.40)	
4:44.38 (31.70)		5:14.37 (29.99)			
6 Weliwitigoda, Mila	FR	The Holton-Arms School	5:22.75	5:15.68	9
27.54		57.78 (30.24)	1:29.10 (31.32)	2:01.29 (32.19)	
2:33.68 (32.39)		3:06.16 (32.48)	3:38.91 (32.75)	4:11.53 (32.62)	
4:43.65 (32.12)		5:15.68 (32.03)			
7 Wexler, Hannah	FR	The Holton-Arms School	5:20.57	5:16.73	7
28.24		59.10 (30.86)	1:31.28 (32.18)	2:03.83 (32.55)	
2:36.09 (32.26)		3:08.33 (32.24)	3:40.95 (32.62)	4:13.56 (32.61)	
4:45.63 (32.07)		5:16.73 (31.10)			
8 Swezey, Charlotte	SR	Stone Ridge School	5:15.85	5:24.81	5
28.88		1:00.35 (31.47)	1:32.47 (32.12)	2:05.17 (32.70)	
2:37.95 (32.78)		3:11.07 (33.12)	3:44.56 (33.49)	4:18.13 (33.57)	
4:51.81 (33.68)		5:24.81 (33.00)			

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 8 Women 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
9	Fioravanti, Claire		The Madeira School	5:33.49	5:27.08	4
	28.27	59.50 (31.23)	1:31.93 (32.43)	2:05.02 (33.09)		
	2:38.79 (33.77)	3:12.42 (33.63)	3:46.51 (34.09)	4:20.51 (34.00)		
	4:54.30 (33.79)	5:27.08 (32.78)				
10	Feinberg, Lydia	FR	Stone Ridge School	5:42.98	5:29.41	3
	28.91	1:01.24 (32.33)	1:35.16 (33.92)	2:09.11 (33.95)		
	2:43.34 (34.23)	3:16.47 (33.13)	3:49.94 (33.47)	4:23.36 (33.42)		
	4:56.88 (33.52)	5:29.41 (32.53)				
11	Propper, Talia	FR	Bullis School	5:48.12	5:36.14	2
	29.26	1:01.90 (32.64)	1:35.30 (33.40)	2:09.34 (34.04)		
	2:43.59 (34.25)	3:18.01 (34.42)	3:52.58 (34.57)	4:27.34 (34.76)		
	5:01.78 (34.44)	5:36.14 (34.36)				
12	Malm, Hannah	FR	The Holton-Arms School	5:34.16	5:37.45	1
	28.63	1:00.32 (31.69)	1:33.25 (32.93)	2:07.43 (34.18)		
	2:42.00 (34.57)	3:16.83 (34.83)	3:52.21 (35.38)	4:27.63 (35.42)		
	5:03.20 (35.57)	5:37.45 (34.25)				
13	Abbott, Logan	JR	Potomac School Swim Team	5:55.56	5:41.61	
	28.95	1:01.71 (32.76)	1:35.40 (33.69)	2:09.94 (34.54)		
	2:45.01 (35.07)	3:19.99 (34.98)	3:55.28 (35.29)	4:31.08 (35.80)		
	5:06.89 (35.81)	5:41.61 (34.72)				
14	Barbee, Sabine	SR	Potomac School Swim Team	5:36.01	5:48.00	
	31.13	1:05.17 (34.04)	1:40.56 (35.39)	2:15.87 (35.31)		
	2:51.62 (35.75)	3:27.61 (35.99)	4:03.49 (35.88)	4:39.12 (35.63)		
	5:14.36 (35.24)	5:48.00 (33.64)				
15	Zimmerman, Mallory		Holy Child	NT	5:50.59	
	31.43	1:06.32 (34.89)	1:42.21 (35.89)	2:18.06 (35.85)		
	2:54.13 (36.07)	3:29.99 (35.86)	4:06.06 (36.07)	4:41.56 (35.50)		
	5:16.78 (35.22)	5:50.59 (33.81)				
16	Moore, Gilleran	SO	Georgetown Visitation	5:50.66	5:51.37	
	30.05	1:03.39 (33.34)	1:38.23 (34.84)	2:13.67 (35.44)		
	2:49.76 (36.09)	3:26.34 (36.58)	4:02.55 (36.21)	4:39.22 (36.67)		
	5:15.89 (36.67)	5:51.37 (35.48)				
17	Yellin, Valentina	JR	Georgetown Visitation	6:01.46	6:09.38	
	33.23	1:09.39 (36.16)	1:47.10 (37.71)	2:24.46 (37.36)		
	3:02.10 (37.64)	3:40.48 (38.38)	4:18.50 (38.02)	4:56.90 (38.40)		
	5:34.57 (37.67)	6:09.38 (34.81)				
18	Porter, Emily		The Madeira School	6:17.19	6:15.50	
	31.97	1:09.25 (37.28)	1:47.11 (37.86)	2:25.83 (38.72)		
	3:04.18 (38.35)	3:43.23 (39.05)	4:21.99 (38.76)	5:00.71 (38.72)		
	5:38.76 (38.05)	6:15.50 (36.74)				
19	George, Kaylee		The Madeira School	6:20.94	6:21.15	
	32.43	1:09.10 (36.67)	1:47.23 (38.13)	2:26.44 (39.21)		
	3:05.59 (39.15)	3:44.74 (39.15)	4:24.95 (40.21)	5:04.21 (39.26)		
	5:44.15 (39.94)	6:21.15 (37.00)				
20	Berry, Fiona	SO	St Andrew's Episcopal School	6:14.76	6:21.77	
	32.47	1:09.47 (37.00)	1:47.76 (38.29)	2:25.51 (37.75)		
	3:04.81 (39.30)	3:44.64 (39.83)	4:24.64 (40.00)	5:04.32 (39.68)		
	5:44.33 (40.01)	6:21.77 (37.44)				
21	Breton, Gracie	FR	Georgetown Visitation	6:18.01	6:26.70	
	34.87	1:13.05 (38.18)	1:51.76 (38.71)	2:30.60 (38.84)		
	3:09.70 (39.10)	3:49.92 (40.22)	4:29.86 (39.94)	5:10.20 (40.34)		
	5:48.19 (37.99)	6:26.70 (38.51)				

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 8 Women 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
22	Ricciardella, Kate	FR	Bullis School	6:41.89	6:28.58	
	33.94	1:12.68 (38.74)	1:52.57 (39.89)	2:32.79 (40.22)		
	3:12.69 (39.90)	3:52.84 (40.15)	4:33.58 (40.74)	5:12.53 (38.95)		
	5:52.19 (39.66)	6:28.58 (36.39)				
23	Green, Cami	SO	Sidwell Friends School	6:06.84	6:29.95	
	33.54	1:10.49 (36.95)	1:48.52 (38.03)	2:28.00 (39.48)		
	3:08.18 (40.18)	3:48.55 (40.37)	4:29.48 (40.93)	5:10.59 (41.11)		
	5:50.97 (40.38)	6:29.95 (38.98)				
24	Plishker, Callie	28	National Cathedral School	6:40.83	6:46.69	
	34.11	1:13.69 (39.58)	1:54.77 (41.08)	2:36.31 (41.54)		
	3:17.58 (41.27)	4:01.01 (43.43)	4:42.87 (41.86)	5:25.01 (42.14)		
	6:06.90 (41.89)	6:46.69 (39.79)				
25	Dawit, Adonna	JR	Sidwell Friends School	8:01.40	7:47.92	
	39.35	1:23.72 (44.37)	2:10.78 (47.06)	2:58.52 (47.74)		
	3:48.07 (49.55)	4:37.66 (49.59)	5:26.64 (48.98)	6:14.74 (48.10)		
	7:03.33 (48.59)	7:47.92 (44.59)				
26	Terlep, Lucy		Holy Child	NT	8:30.25	
	41.69	1:26.89 (45.20)	2:17.05 (50.16)	3:07.64 (50.59)		
	4:03.02 (55.38)	4:56.71 (53.69)	5:50.68 (53.97)	6:44.51 (53.83)		
	7:37.66 (53.15)	8:30.25 (52.59)				
27	Weigold, Fiona		Holy Child	8:35.63	8:37.53	
	42.93	1:33.51 (50.58)	2:26.21 (52.70)	3:19.28 (53.07)		
	4:13.69 (54.41)	5:08.20 (54.51)	6:02.85 (54.65)	6:56.28 (53.43)		
	7:49.09 (52.81)	8:37.53 (48.44)				
---	Dove, Sarah	28	National Cathedral School	6:59.04	DNF	

Event 9 Women 200 Yard Freestyle Relay**Meet: 1:35.07 ! 2020****Stone Ridge
Higgins, Chen, Sun, Gemmell****Stone Ridge****League: 1:33.27 * 2022****Stone Ridge
Sun, Goetcheus, Webb, Gemmell****Stone Ridge**

	Team	Relay	Seed Time	Finals Time	Points
1	The Madeira School	A	1:35.83	1:36.53	32
	1) Foster, Lydia JR	2) Chen, Sunny JR	3) Smith, Kylee FR	4) Kass, Erin	
	24.57	48.81 (24.24)	1:12.68 (23.87)	1:36.53 (23.85)	
2	Stone Ridge School	A	1:42.75	1:38.81	26
	1) Webb, Addison SR	2) Marino, Chase SO	3) Ahearn, Mara FR	4) Roemer, Samantha SO	
	24.66	50.46 (25.80)	1:15.25 (24.79)	1:38.81 (23.56)	
3	The Holton-Arms School	A	1:38.20	1:39.08	24
	1) Ndu, Omannaya SR	2) Rabah, Luana SO	3) Roscetti, Natalie FR	4) Ji, Kelly SO	
	24.43	49.41 (24.98)	1:15.12 (25.71)	1:39.08 (23.96)	
4	Bullis School	A	1:38.75	1:41.91	22
	1) Simon, Olivia SO	2) Proper, Ella JR	3) Zheng, Emma JR	4) Day, Gabrielle JR	
	25.70	51.90 (26.20)	1:22.10 (30.20)	1:41.91 (19.81)	
5	Potomac School Swim Team	A	1:42.81	1:42.04	20
	1) Walther, Rio FR	2) Busen, McKinley FR	3) Wilson, Mara FR	4) Gray, Ella JR	
	25.50	50.20 (24.70)	1:16.05 (25.85)	1:42.04 (25.99)	
6	National Cathedral School	A	1:40.26	1:43.87	18
	1) Latcovich, Madeline 28	2) Mascott, Avery 26	3) Vickerman, Sofia 26	4) Muoio, Adele 26	
	25.44	53.58 (28.14)	1:18.78 (25.20)	1:43.87 (25.09)	
7	St Stephen's & St Agnes	A	1:39.95	1:44.31	14
	1) Bremner, Annabelle JR	2) Brock, Lila JR	3) Perkins, Lucy SR	4) Driscoll, Emma FR	
	25.72	50.81 (25.09)	1:16.94 (26.13)	1:44.31 (27.37)	

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 9 Women 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Finals Time	Points
8	Maret School	A	1:49.98	1:45.54	10
	1) Clattenburg, Hannah JR	2) Gray, Caroline FR	3) Gebre, Arriam SR	4) Sislen, Tea JR	
	24.01	52.87 (28.86)	1:19.48 (26.61)	1:45.54 (26.06)	
9	Flint Hill School	A	1:49.10	1:49.76	8
	1) Simons, Zoe 27	2) Zur, Brooke 28	3) Obeng, Stella 28	4) Hjalmervik, Kaylin 29	
	26.73	53.94 (27.21)	1:22.06 (28.12)	1:49.76 (27.70)	
10	St Andrew's Episcopal School	A	1:55.56	1:50.38	6
	1) Xiao, Alice SN	2) Berry, Fiona SO	3) Brown, Naomi F	4) Long, Piper SN	
	26.24	55.49 (29.25)	1:23.99 (28.50)	1:50.38 (26.39)	
11	Georgetown Day School	A	1:50.25	1:51.61	4
	1) Neppl, Ridgely SO	2) Guerra, Leyla FR	3) Hirsh, Rebecca SO	4) Lim, Sophie SO	
	28.19	1:11.85 (43.66)	1:28.90 (17.05)	1:51.61 (22.71)	
12	Georgetown Visitation	A	1:47.13	1:51.88	2
	1) Gallagher, Lilah FR	2) Milito, Evie FR	3) Zidlicky, MK JR	4) Gallagher, Gabby FR	
	26.57	1:01.53 (34.96)	1:24.78 (23.25)	1:51.88 (27.10)	
13	Sidwell Friends School	A	1:46.43	1:56.12	
	1) Aliabadi, Ava FR	2) Labrou, Lucy JR	3) Kountoupes, Luca SR	4) Green, Cami SO	
	26.99	56.82 (29.83)	1:25.66 (28.84)	1:56.12 (30.46)	
14	Episcopal High School	A	1:55.73	1:56.39	
	1) Crites, Parin JR	2) Pousiou, Isavella JR	3) Lin, Ava SO	4) Chen, Chloe SR	
	28.51	57.70 (29.19)	1:28.00 (30.30)	1:56.39 (28.39)	
15	Holy Child	A	1:47.74	2:04.75	
	1) Opiari, Fran	2) Agnew, Emma	3) Conley, Addison	4) Zimmerman, Mallory	
	31.27	1:04.58 (33.31)	1:36.45 (31.87)	2:04.75 (28.30)	
---	The Madeira School	B	1:47.00	X1:46.53	
	1) DiBella, Clara FR	2) Donnelly, Gabrielle	3) Cho, April SO	4) Fioravanti, Claire	
	26.16	52.94 (26.78)	1:20.55 (27.61)	1:46.53 (25.98)	
---	Stone Ridge School	B	1:49.80	X1:49.01	
	1) Gomez-Espinoza, Isabella JR	2) Lefavre, Blair SO	3) Jacques, Lily FR	4) Lowell, Sylvie SO	
	26.81	53.45 (26.64)	1:21.46 (28.01)	1:49.01 (27.55)	
---	Potomac School Swim Team	B	1:54.00	X1:51.45	
	1) McEwen, Claire SR	2) Bhargava, Arya FR	3) Minsky, Dasha SR	4) Piester, Charis SO	
	29.55	56.50 (26.95)	1:24.79 (28.29)	1:51.45 (26.66)	
---	Bullis School	B	2:05.99	X1:53.74	
	1) Waterman, Emma FR	2) Kiang, Vivian FR	3) Ricciardella, Kate FR	4) Zaft, June SO	
	26.70	55.29 (28.59)	1:24.93 (29.64)	1:53.74 (28.81)	
---	National Cathedral School	B	2:02.00	X2:00.10	
	1) Dove, Sophia 26	2) Hur, Lucy 27	3) Plishker, Callie 28	4) Eliot, Ruth 28	
	31.63	1:00.96 (29.33)	1:30.79 (29.83)	2:00.10 (29.31)	
---	Flint Hill School	B	2:00.00	X2:00.11	
	1) Ross, Mackenzie 27	2) Riihimaki, Grace 27	3) Hunstad, Bailey 29	4) Parker, Camdyn 26	
	29.41	1:00.15 (30.74)	1:31.62 (31.47)	2:00.11 (28.49)	
---	St Stephen's & St Agnes	B	NT	X2:01.13	
	1) Dixon, Lordon SO	2) Richardson, Lillian SO	3) Strauss, Audrey SR	4) Clift, Marley FR	
	29.10	1:03.76 (34.66)	1:28.19 (24.43)	2:01.13 (32.94)	
---	Georgetown Day School	B	2:03.00	X2:09.14	
	1) Genia, Madeleine SR	2) Davies, Poppy SR	3) Rand, Maya FR	4) Asher, Alexandra FR	
	30.23	1:03.05 (32.82)	1:36.91 (33.86)	2:09.14 (32.23)	
---	Georgetown Visitation	B	2:07.87	X2:10.79	
	1) Conaton, Cathleen SO	2) Hayek, Lynley FR	3) Hurley, Molly SO	4) Apostol, Hadley JR	
	34.98	1:07.88 (32.90)	1:39.44 (31.56)	2:10.79 (31.35)	
---	The Holton-Arms School	B	2:12.94	X2:18.72	
	1) Green, Talia JR	2) Simone, Averill JR	3) Hebron, Drew JR	4) Udler, Reese SR	
	34.57	1:04.01 (29.44)	1:35.93 (31.92)	2:18.72 (42.79)	

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 9 Women 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Episcopal High School	B	2:20.00	X2:18.86	
1) Milner, Matilda SO	2) Stovall, Corbett FR	3) Pan, Selina SO	4) Priest, Avery SO	
31.40	1:08.63 (37.23)	1:44.48 (35.85)	2:18.86 (34.38)	
--- Holy Child	B	3:36.00	X2:34.42	
1) Albornoz, Alicia	2) White, Amalia	3) Doppman, Anna	4) Gold, Avi	
38.19	1:15.46 (37.27)	1:54.07 (38.61)	2:34.42 (40.35)	

Event 10 Women 100 Yard Backstroke

Meet:	51.39	!	2020	Phoebe Bacon	Stone Ridge		
League:	50.89	*	2020	Phoebe Bacon	Stone Ridge		
Name	Yr	School	Seed Time	Finals Time	Points		
1 Kass, Erin		The Madeira School	58.28	55.80	16		
27.16		55.80 (28.64)					
2 Douglas, Kate		SR Potomac School Swim Team	55.18	56.17	13		
27.28		56.17 (28.89)					
3 Rushton, Harper		JR Stone Ridge School	1:00.19	58.82	12		
28.20		58.82 (30.62)					
4 Wexler, Hannah		FR The Holton-Arms School	1:02.07	58.93	11		
29.23		58.93 (29.70)					
5 Latcovich, Madeline		28 National Cathedral School	1:02.08	1:00.92	10		
29.68		1:00.92 (31.24)					
6 Braden, Cara		SO Stone Ridge School	1:01.82	1:00.98	9		
29.70		1:00.98 (31.28)					
7 Thomas, Ellie		FR The Holton-Arms School	1:03.35	1:01.00	7		
29.72		1:01.00 (31.28)					
8 Swezey, Charlotte		SR Stone Ridge School	1:02.02	1:01.83	5		
29.77		1:01.83 (32.06)					
9 Abbott, Logan		JR Potomac School Swim Team	1:03.79	1:02.21	4		
29.51		1:02.21 (32.70)					
10 Redburn, Diya		JR The Madeira School	1:01.16	1:02.39	3		
30.15		1:02.39 (32.24)					
11 Merideth, Isabel		JR Sidwell Friends School	1:02.33	1:03.56	2		
30.26		1:03.56 (33.30)					
12 Shepard, Lauren		JR The Madeira School	1:04.99	1:04.48	1		
31.35		1:04.48 (33.13)					
13 Crites, Parin		JR Episcopal High School	1:05.71	1:04.50			
31.70		1:04.50 (32.80)					
14 Gray, Ella		JR Potomac School Swim Team	1:04.66	1:04.75			
31.36		1:04.75 (33.39)					
15 Sislen, Tea		JR Maret School	1:03.41	1:04.88			
31.49		1:04.88 (33.39)					
16 Perkins, Lucy		SR St Stephen's & St Agnes	1:02.77	1:05.25			
31.28		1:05.25 (33.97)					
17 Waterman, Emma		FR Bullis School	1:09.29	1:05.98			
31.81		1:05.98 (34.17)					
18 Vickerman, Sofia		26 National Cathedral School	1:07.86	1:05.99			
31.52		1:05.99 (34.47)					
19 Kiang, Vivian		FR Bullis School	1:11.25	1:09.14			
33.44		1:09.14 (35.70)					
20 Hagen, Lucy		SR The Holton-Arms School	1:07.73	1:09.81			
32.79		1:09.81 (37.02)					
21 Thompson, Mia		FR Georgetown Visitation	1:10.77	1:11.13			
33.94		1:11.13 (37.19)					
22 Vissing-Morse, Caroline		28 National Cathedral School	1:14.25	1:11.27			

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 10 Women 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
23	Michaels, Fiona	28	Flint Hill School	1:13.64	1:11.63	
	35.41	1:11.63 (36.22)				
24	Clancy, Keira	SO	Maret School	1:16.41	1:14.72	
	36.84	1:14.72 (37.88)				
25	Zaft, June	SO	Bullis School	1:16.15	1:15.55	
	36.96	1:15.55 (38.59)				
26	Labrou, Lucy	JR	Sidwell Friends School	1:21.28	1:17.39	
	37.71	1:17.39 (39.68)				
27	Jewett, Charlie	FR	Episcopal High School	1:22.93	1:17.71	
	38.37	1:17.71 (39.34)				
28	Neppl, Ridgely	SO	Georgetown Day School	NT	1:17.84	
	37.49	1:17.84 (40.35)				
29	Genia, Madeleine	SR	Georgetown Day School	1:19.43	1:19.34	
	38.25	1:19.34 (41.09)				
30	Rutherford, Annie	SR	Georgetown Visitation	1:23.92	1:20.71	
	37.68	1:20.71 (43.03)				
31	Adams, Sloane	SO	Episcopal High School	NT	1:23.01	
	40.18	1:23.01 (42.83)				
32	Smiley, Kate	FR	Georgetown Visitation	NT	1:24.49	
	40.88	1:24.49 (43.61)				
33	Baker, Devon	26	Flint Hill School	1:25.17	1:26.72	
	42.27	1:26.72 (44.45)				
34	Richardson, Lillian	SO	St Stephen's & St Agnes	1:29.40	1:28.38	
	41.05	1:28.38 (47.33)				
35	Adesnik-Chu, Clara	F	St Andrew's Episcopal School	NT	1:33.51	
	45.35	1:33.51 (48.16)				
36	Pilcher, Katie	FR	St Stephen's & St Agnes	1:39.12	1:42.83	
37	Tellez-Leon, Mariana		Holy Child	1:49.26	1:51.69	
	52.12	1:51.69 (59.57)				
---	Verkoren, Elise	27	Flint Hill School	NT	DQ	
	51.33	DQ (1:00.49)				

Event 11 Women 100 Yard Breaststroke

Meet:		1:03.85	!	2020	Eleanor Sun	Stone Ridge		
League:		1:01.46	*	2019	Phoebe Bacon	Stone Ridge		
Name				Yr	School	Seed Time	Finals Time	Points
1	Harms, Stella			FR	Sidwell Friends School	1:09.78	1:08.27	16
	32.65			1:08.27 (35.62)				
2	Bremner, Annabelle			JR	St Stephen's & St Agnes	1:05.37	1:08.49	13
	32.23			1:08.49 (36.26)				
3	Walther, Rio			FR	Potomac School Swim Team	1:10.24	1:08.73	12
	32.30			1:08.73 (36.43)				
4	Steves, Madeleine			SR	Potomac School Swim Team	1:09.07	1:10.23	11
	32.73			1:10.23 (37.50)				
5	Gallagher, Lilah			FR	Georgetown Visitation	1:10.62	1:10.78	10
	33.26			1:10.78 (37.52)				
6	Muller, Quinn			FR	Stone Ridge School	1:13.87	1:11.11	9
	33.74			1:11.11 (37.37)				
7	Rogers, Lily			SR	The Holton-Arms School	1:08.91	1:11.42	7
	33.61			1:11.42 (37.81)				
8	Gebre, Arriam			SR	Maret School	1:09.38	1:11.56	5
	34.69			1:11.56 (36.87)				
9	Peery, Maya			FR	Potomac School Swim Team	1:12.39	1:12.63	4
	33.72			1:12.63 (38.91)				

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 11 Women 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
10	Aliabadi, Ava	FR	Sidwell Friends School	1:17.29	1:12.77	3
	34.30	1:12.77 (38.47)				
11	Chen, Katie	SO	The Madeira School	1:12.96	1:13.92	2
	34.76	1:13.92 (39.16)				
12	Zheng, Emma	JR	Bullis School	1:13.58	1:14.29	1
	34.81	1:14.29 (39.48)				
13	Watkins, Caroline	SR	The Holton-Arms School	1:14.61	1:14.51	
	34.59	1:14.51 (39.92)				
14	Roscetti, Natalie	FR	The Holton-Arms School	1:16.15	1:15.21	
	35.68	1:15.21 (39.53)				
15	Gomez-Espinoza, Isabella	JR	Stone Ridge School	1:17.30	1:15.26	
	35.62	1:15.26 (39.64)				
16	Lowell, Sylvie	SO	Stone Ridge School	1:18.64	1:17.16	
	34.94	1:17.16 (42.22)				
17	Brown, Naomi	F	St Andrew's Episcopal School	1:24.63	1:17.69	
	36.42	1:17.69 (41.27)				
18	Propper, Talia	FR	Bullis School	1:23.46	1:18.98	
	36.76	1:18.98 (42.22)				
19	Choi, Olivia		The Madeira School	1:19.34	1:19.29	
	37.47	1:19.29 (41.82)				
20	Dixon, Lordon	SO	St Stephen's & St Agnes	1:19.77	1:20.93	
	37.99	1:20.93 (42.94)				
21	Verma, Emma	27	National Cathedral School	1:23.47	1:21.20	
	38.75	1:21.20 (42.45)				
22	Ingrassia, Katherine	JR	Georgetown Visitation	1:14.47	1:22.11	
	39.40	1:22.11 (42.71)				
23	Pousiou, Isavella	JR	Episcopal High School	1:24.82	1:22.21	
	37.95	1:22.21 (44.26)				
24	Guerrieri-Brown, Giulia	JR	Maret School	1:23.15	1:23.11	
	38.72	1:23.11 (44.39)				
25	Obeng, Stella	28	Flint Hill School	1:18.61	1:25.31	
	39.32	1:25.31 (45.99)				
26	Opipari, Fran		Holy Child	1:25.68	1:25.64	
	40.67	1:25.64 (44.97)				
27	Viola, Maeve	SR	Georgetown Visitation	1:24.61	1:28.33	
	41.24	1:28.33 (47.09)				
28	Chasin, Zara	JR	Maret School	1:29.16	1:31.41	
	42.80	1:31.41 (48.61)				
29	Chawla, Leena	29	National Cathedral School	1:34.10	1:37.91	
	45.34	1:37.91 (52.57)				
30	Stackhouse, Laura	FR	St Stephen's & St Agnes	1:39.27	1:38.03	
	45.54	1:38.03 (52.49)				
31	Rand, Maya	FR	Georgetown Day School	1:36.84	1:39.65	
	46.80	1:39.65 (52.85)				
32	Beltran, Sofia		Holy Child	1:58.47	1:58.03	
	54.37	1:58.03 (1:03.66)				
---	Albornoz, Alicia		Holy Child	1:52.73	DQ	
	52.52	DQ (1:00.89)				
---	Tavakkoli, Ava	JR	Sidwell Friends School	NT	DQ	
	48.73	DQ (1:01.98)				
---	Choi, Isabella	FR	The Madeira School	1:16.67	DQ	
	36.59	DQ (39.82)				

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****Event 12 Women 400 Yard Freestyle Relay****Meet: 3:26.16 ! 2020****Stone Ridge
Chen, Higgins, Thomas, Bacon****Stone Ridge****League: 3:22.97 * 2023****Stone Ridge
Sun, LeFaivre, Webb, Gemmell****Stone Ridge**

Team	Relay	Seed Time	Finals Time	Points
1 Stone Ridge School	A	3:39.49	3:34.69	32
1) Rushton, Harper JR	2) Muller, Quinn FR	3) Ahearn, Mara FR	4) Roemer, Samantha SO	
25.98	53.29 (53.29)	1:19.89 (26.60)	1:49.13 (55.84)	
2:14.85 (25.72)	2:42.82 (53.69)	3:07.63 (24.81)	3:34.69 (51.87)	
2 The Holton-Arms School	A	3:36.52	3:35.46	26
1) Ji, Kelly SO	2) Rabah, Luana SO	3) Georgiou, Maria Olympia SO	4) Wexler, Hannah FR	
25.34	52.79 (52.79)	1:18.38 (25.59)	1:47.34 (54.55)	
2:13.04 (25.70)	2:42.23 (54.89)	3:07.69 (25.46)	3:35.46 (53.23)	
3 Potomac School Swim Team	A	3:45.92	3:35.84	24
1) Russell, Cecelia JR	2) Busen, McKinley FR	3) Wilson, Mara FR	4) Douglas, Kate SR	
26.12	54.06 (54.06)	1:19.65 (25.59)	1:47.68 (53.62)	
2:14.34 (26.66)	2:43.77 (56.09)	3:08.40 (24.63)	3:35.84 (52.07)	
4 Bullis School	A	3:38.74	3:43.48	22
1) Zheng, Emma JR	2) Propper, Ella JR	3) Simon, Olivia SO	4) Day, Gabrielle JR	
27.22	56.85 (56.85)	1:24.36 (27.51)	1:54.05 (57.20)	
2:20.53 (26.48)	2:50.36 (56.31)	3:15.41 (25.05)	3:43.48 (53.12)	
5 Sidwell Friends School	A	3:51.07	3:46.56	20
1) Merideth, Isabel JR	2) Harms, Sofia JR	3) Harms, Stella FR	4) Goch, Elliot SO	
27.28	56.83 (56.83)	1:24.47 (27.64)	1:55.64 (58.81)	
2:21.59 (25.95)	2:50.25 (54.61)	3:16.86 (26.61)	3:46.56 (56.31)	
6 Maret School	A	3:51.24	3:51.22	18
1) Clattenburg, Hannah JR	2) Gebre, Arriam SR	3) Clancy, Keira SO	4) Sislen, Tea JR	
25.13	52.22 (52.22)	1:19.22 (27.00)	1:50.06 (57.84)	
2:20.16 (30.10)	2:53.28 (1:03.22)	3:20.84 (27.56)	3:51.22 (57.94)	
7 St Stephen's & St Agnes	A	3:37.13	3:53.41	14
1) Perkins, Lucy SR	2) Brock, Lila JR	3) Lehman, Chloe SO	4) Bremner, Annabelle JR	
27.75	1:00.91 (1:00.91)	1:26.93 (26.02)	1:56.17 (55.26)	
2:24.46 (28.29)	2:56.68 (1:00.51)	3:23.37 (26.69)	3:53.41 (56.73)	
8 Flint Hill School	A	4:08.90	4:06.52	10
1) Hjalmervik, Kaylin 29	2) Zur, Brooke 28	3) Obeng, Stella 28	4) Simons, Zoe 27	
30.34	1:02.06 (1:02.06)	1:21.85 (19.79)	2:02.45 (1:00.39)	
2:32.99 (30.54)	3:07.60 (1:05.15)	3:36.04 (28.44)	4:06.52 (58.92)	
9 Georgetown Visitation	A	4:02.34	4:12.52	8
1) Yellin, Valentina JR	2) Moore, Gilleran SO	3) Ingrassia, Katherine JR	4) Gallagher, Gabby FR	
31.74	1:06.12 (1:06.12)	1:35.17 (29.05)	2:07.50 (1:01.38)	
2:38.23 (30.73)	3:18.68 (1:11.18)	3:41.69 (23.01)	4:12.52 (53.84)	
10 National Cathedral School	A	4:24.89	4:23.21	6
1) Eliot, Ruth 28	2) Verma, Emma 27	3) Plishker, Callie 28	4) Hur, Lucy 27	
30.36	1:03.20 (1:03.20)	1:35.19 (31.99)	2:09.99 (1:06.79)	
2:41.64 (31.65)	3:18.36 (1:08.37)	3:49.15 (30.79)	4:23.21 (1:04.85)	
11 Episcopal High School	A	4:25.02	4:26.08	4
1) Chen, Chloe SR	2) Lin, Ava SO	3) Crites, Parin JR	4) Pousiou, Isavella JR	
31.35	1:05.79 (1:05.79)	1:38.76 (32.97)	2:14.50 (1:08.71)	
2:46.36 (31.86)	3:19.90 (1:05.40)	3:51.85 (31.95)	4:26.08 (1:06.18)	
12 Georgetown Day School	A	4:04.28	4:57.98	2
1) Asher, Alexandra FR	2) Rand, Maya FR	3) Davies, Poppy SR	4) Guerra, Leyla FR	
34.93	1:14.23 (1:14.23)	1:32.35 (18.12)		
3:11.36 ()	4:00.12 ()	4:22.06 (21.94)	4:57.98 (57.86)	

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 12 Women 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Holy Child	A	4:42.25	DQ	
1) Oipari, Cristiana	2) Tellez-Leon, Mariana	3) Beltran, Sofia	4) Agnew, Emma	
38.69	1:28.22 (1:28.22)	2:03.96 (35.74)	2:54.70 (1:26.48)	
	4:38.82 (1:44.12)	5:10.28 (31.46)	DQ (1:13.45)	
--- The Madeira School	A	3:32.52	DQ	
1) Foster, Lydia JR	2) Chen, Sunny JR	3) Smith, Kylee FR	4) Kass, Erin	
25.57	54.47 (54.47)	1:19.49 (25.02)	1:47.24 (52.77)	
2:11.89 (24.65)	2:39.87 (52.63)	3:05.10 (25.23)	DQ (53.26)	

Event 105 Girls 50 Yard Freestyle - Relay Lead Off

Meet:	24.96	!	2000	Jessica Brosch	Stone Ridge
Name	Yr	School	Seed Time	Finals Time	
1 Clattenburg, Hannah	JR	Maret School	NT	24.01!	
2 Ndu, Omannaya	SR	The Holton-Arms School	NT	24.43!	
3 Foster, Lydia	JR	The Madeira School	NT	24.57!	
4 Webb, Addison	SR	Stone Ridge School	NT	24.66!	
5 Latcovich, Madeline	28	National Cathedral School	NT	25.44	
6 Walther, Rio	FR	Potomac School Swim Team	NT	25.50	
7 Simon, Olivia	SO	Bullis School	NT	25.70	
8 Bremner, Annabelle	JR	St Stephen's & St Agnes	NT	25.72	
9 DiBella, Clara	FR	The Madeira School	NT	26.16	
10 Xiao, Alice	SN	St Andrew's Episcopal School	NT	26.24	
11 Gallagher, Lilah	FR	Georgetown Visitation	NT	26.57	
12 Waterman, Emma	FR	Bullis School	NT	26.70	
13 Simons, Zoe	27	Flint Hill School	NT	26.73	
14 Gomez-Espinoza, Isabella	JR	Stone Ridge School	NT	26.81	
15 Aliabadi, Ava	FR	Sidwell Friends School	NT	26.99	
16 Neppl, Ridgely	SO	Georgetown Day School	NT	28.19	
17 Crites, Parin	JR	Episcopal High School	NT	28.51	
18 Dixon, London	SO	St Stephen's & St Agnes	NT	29.10	
19 Ross, Mackenzie	27	Flint Hill School	NT	29.41	
20 McEwen, Claire	SR	Potomac School Swim Team	NT	29.55	
21 Genia, Madeleine	SR	Georgetown Day School	NT	30.23	
22 Oipari, Fran		Holy Child	NT	31.27	
23 Milner, Matilda	SO	Episcopal High School	NT	31.40	
24 Dove, Sophia	26	National Cathedral School	NT	31.63	
25 Green, Talia	JR	The Holton-Arms School	NT	34.57	
26 Conaton, Cathleen	SO	Georgetown Visitation	NT	34.98	
27 Albornoz, Alicia		Holy Child	NT	38.19	

Event 107 Girls 100 Yard Freestyle - Relay Lead Off

Meet:	54.02	!	1999	Jessica Bosch	Stone Ridge
Name	Yr	School	Seed Time	Finals Time	
1 Ji, Kelly	SO	The Holton-Arms School	NT	52.79!	
2 Rushton, Harper	JR	Stone Ridge School	NT	53.29!	
3 Russell, Cecelia	JR	Potomac School Swim Team	NT	54.06	
4 Foster, Lydia	JR	The Madeira School	NT	54.47	
5 Clattenburg, Hannah	JR	Maret School	NT	55.22	
6 Merideth, Isabel	JR	Sidwell Friends School	NT	56.83	
7 Zheng, Emma	JR	Bullis School	NT	56.85	
8 Perkins, Lucy	SR	St Stephen's & St Agnes	NT	1:00.91	
9 Hjalmerik, Kaylin	29	Flint Hill School	NT	1:02.06	
10 Eliot, Ruth	28	National Cathedral School	NT	1:03.20	

2026 ISL Swimming & Diving Championships - 1/15/2026 to 1/16/2026**Results****(Event 107 Girls 100 Yard Freestyle - Relay Lead Off)**

	Name	Yr	School	Seed Time	Finals Time
11	Chen, Chloe	SR	Episcopal High School	NT	1:05.79
12	Yellin, Valentina	JR	Georgetown Visitation	NT	1:06.12
13	Asher, Alexandra	FR	Georgetown Day School	NT	1:14.23
14	Opipari, Cristiana		Holy Child	NT	1:28.22