

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****Event 1 Boys 200 Yard Medley Relay**

WCAC Meet: 1:33.49 \$ 1/25/2025		DeMatha Catholic High School		DeMatha	
Team	Relay	Seed Time	Finals Time	Points	
1 DeMatha Catholic High School	A	1:33.00	1:35.97	40	
1) Vaughn, Jordan SR	2) Hamilton, Jack SR	3) Jungbluth, Alexander JR	4) Lombardo, Jonathan JR		
24.90	50.79 (25.89)	1:13.80 (23.01)	1:35.97 (22.17)		
2 Gonzaga College High School	A	1:37.24	1:38.90	34	
1) Makepeace, Archie SR	2) House, Nate SO	3) Tovornik, Jackson JR	4) Parfomak, Kasper JR		
25.64	53.38 (27.74)	1:16.46 (23.08)	1:38.90 (22.44)		
3 Bishop O'Connell High School	A	1:38.12	1:39.07	32	
1) Rowan, Graham SR	2) Masterson, Colton FR	3) Mullen, Paul SR	4) Worthen, Jermaine SR		
25.00	52.97 (27.97)	1:16.79 (23.82)	1:39.07 (22.28)		
4 St. John's College High School	A	1:39.51	1:39.42	30	
1) Gravell, Jack FR	2) Pryor, Teddy SO	3) Fry, Patrick JR	4) Moncton, Wesley FR		
25.20	52.85 (27.65)	1:17.04 (24.19)	1:39.42 (22.38)		
5 Our Lady of Good Counsel	A	1:40.35	1:42.37	28	
1) Drews, Roman JR	2) Seager, Austin JR	3) Avalos Restrepo, Nicolas SR	4) Cobb, Jason JR		
25.91	54.34 (28.43)	1:20.64 (26.30)	1:42.37 (21.73)		
6 St. Paul VI High School	A	1:36.52	1:44.05	26	
1) LaForme, Preston SO	2) Choi, Zach JR	3) Caputo, Henry SR	4) Sexton, AJ SR		
27.19	55.39 (28.20)	1:21.59 (26.20)	1:44.05 (22.46)		
7 Bishop Ireton High School	A	1:42.03	1:44.46	24	
1) Fuqua, Jack SR	2) Corley, Connor JR	3) Johnson, Peter SR	4) Lentini, Jack JR		
25.88	55.10 (29.22)	1:21.81 (26.71)	1:44.46 (22.65)		
8 The Heights School	A	1:37.62	1:47.83	22	
1) Eschmann, John SR	2) Verderese, Nicholas JR	3) Klump, Thomas FR	4) Stadelmann, Lucas JR		
27.75	58.41 (30.66)	1:24.24 (25.83)	1:47.83 (23.59)		
9 Ryken High School	A	NT	2:07.20	18	
1) Curry, Collin Fr	2) Pavis, Logan	3) Thompson, Mike	4) Rapp, Leland Jr		
36.03	1:13.37 (37.34)	1:39.21 (25.84)	2:07.20 (27.99)		
10 Bishop McNamara High School (N)	A	NT	2:08.44	14	
1) Dickerson, MJ SR	2) Mosley, Dewayne JR	3) Harris, Joshua JR	4) Woolfolk, Xavier JR		
34.32	1:08.08 (33.76)	1:39.83 (31.75)	2:08.44 (28.61)		
--- Bishop O'Connell High School	B	1:46.43	X1:44.48		
1) Murdock, Keagan JR	2) Detten, Rai SO	3) Cru Molter, Phillip SR	4) Kinsella, James JR		
26.64	56.14 (29.50)	1:21.18 (25.04)	1:44.48 (23.30)		
--- DeMatha Catholic High School	B	1:40.41	X1:45.82		
1) Boykin, Dakotah FR	2) Foran, Declan SR	3) Thomas, Tripp FR	4) Brown, Ben JR		
28.42	59.24 (30.82)	1:23.39 (24.15)	1:45.82 (22.43)		
--- Our Lady of Good Counsel	B	1:55.11	X1:52.87		
1) Smith, Brendan SO	2) Markovitz, Evan SR	3) Murphy, Alex SO	4) Avalos Restrepo, Sebastian SR		
31.60	1:02.48 (30.88)	1:28.98 (26.50)	1:52.87 (23.89)		
--- St. Paul VI High School	B	NT	X1:58.47		
1) Putchala, Adeesh JR	2) Rommelmeyer, William SR	3) Cepeda, Nico FR	4) Wang, Eric FR		
30.05	1:01.81 (31.76)	1:30.45 (28.64)	1:58.47 (28.02)		
--- St. John's College High School	B	2:01.10	X2:00.85		
1) Bocock, Alex SO	2) Collis, Ford SR	3) Socias, Jorge FR	4) Deoudes, JR SR		
32.44	1:06.64 (34.20)	1:33.88 (27.24)	2:00.85 (26.97)		
--- Bishop Ireton High School	B	NT	X2:04.13		
1) Schmidt, Lucas FR	2) Turner, Tyler FR	3) Heinrichs, Howard FR	4) Forrer, Colman FR		
33.77	1:06.95 (33.18)	1:36.48 (29.53)	2:04.13 (27.65)		
--- Gonzaga College High School	B	NT	X2:18.60		
1) Frownfelter, Aidan SO	2) Buchanan, Hank FR	3) Hillebrenner, James FR	4) Bourke, Lucian FR		
35.90	1:16.00 (40.10)	1:48.03 (32.03)	2:18.60 (30.57)		

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****Event 2 Girls 200 Yard Medley Relay**

WCAC Meet: 1:47.45 \$ 1/25/2025		Our Lady of Good Counsel		Good Counsel	
Team	Relay	Seed Time	Finals Time	Points	
1 Our Lady of Good Counsel	A	1:52.20	1:48.12	40	
1) Johnson, Lexi FR	2) Kincaid, Kellie SR	3) Inman, Maddie JR	4) Watkins, Celia SR		
27.12	58.08 (30.96)	1:23.59 (25.51)	1:48.12 (24.53)		
2 St. John's College High School	A	1:49.12	1:53.95	34	
1) Leung, Alaina FR	2) Andrews, Abby SO	3) Lang, Graciela SO	4) Potter, Addison SO		
30.51	1:02.02 (31.51)	1:29.27 (27.25)	1:53.95 (24.68)		
3 Bishop Ireton High School	A	1:53.98	1:54.33	32	
1) Vanlandingham, Avery SO	2) Bliss, Sophie JR	3) Hooff, Lainey SO	4) Forrer, Marcella SR		
27.66	1:01.05 (33.39)	1:29.19 (28.14)	1:54.33 (25.14)		
4 Bishop O'Connell High School	A	1:50.02	1:55.13	30	
1) Rowan, Elliott SO	2) Sullivan, Anna SR	3) McEvoy, Isabel FR	4) Ouimet, Katherine FR		
28.05	59.44 (31.39)	1:29.12 (29.68)	1:55.13 (26.01)		
5 St. Paul VI High School	A	1:52.28	1:59.37	28	
1) Krepinevich, Meaghan SO	2) Murphy, Kimi SR	3) Noyes, Logan SO	4) Lewis, Reilly		
30.13	1:14.93 (44.80)	1:32.70 (17.77)	1:59.37 (26.67)		
6 Elizabeth Seton Varsity Swimmi	A	2:02.00	2:01.33	26	
1) David, Nicole FR	2) Parsons, Kiera SR	3) Hammer, Sophia JR	4) Vaughan, Leah SO		
31.63	1:03.00 (31.37)	1:33.99 (30.99)	2:01.33 (27.34)		
7 Academy OF The Holy Cross	A	1:50.71	2:02.56	24	
1) Fiery, Eden SR	2) Grah, Sophie SR	3) Lopez, Samantha SO	4) Ruesch, Eva JR		
31.68	1:04.75 (33.07)	1:34.74 (29.99)	2:02.56 (27.82)		
8 Ryken High School	A	2:18.90	2:09.22	22	
1) Weilke, Amelia	2) Lagana, Ashlyn	3) Strutt, Isabelle	4) Gensley, Miranda		
34.67	1:08.80 (34.13)	1:39.10 (30.30)	2:09.22 (30.12)		
9 Bishop McNamara High School (M	A	NT	2:33.38	18	
1) Greer, Katie FR	2) Nguyen, Alyssa JR	3) Mitchell, ZZ SO	4) Gaskins, Autumn FR		
51.31	1:28.91 (37.60)	2:07.36 (38.45)	2:33.38 (26.02)		
--- Our Lady of Good Counsel	B	2:00.99	X1:58.70		
1) Schaefer, Hailey SR	2) Barish, Gemma JR	3) Kemp, Josie JR	4) Manning, Virginia FR		
31.67	1:04.56 (32.89)	1:32.71 (28.15)	1:58.70 (25.99)		
--- Bishop O'Connell High School	B	2:04.84	X2:01.77		
1) Feeley, Emerson SR	2) Cervenak, Reagan SR	3) Crombe, Dylan	4) Kinsella, Molly SR		
31.57	1:05.38 (33.81)	1:35.31 (29.93)	2:01.77 (26.46)		
--- St. Paul VI High School	B	NT	X2:07.97		
1) Taddeo, Elisabeth	2) Schemm, Carolina	3) Bailey, Annabelle JR	4) Corsino, Marisa		
34.97	1:14.90 (39.93)	1:40.44 (25.54)	2:07.97 (27.53)		
--- Bishop Ireton High School	B	NT	X2:12.65		
1) Luff, Maggie SR	2) Dwyer, Neve JR	3) Yi, Julia FR	4) Kyle, Bella SR		
32.58	1:15.75 (43.17)	1:50.85 (35.10)	2:12.65 (21.80)		
--- Academy OF The Holy Cross	B	NT	X2:18.83		
1) Howard, Jillian JR	2) Mauthripragada, Asha SO	3) Tovar, Valeria SR	4) Morris, Ella SO		
36.83	1:14.47 (37.64)	1:46.94 (32.47)	2:18.83 (31.89)		
--- Ryken High School	B	2:36.89	X2:20.42		
1) Yi, Terri	2) Phillips, Ruby	3) Selwood, Elizabeth Fr	4) Ashley, Kirsten Jr		
35.80	1:13.09 (37.29)	1:48.48 (35.39)	2:20.42 (31.94)		
--- St. John's College High School	B	2:32.66	X2:26.58		
1) Leung, Elsie SR	2) Tymon, Reagan SR	3) Melia, Annabelle SR	4) Budd, Daphney SR		
38.09	1:18.91 (40.82)	2:02.08 (43.17)	2:26.58 (24.50)		
--- Elizabeth Seton Varsity Swimmi	B	2:27.49	X2:29.64		
1) Amador, Elizabeth SO	2) Johnston, Riley SR	3) Coble, Lily JR	4) Sharpe, Zadia SO		
37.69	1:18.17 (40.48)	1:56.85 (38.68)	2:29.64 (32.79)		

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****Event 3 Boys 200 Yard Freestyle**

WCAC Meet: 1:39.39 \$ 1/25/2025		Joshua Lopez		DeMatha		
Name		Yr	School	Seed Time	Finals Time	Points
1 Mullen, Paul		SR	Bishop O'Connell High School	1:43.41	1:42.91	20
	24.76					
		51.02 (26.26)	1:17.19 (26.17)	1:42.91 (25.72)		
2 Zakorchemny, Cooper		SR	Our Lady of Good Counsel	1:42.03	1:43.34	17
	24.23					
		50.33 (26.10)	1:16.88 (26.55)	1:43.34 (26.46)		
3 Reeves, Kaz		JR	DeMatha Catholic High School	1:49.67	1:46.10	16
	24.89					
		51.44 (26.55)	1:18.60 (27.16)	1:46.10 (27.50)		
4 Adebiyi, Alexander		SO	DeMatha Catholic High School	1:47.96	1:46.51	15
	24.60					
		51.49 (26.89)	1:19.38 (27.89)	1:46.51 (27.13)		
5 Dawson, John		JR	St. John's College High School	1:46.71	1:46.81	14
	24.69					
		51.96 (27.27)	1:19.54 (27.58)	1:46.81 (27.27)		
6 Gangemi, Cole		SO	Gonzaga College High School	1:46.06	1:48.15	13
	25.67					
		52.68 (27.01)	1:20.82 (28.14)	1:48.15 (27.33)		
7 Nedd, Christopher		SO	DeMatha Catholic High School	1:47.40	1:48.24	12
	25.41					
		52.90 (27.49)	1:21.01 (28.11)	1:48.24 (27.23)		
8 Thiede, George		JR	Gonzaga College High School	1:52.73	1:48.84	11
9 Schoch, Sam		SO	St. John's College High School	1:47.81	1:49.93	9
	25.73					
		53.75 (28.02)	1:22.36 (28.61)	1:49.93 (27.57)		
10 Bailey, Matthew		SO	The Heights School	1:49.30	1:50.05	7
	25.93					
		53.87 (27.94)	1:22.28 (28.41)	1:50.05 (27.77)		
11 Fahle, Keaghan		SR	Bishop O'Connell High School	1:49.86	1:50.78	6
	25.97					
		53.69 (27.72)	1:22.36 (28.67)	1:50.78 (28.42)		
12 Makepeace, Archie		SR	Gonzaga College High School	1:51.43	1:51.00	5
13 Longmore, Lucas		Fr	Ryken High School	1:55.74	1:52.36	4
	26.34					
		54.26 (27.92)	1:23.19 (28.93)	1:52.36 (29.17)		
14 Kimpel, Rex		JR	St. John's College High School	1:51.85	1:52.71	3
	25.80					
		53.69 (27.89)	1:23.05 (29.36)	1:52.71 (29.66)		
15 Tworkowski, Alec		JR	Our Lady of Good Counsel	2:02.96	1:57.27	2
	25.90					
		54.99 (29.09)	1:25.99 (31.00)	1:57.27 (31.28)		
16 Sheehey, Pete		JR	Bishop O'Connell High School	2:02.12	1:57.68	1
	27.20					
		56.57 (29.37)	1:26.92 (30.35)	1:57.68 (30.76)		
17 Duffy, Connor		SO	St. Paul VI High School	2:01.42	2:00.37	
18 Selwood, Henry			Ryken High School	2:00.23	2:02.12	
19 Tenney, Rafael		SO	The Heights School	2:03.54	2:04.24	
	28.26					
		59.78 (31.52)	1:32.81 (33.03)	2:04.24 (31.43)		
20 Heisler, Nick		JR	St. Paul VI High School	2:02.95	2:04.80	
	27.90					
		58.67 (30.77)	1:31.65 (32.98)	2:04.80 (33.15)		
21 Zemek, Peter		SO	The Heights School	2:17.90	2:05.26	
	28.47					
		59.72 (31.25)	1:32.34 (32.62)	2:05.26 (32.92)		
22 Mahar, Mike		FR	Bishop Ireton High School	2:11.20	2:12.55	
	29.20					
		1:03.20 (34.00)	1:38.59 (35.39)	2:12.55 (33.96)		
23 Heinrichs, Howard		FR	Bishop Ireton High School	2:15.23	2:18.38	
	29.47					
		1:03.64 (34.17)	2:18.38 (1:14.74)			
24 Smith, Brendan		SO	Our Lady of Good Counsel	2:22.36	2:23.91	
	30.43					
		1:05.97 (35.54)	1:44.28 (38.31)	2:23.91 (39.63)		
25 Lau, Matthew			St. Paul VI High School	2:38.67	2:35.84	
	34.17					
		1:13.98 (39.81)	1:55.69 (41.71)	2:35.84 (40.15)		
26 Pavis, Colton			Ryken High School	2:38.65	2:42.42	
	31.76					
		1:13.79 (42.03)	1:58.98 (45.19)	2:42.42 (43.44)		

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****Event 4 Girls 200 Yard Freestyle**

WCAC Meet: 1:49.80		\$	2/6/2022		Madison Smith		Good Counsel		
Name			Yr	School	Seed Time		Finals Time	Points	
1	Dobrydney, Claire			St. Paul VI High School	1:54.35		1:50.98	20	
	26.00								
		53.74 (27.74)		1:22.22 (28.48)	1:50.98 (28.76)				
2	Watkins, Celia		SR	Our Lady of Good Counsel	1:52.76		1:52.28	17	
	25.78								
		53.94 (28.16)		1:22.94 (29.00)	1:52.28 (29.34)				
3	Kincaid, Kellie		SR	Our Lady of Good Counsel	1:52.62		1:55.23	16	
	26.49								
		55.30 (28.81)		1:25.25 (29.95)	1:55.23 (29.98)				
4	Hooff, Olivia		SR	St. John's College High School	1:54.91		1:58.41	15	
	27.92								
		57.95 (30.03)		1:28.50 (30.55)	1:58.41 (29.91)				
5	Eubanks, Leah		FR	Bishop Ireton High School	1:57.76		1:58.42	14	
	27.82								
		57.78 (29.96)		1:28.18 (30.40)	1:58.42 (30.24)				
6	Ross, Maggie		FR	St. John's College High School	2:00.69		1:59.00	13	
	28.41								
		58.60 (30.19)		1:28.79 (30.19)	1:59.00 (30.21)				
7	Stillman, Maeve		SR	Our Lady of Good Counsel	2:01.48		1:59.54	12	
	27.37								
		57.18 (29.81)		1:28.32 (31.14)	1:59.54 (31.22)				
8	Sullivan, Anna		SR	Bishop O'Connell High School	2:06.19		2:00.63	11	
	27.77								
		58.31 (30.54)		1:29.24 (30.93)	2:00.63 (31.39)				
9	Hooff, Lainey		SO	Bishop Ireton High School	1:57.80		2:03.13	9	
	28.39								
		59.47 (31.08)		1:31.21 (31.74)	2:03.13 (31.92)				
10	Beggan, Berkleigh		JR	St. Paul VI High School	2:06.28		2:07.08	7	
	28.40								
		1:00.24 (31.84)		1:33.11 (32.87)	2:07.08 (33.97)				
11	McIntosh, Caeli		SR	Bishop O'Connell High School	2:07.65		2:08.62	6	
	29.46								
		1:01.76 (32.30)		1:35.41 (33.65)	2:08.62 (33.21)				
12	Thomas, Abygail		SO	St. John's College High School	2:06.62		2:08.98	5	
	28.61								
		1:00.91 (32.30)		1:34.80 (33.89)	2:08.98 (34.18)				
13	Grenham, Kaitlyn		SR	Academy OF The Holy Cross	2:10.22		2:09.47	4	
	29.03								
		1:01.48 (32.45)		1:36.48 (35.00)	2:09.47 (32.99)				
14	Stack, Samantha		JR	Academy OF The Holy Cross	2:09.85		2:10.75	3	
	29.15								
		1:02.14 (32.99)		1:36.94 (34.80)	2:10.75 (33.81)				
15	Cervenak, Reagan		SR	Bishop O'Connell High School	NT		2:13.90	2	
	29.55								
		1:02.95 (33.40)		1:38.38 (35.43)	2:13.90 (35.52)				
16	Lewis, Reilly			St. Paul VI High School	2:16.47		2:14.48	1	
	30.76								
		1:05.39 (34.63)		1:40.40 (35.01)	2:14.48 (34.08)				
17	Sinclair, Sophia		SR	Academy OF The Holy Cross	2:18.33		2:19.80		
	30.59								
		1:05.44 (34.85)		1:42.29 (36.85)	2:19.80 (37.51)				
18	Yi, Julia		FR	Bishop Ireton High School	2:25.27		2:31.52		
	34.42								
		1:12.45 (38.03)		1:52.21 (39.76)	2:31.52 (39.31)				
19	Longmore, Gabby			Ryken High School	2:25.75		2:37.89		
	35.65								
		1:15.84 (40.19)		1:57.09 (41.25)	2:37.89 (40.80)				

Event 5 Boys 200 Yard IM

WCAC Meet: 1:53.85 \$ 1/27/2024		Thomas Duncan		The Heights Sch		
Name		Yr	School	Seed Time	Finals Time	Points
1	Hamilton, Jack	SR	DeMatha Catholic High School	1:53.14	1:53.25 \$	20
	24.59	54.24 (29.65)	1:26.07 (31.83)	1:53.25 (27.18)		
2	Jungbluth, Alexander	JR	DeMatha Catholic High School	1:51.82	1:55.80	17
	24.19	53.26 (29.07)	1:26.53 (33.27)	1:55.80 (29.27)		
3	Smith, Levi	SO	DeMatha Catholic High School	1:57.16	1:59.01	16
	25.51	56.28 (30.77)	1:30.65 (34.37)	1:59.01 (28.36)		
4	Moncton, Wesley	FR	St. John's College High School	2:04.61	2:00.06	15
	25.71	56.37 (30.66)	1:32.08 (35.71)	2:00.06 (27.98)		
5	Drews, Roman	JR	Our Lady of Good Counsel	2:05.96	2:00.34	14
	26.02	56.05 (30.03)	1:32.91 (36.86)	2:00.34 (27.43)		

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 5 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time	Points
6	House, Nate	SO	Gonzaga College High School	2:07.56	2:07.23	13
	27.23	1:01.44 (34.21)	1:36.66 (35.22)	2:07.23 (30.57)		
7	Spooner, Alex	SR	Gonzaga College High School	2:05.49	2:07.54	12
	25.99	59.21 (33.22)	1:36.14 (36.93)	2:07.54 (31.40)		
8	Fuqua, Jack	SR	Bishop Ireton High School	2:07.96	2:07.56	11
	27.31	59.06 (31.75)	1:38.93 (39.87)	2:07.56 (28.63)		
9	Verdere, Nicholas	JR	The Heights School	2:09.26	2:09.91	9
	27.85	1:01.42 (33.57)	1:40.11 (38.69)	2:09.91 (29.80)		
10	Schoch, Will	FR	St. John's College High School	2:12.13	2:10.41	7
	28.35	1:01.42 (33.07)	1:40.42 (39.00)	2:10.41 (29.99)		
11	Eloshway, Luke	SR	Our Lady of Good Counsel	2:11.15	2:10.85	6
	26.93	59.30 (32.37)	1:40.04 (40.74)	2:10.85 (30.81)		
12	Culligan, Nolan	FR	Gonzaga College High School	NT	2:10.88	5
	27.44	1:02.48 (35.04)	1:41.30 (38.82)	2:10.88 (29.58)		
13	Seager, Austin	JR	Our Lady of Good Counsel	2:15.90	2:11.53	4
	28.08	1:02.73 (34.65)	1:39.63 (36.90)	2:11.53 (31.90)		
14	Jacobs, Tom	FR	St. John's College High School	2:16.61	2:15.73	3
	27.88	1:01.70 (33.82)	1:42.13 (40.43)	2:15.73 (33.60)		
15	Fletcher, Ben	FR	Bishop O'Connell High School	2:15.05	2:16.67	2
	29.99	1:05.74 (35.75)	1:43.58 (37.84)	2:16.67 (33.09)		
16	Nelson, Dominic		Ryken High School	2:19.07	2:21.00	1
	29.81	1:07.78 (37.97)	1:49.57 (41.79)	2:21.00 (31.43)		
17	Hambey, Max	FR	Bishop O'Connell High School	2:24.54	2:23.24	
	30.47	1:06.54 (36.07)	1:50.00 (43.46)	2:23.24 (33.24)		
18	Johnson, Peter	SR	Bishop Ireton High School	2:22.50	2:24.39	
	28.86	1:05.98 (37.12)	1:49.45 (43.47)	2:24.39 (34.94)		
19	Kinsella, Brian		Bishop O'Connell High School	NT	2:31.62	
	31.11	1:11.73 (40.62)	1:55.38 (43.65)	2:31.62 (36.24)		
20	Huff, Lincoln	JR	The Heights School	NT	2:32.15	
	27.83	1:07.41 (39.58)	1:56.97 (49.56)	2:32.15 (35.18)		
21	Feindt, Lucas	FR	St. Paul VI High School	2:34.95	2:32.29	
	33.29	1:11.81 (38.52)	1:59.85 (48.04)	2:32.29 (32.44)		
22	Corley, Connor	JR	Bishop Ireton High School	2:42.04	2:36.58	
	31.50	1:14.02 (42.52)	1:58.36 (44.34)	2:36.58 (38.22)		
23	Harris, Joshua	JR	Bishop McNamara High School (M)	2:41.40	2:39.11	
	32.39	1:15.12 (42.73)	2:03.01 (47.89)	2:39.11 (36.10)		
24	Thomson, Chris	JR	St. Paul VI High School	2:45.67	2:44.57	
	31.79	1:12.43 (40.64)	2:04.54 (52.11)	2:44.57 (40.03)		
---	Choi, Zach	JR	St. Paul VI High School	2:07.58	DFS	

Event 6 Girls 200 Yard IM

WCAC Meet:		2:07.95	\$	1/25/2025	Lexie Bishop	SJC		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Bishop, Lexie	SO	St. John's College High School	2:04.08	2:06.27 \$	20		
	26.84	58.78 (31.94)	1:35.61 (36.83)	2:06.27 (30.66)				
2	O'Hara, Kalyn	JR	Bishop O'Connell High School	2:08.22	2:08.34	17		
	28.11	1:00.26 (32.15)	1:38.34 (38.08)	2:08.34 (30.00)				
3	Ryan, Jenna	FR	Our Lady of Good Counsel	2:16.63	2:11.88	16		
	28.35	1:01.77 (33.42)	1:40.21 (38.44)	2:11.88 (31.67)				
4	Gravell, Kylie	SR	St. John's College High School	2:15.33	2:14.48	15		
	29.40	1:04.41 (35.01)	1:43.62 (39.21)	2:14.48 (30.86)				
5	Vanlandingham, Avery	SO	Bishop Ireton High School	2:16.54	2:14.73	14		
	29.10	1:01.43 (32.33)	1:42.49 (41.06)	2:14.73 (32.24)				

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 6 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time	Points
6	Decatur, Audrey	SO	Our Lady of Good Counsel	2:15.36	2:16.88	13
	29.06	1:03.82 (34.76)	1:43.77 (39.95)	2:16.88 (33.11)		
7	Lindley, Elena	FR	St. John's College High School	2:24.44	2:20.33	12
	30.02	1:06.69 (36.67)	1:46.10 (39.41)	2:20.33 (34.23)		
8	Wahl, Lilly	SO	St. Paul VI High School	2:17.66	2:21.60	11
	32.02	1:06.58 (34.56)	1:47.84 (41.26)	2:21.60 (33.76)		
9	Smullen, Caroline	SR	Bishop Ireton High School	2:30.45	2:22.96	9
	29.56	1:09.01 (39.45)	1:50.14 (41.13)	2:22.96 (32.82)		
10	Peterson, Grace	FR	Our Lady of Good Counsel	2:25.66	2:28.46	7
	29.54	1:07.79 (38.25)	1:52.51 (44.72)	2:28.46 (35.95)		
11	Bailey, Annabelle	JR	St. Paul VI High School	2:34.53	2:28.52	6
	31.32	1:09.60 (38.28)	1:52.39 (42.79)	2:28.52 (36.13)		
12	Lagana, Ashlyn		Ryken High School	2:30.07	2:29.52	5
	32.34	1:09.61 (37.27)	1:52.52 (42.91)	2:29.52 (37.00)		
13	Nguyen, Mathilda	SO	St. Paul VI High School	2:31.25	2:34.21	4
	33.18	1:12.95 (39.77)	1:59.63 (46.68)	2:34.21 (34.58)		
14	Lopez, Samantha	SO	Academy OF The Holy Cross	2:41.83	2:37.51	3
	33.63	1:14.03 (40.40)	2:00.72 (46.69)	2:37.51 (36.79)		
15	Muller, Kenzie	SO	Bishop O'Connell High School	2:39.27	2:38.67	2
	33.90	1:16.26 (42.36)	1:59.74 (43.48)	2:38.67 (38.93)		
16	Kinsella, Moira	SR	Bishop O'Connell High School	2:33.51	2:42.94	1
	33.79	1:17.38 (43.59)	2:00.84 (43.46)	2:42.94 (42.10)		
17	Tovar, Valeria	SR	Academy OF The Holy Cross	2:50.14	2:46.68	
	33.97	1:15.51 (41.54)	2:08.04 (52.53)	2:46.68 (38.64)		
18	Dwyer, Quinn	JR	Bishop Ireton High School	NT	2:46.76	
	34.57	1:14.82 (40.25)	2:06.64 (51.82)	2:46.76 (40.12)		
19	Selwood, Elizabeth	Fr	Ryken High School	2:53.11	2:52.44	
	37.71	1:20.56 (42.85)	2:13.39 (52.83)	2:52.44 (39.05)		
20	Mauthripragada, Asha	SO	Academy OF The Holy Cross	2:51.46	2:52.55	
	39.41	1:24.05 (44.64)	2:12.69 (48.64)	2:52.55 (39.86)		

Event 7 Boys 50 Yard Freestyle

WCAC Meet:		20.87	\$	1/28/2023	Aiden Bond	Gonzaga		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Ericson, Selim	FR	DeMatha Catholic High School	21.12	21.44	20		
2	Fisher, Patrick	SO	Gonzaga College High School	21.35	21.62	17		
3	DeLellis, J. D.	SR	The Heights School	21.74	21.77	16		
4	Watts, Abraham	SR	DeMatha Catholic High School	21.83	22.10	15		
5	Parfomak, Kasper	JR	Gonzaga College High School	22.35	22.20	14		
6	Tovornik, Jackson	JR	Gonzaga College High School	22.16	22.23	13		
7	Rowan, Graham	SR	Bishop O'Connell High School	22.06	22.28	12		
8	Lepre, William	JR	The Heights School	22.43	22.45	11		
9	Hersey, Gray	SR	DeMatha Catholic High School	22.32	22.52	9		
*10	Cobb, Jason	JR	Our Lady of Good Counsel	22.57	22.56	6.50		
*10	Gravell, Jack	FR	St. John's College High School	22.93	22.56	6.50		
12	Worthen, Jermaine	SR	Bishop O'Connell High School	22.44	22.65	5		
13	Lentini, Jack	JR	Bishop Ireton High School	22.46	22.69	4		
14	Sexton, AJ	SR	St. Paul VI High School	23.14	22.88	3		
15	Kinsella, James	JR	Bishop O'Connell High School	22.86	23.38	2		
16	Stadelmann, Lucas	JR	The Heights School	23.35	23.56	1		
17	Foster, Zackary	JR	St. John's College High School	23.91	23.76			
18	Hanson, Timmy	SR	Our Lady of Good Counsel	23.27	23.99			
19	Thompson, Nick		Ryken High School	23.75	24.26			

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 7 Boys 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
*20	Avalos Restrepo, Sebastian	SR	Our Lady of Good Counsel	24.03	24.32	
*20	Miller, Caleb	SO	St. John's College High School	24.38	24.32	
22	Rommelmeyer, William	SR	St. Paul VI High School	24.24	24.55	
23	Morse, Charlie	SO	Bishop Ireton High School	23.96	24.58	
24	Thompson, Mike		Ryken High School	24.36	24.81	
25	Heinrichs, Howard	FR	Bishop Ireton High School	24.89	25.37	
26	Dickerson, MJ	SR	Bishop McNamara High School (M	25.28	25.79	
27	Wang, Eric	FR	St. Paul VI High School	NT	27.78	
28	Curry, Collin	Fr	Ryken High School	29.83	30.03	
29	Johnson, Khalil	JR	Bishop McNamara High School (M	36.77	36.68	
30	Harris, Ayden	SR	Bishop McNamara High School (M	37.12	40.08	

Event 8 Girls 50 Yard Freestyle

WCAC Meet:		23.70	\$	2/24/2019	Keyla M Brown	St. Johns		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	LaMotteo, Madison	SR	Our Lady of Good Counsel	25.25	25.13	20		
2	Wertzler, Ellie	JR	Bishop O'Connell High School	24.98	25.14	17		
3	Johnson, Lexi	FR	Our Lady of Good Counsel	25.36	25.27	16		
4	Regan, Madelyn	FR	St. John's College High School	25.66	25.60	15		
5	Potter, Addison	SO	St. John's College High School	25.69	25.61	14		
6	Forrer, Marcella	SR	Bishop Ireton High School	25.60	25.78	13		
7	Spano, Louisa	FR	Our Lady of Good Counsel	25.94	25.84	12		
8	Mongelli, Megan	SR	Academy OF The Holy Cross	25.59	26.45	11		
9	Matthews, Naomi	SO	St. John's College High School	28.22	26.49	9		
10	Lewis, Reilly		St. Paul VI High School	27.42	26.54	7		
11	Wijas, Toria	SO	St. Paul VI High School	27.15	26.62	6		
12	Baldwin, Annalise	SR	Bishop O'Connell High School	26.56	26.81	5		
13	Kinsella, Molly	SR	Bishop O'Connell High School	26.30	27.03	4		
14	Grenham, Kaitlyn	SR	Academy OF The Holy Cross	25.52	27.13	3		
15	Corsino, Marisa		St. Paul VI High School	27.57	27.27	2		
16	Easton, Kathryn	JR	Bishop Ireton High School	NT	27.31	1		
17	Kennelly, Clover	SR	Bishop Ireton High School	27.15	27.76			
18	David, Nicole	FR	Elizabeth Seton Varsity Swimmi	28.09	27.81			
19	Ruesch, Eva	JR	Academy OF The Holy Cross	27.78	28.63			
20	Gensley, Miranda		Ryken High School	28.95	29.43			
21	Fullwood, Josephine	FR	Elizabeth Seton Varsity Swimmi	31.26	31.20			
22	Ashley, Kirsten	Jr	Ryken High School	31.57	31.59			
23	Mitchell, ZZ	SO	Bishop McNamara High School (M	32.94	31.69			
24	Savery, Emma	So	Ryken High School	34.30	33.85			
25	Johnston, Riley	SR	Elizabeth Seton Varsity Swimmi	34.25	34.85			
26	Greer, Katie	FR	Bishop McNamara High School (M	39.75	41.55			
27	Bishop, Nena	FR	Bishop McNamara High School (M	59.18	49.33			

Event 9 Boys 1 mtr Diving

WCAC Meet:		312.60	\$	1/25/2020	Finn Gelbach	The Heights Sch		
	Name	Yr	School	Finals Score	Points			
1	Detten, Rai	SO	Bishop O'Connell High School	283.90	251.95	20		
2	Colevas, Kellen	JR	Bishop O'Connell High School	240.90	222.10	17		
3	White, Cooper	SO	Our Lady of Good Counsel	264.90	213.20	16		
4	Stadelmann, Lucas	JR	The Heights School	142.30	157.25	15		
5	Fry, Daniel	SO	St. John's College High School	172.30	151.55	14		
6	Fry, Patrick	JR	St. John's College High School	163.40	143.05	13		

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 9 Boys 1 mtr Diving)**

	Name	Yr	School		Finals Score	Points
7	Thomas, Liam	FR	St. John's College High School	135.50	137.00	12
8	Hutt, Ryan	SO	Gonzaga College High School	NP	136.45	11
9	Dick, Andrew	FR	Bishop Ireton High School	156.40	132.95	9
10	Keplinger, Andrew	JR	DeMatha Catholic High School	127.50	120.75	7
11	Valencia, Alec	JR	Gonzaga College High School	NP	119.60	6
12	Amberg, Derek	SR	Bishop Ireton High School	149.95	117.20	5
13	Lappin, Colin	JR	DeMatha Catholic High School	124.15	112.40	4
14	Wilson, Currin	JR	Bishop O'Connell High School	100.90	95.20	3
15	JT, Schumacher	FR	The Heights School	92.25	93.85	2
16	Whitman, Jake	SO	Our Lady of Good Counsel	120.80	92.90	1
17	Brown, Ben	JR	DeMatha Catholic High School	84.60	92.60	
18	Wooters, Carter	SO	Gonzaga College High School	NP	84.70	
19	Mangeold, Conner		The Heights School	NP	84.15	
20	Biss, Charlie	FR	Our Lady of Good Counsel	103.45	81.70	

Event 10 Girls 1 mtr Diving

WCAC Meet:		287.85	\$	1/25/2020	Haley Marshall	Good Counsel		
	Name	Yr	School			Finals Score	Points	
1	O'Connor, Lulu	SO	St. John's College High School	184.75	158.75	20		
2	Levi, Maggie	SO	Bishop O'Connell High School	176.40	157.80	17		
3	Lepore, Lili	JR	Bishop O'Connell High School	171.55	156.50	16		
4	McCallum, Emily	SO	St. John's College High School	155.60	138.35	15		
5	McGuire, Maeve	JR	Bishop Ireton High School	152.45	136.70	14		
6	Christakis, Charlotte	JR	Academy OF The Holy Cross	167.80	133.80	13		
7	Hill, Hayden	JR	St. Paul VI High School	146.65	132.25	12		
8	Simmons, Summer	SR	Our Lady of Good Counsel	172.29	132.20	11		
9	Mongelli, Megan	SR	Academy OF The Holy Cross	175.55	131.20	9		
10	Williams, Lily	SR	Our Lady of Good Counsel	149.95	124.65	7		
11	Tymon, Rylee	SR	St. John's College High School	105.40	116.80	6		
12	Johnston, Sydney	FR	Our Lady of Good Counsel	145.35	114.50	5		
---	Balcer, Melli	JR	Academy OF The Holy Cross	104.50	DQ			

Event 11 Boys 100 Yard Butterfly

WCAC Meet:		49.39	\$	1/25/2025	Andre P Brooks	Gonzaga		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Jungbluth, Alexander	JR	DeMatha Catholic High School	48.84	51.09	20		
	24.35		51.09 (26.74)					
2	Ericson, Selim	FR	DeMatha Catholic High School	50.79	51.50	17		
	24.63		51.50 (26.87)					
3	Vaughn, Jordan	SR	DeMatha Catholic High School	51.38	52.32	16		
	24.21		52.32 (28.11)					
4	Thiede, George	JR	Gonzaga College High School	51.74	52.41	15		
	24.90		52.41 (27.51)					
5	Dawson, John	JR	St. John's College High School	53.44	53.56	14		
	25.02		53.56 (28.54)					
6	Fry, Patrick	JR	St. John's College High School	54.10	53.67	13		
	25.05		53.67 (28.62)					
7	Worthen, Jermaine	SR	Bishop O'Connell High School	54.97	53.81	12		
	25.58		53.81 (28.23)					
8	Gooch, Oliver	SR	Gonzaga College High School	56.02	55.95	11		
	25.91		55.95 (30.04)					
9	Cru Molter, Phillip	SR	Bishop O'Connell High School	56.01	55.96	9		
	25.31		55.96 (30.65)					

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 11 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time	Points
10	LaForme, Preston	SO	St. Paul VI High School	56.01	56.28	7
	26.36		56.28 (29.92)			
11	Culligan, Nolan	FR	Gonzaga College High School	NT	57.75	6
	27.07		57.75 (30.68)			
12	Eloshway, Luke	SR	Our Lady of Good Counsel	56.33	58.31	5
	27.27		58.31 (31.04)			
13	Klump, Thomas	FR	The Heights School	1:00.70	58.41	4
	26.42		58.41 (31.99)			
14	Rhee, Alex	SO	St. John's College High School	1:01.60	1:00.05	3
	27.11		1:00.05 (32.94)			
15	Sheehey, Pete	JR	Bishop O'Connell High School	59.36	1:00.64	2
	28.49		1:00.64 (32.15)			
16	Murphy, Alex	SO	Our Lady of Good Counsel	1:02.55	1:01.19	1
	27.84		1:01.19 (33.35)			
17	Thompson, Mike		Ryken High School	1:02.25	1:01.70	
	28.64		1:01.70 (33.06)			
18	Avalos Restrepo, Nicolas	SR	Our Lady of Good Counsel	1:01.01	1:01.95	
	28.60		1:01.95 (33.35)			
19	Johnson, Peter	SR	Bishop Ireton High School	1:01.58	1:02.00	
	28.90		1:02.00 (33.10)			
20	Nelson, Dominic		Ryken High School	1:04.11	1:02.55	
	29.67		1:02.55 (32.88)			
21	Cepeda, Nico	FR	St. Paul VI High School	1:06.44	1:06.12	
	30.95		1:06.12 (35.17)			
22	Harris, Joshua	JR	Bishop McNamara High School (M	1:06.67	1:08.06	
	31.89		1:08.06 (36.17)			
23	Dickerson, MJ	SR	Bishop McNamara High School (M	1:10.12	1:11.11	
	31.45		1:11.11 (39.66)			
24	Thomson, Chris	JR	St. Paul VI High School	1:08.50	1:11.65	
	32.68		1:11.65 (38.97)			
---	Mahar, Mike	FR	Bishop Ireton High School	1:05.58	DFS	

Event 12 Girls 100 Yard Butterfly

WCAC Meet:		55.07	\$	1/28/2018	Olivia R French	Good Counsel		
	Name			Yr	School	Seed Time	Finals Time	Points
1	Bishop, Lexie			SO	St. John's College High School	55.88	56.21	20
		26.69						
			56.21	(29.52)				
2	Inman, Maddie			JR	Our Lady of Good Counsel	56.78	56.99	17
		26.85						
			56.99	(30.14)				
3	Conrad, Addie			SO	Our Lady of Good Counsel	1:01.31	1:00.62	16
		28.20						
			1:00.62	(32.42)				
4	Andrews, Abby			SO	St. John's College High School	1:02.03	1:00.63	15
		28.45						
			1:00.63	(32.18)				
5	Hooff, Lainey			SO	Bishop Ireton High School	1:02.90	1:02.10	14
		28.80						
			1:02.10	(33.30)				
6	Lang, Graciela			SO	St. John's College High School	59.93	1:02.57	13
		28.47						
			1:02.57	(34.10)				
7	Krepinevich, Meaghan			SO	St. Paul VI High School	1:06.96	1:02.93	12
		29.31						
			1:02.93	(33.62)				
8	Smullen, Caroline			SR	Bishop Ireton High School	1:04.67	1:04.84	11
		29.93						
			1:04.84	(34.91)				
9	LeNard, Anna			SR	Bishop O'Connell High School	1:06.62	1:05.10	9
		30.81						
			1:05.10	(34.29)				

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 12 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time	Points
10	Peterson, Grace	FR	Our Lady of Good Counsel	1:00.58	1:05.36	7
	29.63		1:05.36 (35.73)			
11	Beggan, Berkleigh	JR	St. Paul VI High School	1:03.74	1:05.51	6
	29.73		1:05.51 (35.78)			
12	McEvoy, Isabel	FR	Bishop O'Connell High School	1:08.53	1:06.93	5
	31.01		1:06.93 (35.92)			
13	Grahl, Sophie	SR	Academy OF The Holy Cross	1:08.12	1:08.19	4
	30.89		1:08.19 (37.30)			
14	Murphy, Kimi	SR	St. Paul VI High School	1:07.93	1:08.83	3
	31.13		1:08.83 (37.70)			
15	Crombe, Dylan		Bishop O'Connell High School	NT	1:09.50	2
	31.94		1:09.50 (37.56)			
16	Yi, Julia	FR	Bishop Ireton High School	NT	1:12.50	1
	33.24		1:12.50 (39.26)			
17	Strutt, Isabelle		Ryken High School	1:11.02	1:12.55	
	32.97		1:12.55 (39.58)			
18	Lopez, Samantha	SO	Academy OF The Holy Cross	1:11.76	1:14.09	
	33.36		1:14.09 (40.73)			
19	Tovar, Valeria	SR	Academy OF The Holy Cross	1:14.61	1:15.32	
	34.32		1:15.32 (41.00)			

Event 13 Boys 100 Yard Freestyle

WCAC Meet:		46.01	\$	2/6/2022	Mac Marsh	Gonzaga		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Rooney, Seamus	SR	DeMatha Catholic High School	46.25	46.89	20		
	22.30		46.89 (24.59)					
2	Fisher, Patrick	SO	Gonzaga College High School	47.65	47.64	17		
	22.73		47.64 (24.91)					
3	Gangemi, Cole	SO	Gonzaga College High School	47.17	48.24	16		
	23.24		48.24 (25.00)					
4	DeLellis, J. D.	SR	The Heights School	48.00	48.81	15		
	23.63		48.81 (25.18)					
5	Lombardo, Jonathan	JR	DeMatha Catholic High School	48.12	49.03	14		
	23.87		49.03 (25.16)					
6	Cobb, Jason	JR	Our Lady of Good Counsel	49.85	49.04	13		
	23.95		49.04 (25.09)					
7	Hersey, Gray	SR	DeMatha Catholic High School	48.75	49.22	12		
	23.72		49.22 (25.50)					
8	Lentini, Jack	JR	Bishop Ireton High School	49.58	49.74	11		
	24.08		49.74 (25.66)					
9	Moncton, Wesley	FR	St. John's College High School	52.50	50.01	9		
	24.21		50.01 (25.80)					
10	Parfomak, Kasper	JR	Gonzaga College High School	49.66	50.08	7		
	24.79		50.08 (25.29)					
11	Lepre, William	JR	The Heights School	50.42	50.73	6		
	23.92		50.73 (26.81)					
12	Schoch, Sam	SO	St. John's College High School	51.28	50.78	5		
	24.79		50.78 (25.99)					
13	Fahle, Keaghan	SR	Bishop O'Connell High School	50.66	50.97	4		
	24.78		50.97 (26.19)					
14	Pryor, Teddy	SO	St. John's College High School	52.59	51.55	3		
	25.26		51.55 (26.29)					
15	Tworowski, Alec	JR	Our Lady of Good Counsel	51.67	52.31	2		
	25.07		52.31 (27.24)					

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 13 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
16	Masterson, Colton	FR	Bishop O'Connell High School	51.65	52.39	1
	25.32		52.39 (27.07)			
17	Kinsella, James	JR	Bishop O'Connell High School	50.58	52.57	
	25.22		52.57 (27.35)			
18	Sexton, AJ	SR	St. Paul VI High School	55.15	53.37	
	25.52		53.37 (27.85)			
19	Thompson, Nick		Ryken High School	53.67	54.43	
	25.91		54.43 (28.52)			
20	Heisler, Nick	JR	St. Paul VI High School	54.35	55.57	
	26.03		55.57 (29.54)			
21	Morse, Charlie	SO	Bishop Ireton High School	52.66	56.03	
	26.71		56.03 (29.32)			
22	Avalos Restrepo, Sebastian	SR	Our Lady of Good Counsel	54.94	56.49	
	26.43		56.49 (30.06)			
23	Klump, Thomas	FR	The Heights School	51.97	57.47	
	26.64		57.47 (30.83)			
24	Turner, Tyler	FR	Bishop Ireton High School	57.72	58.39	
	27.79		58.39 (30.60)			
25	Mosley, Dewayne	JR	Bishop McNamara High School (M	58.75	59.88	
	26.90		59.88 (32.98)			
26	Clements, Aiden	FR	St. Paul VI High School	NT	1:04.33	
	30.73		1:04.33 (33.60)			
27	Pavis, Logan		Ryken High School	1:03.68	1:06.72	
	30.15		1:06.72 (36.57)			
28	Rapp, Leland	Jr	Ryken High School	1:07.42	1:08.62	
	30.23		1:08.62 (38.39)			
---	Watkins, Lj	FR	Bishop McNamara High School (M	1:15.50	DFS	
---	Woolfolk, Xavier	JR	Bishop McNamara High School (M	1:10.94	DFS	

Event 14 Girls 100 Yard Freestyle

WCAC Meet:		51.94	\$	2/24/2019	Keyla M Brown	St. Johns		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Dobrydney, Claire		St. Paul VI High School	54.93	51.74 \$	20		
	24.99		51.74 (26.75)					
2	Rowan, Elliott	SO	Bishop O'Connell High School	52.95	53.25	17		
	26.04		53.25 (27.21)					
3	Ryan, Jenna	FR	Our Lady of Good Counsel	54.53	54.10	16		
	26.15		54.10 (27.95)					
4	Hooff, Olivia	SR	St. John's College High School	54.14	54.78	15		
	26.53		54.78 (28.25)					
5	LaMotteo, Madison	SR	Our Lady of Good Counsel	54.77	55.04	14		
	26.40		55.04 (28.64)					
6	Wertzler, Ellie	JR	Bishop O'Connell High School	54.94	55.19	13		
	26.85		55.19 (28.34)					
7	Regan, Madelyn	FR	St. John's College High School	56.36	55.31	12		
	26.61		55.31 (28.70)					
8	Forrer, Marcella	SR	Bishop Ireton High School	57.19	56.50	11		
	26.94		56.50 (29.56)					
9	Gaskins, Autumn	FR	Bishop McNamara High School (M	55.87	56.93	9		
	26.72		56.93 (30.21)					
10	Fayyad, Zoe	SR	St. John's College High School	57.56	58.21	7		
	27.87		58.21 (30.34)					
11	Spano, Louisa	FR	Our Lady of Good Counsel	59.97	58.39	6		
	28.04		58.39 (30.35)					

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 14 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
12	Wijas, Toria	SO	St. Paul VI High School	59.69	58.46	5
	28.34		58.46 (30.12)			
13	Noyes, Logan	SO	St. Paul VI High School	58.00	58.48	4
	28.26		58.48 (30.22)			
14	McIntosh, Caeli	SR	Bishop O'Connell High School	58.48	58.60	3
	28.37		58.60 (30.23)			
15	Vaughan, Leah	SO	Elizabeth Seton Varsity Swimmi	59.85	58.75	2
	27.84		58.75 (30.91)			
16	Fiery, Eden	SR	Academy OF The Holy Cross	54.89	59.66	1
	28.07		59.66 (31.59)			
17	Bliss, Sophie	JR	Bishop Ireton High School	58.98	1:00.06	
	28.46		1:00.06 (31.60)			
18	Kyle, Bella	SR	Bishop Ireton High School	1:01.03	1:01.98	
	28.88		1:01.98 (33.10)			
19	Weilke, Amelia		Ryken High School	1:06.49	1:04.40	
	31.02		1:04.40 (33.38)			
20	McKinley, Eva	FR	Academy OF The Holy Cross	1:06.29	1:04.70	
	30.55		1:04.70 (34.15)			
21	Hammer, Sophia	JR	Elizabeth Seton Varsity Swimmi	1:05.57	1:08.00	
	31.82		1:08.00 (36.18)			
22	Howard, Jillian	JR	Academy OF The Holy Cross	1:08.31	1:09.00	
	31.73		1:09.00 (37.27)			
23	Nguyen, Alyssa	JR	Bishop McNamara High School (M	1:12.74	1:11.12	
	33.97		1:11.12 (37.15)			
24	Sharpe, Zadi	SO	Elizabeth Seton Varsity Swimmi	1:08.80	1:11.89	
	33.82		1:11.89 (38.07)			
25	Zellner, Rayne		Ryken High School	1:16.31	1:12.60	
	34.44		1:12.60 (38.16)			
26	Smith, Ivy	Fr	Ryken High School	1:22.70	1:19.44	
	35.79		1:19.44 (43.65)			
27	Greer, Katie	FR	Bishop McNamara High School (M	1:31.72	1:39.38	
	45.90		1:39.38 (53.48)			

Event 15 Boys 500 Yard Freestyle

WCAC Meet: 4:31.98 \$ 1/25/2025 Joshua Lopez			DeMatha			
	Name	Yr	School	Seed Time	Finals Time	Points
1	Mullen, Paul	SR	Bishop O'Connell High School	4:31.89	4:32.74	20
	25.30		52.70 (27.40)	1:20.35 (27.65)	1:48.05 (27.70)	
	2:15.87 (27.82)		2:43.81 (27.94)	3:11.33 (27.52)	3:39.30 (27.97)	
	4:06.33 (27.03)		4:32.74 (26.41)			
2	Zakorchemny, Cooper	SR	Our Lady of Good Counsel	4:33.43	4:37.36	17
	25.16		52.78 (27.62)	1:20.70 (27.92)	1:48.68 (27.98)	
	2:16.56 (27.88)		2:44.83 (28.27)	3:12.99 (28.16)	3:41.32 (28.33)	
	4:09.74 (28.42)		4:37.36 (27.62)			
3	Gravell, Jack	FR	St. John's College High School	4:52.66	4:45.95	16
	25.73		54.18 (28.45)	1:23.18 (29.00)	1:52.42 (29.24)	
	2:21.71 (29.29)		2:51.01 (29.30)	3:20.10 (29.09)	3:49.02 (28.92)	
	4:17.72 (28.70)		4:45.95 (28.23)			
4	Nedd, Christopher	SO	DeMatha Catholic High School	4:52.10	4:48.26	15
	26.11		54.28 (28.17)	1:23.14 (28.86)	1:52.70 (29.56)	
	2:22.14 (29.44)		2:51.57 (29.43)	3:21.24 (29.67)	3:50.67 (29.43)	
	4:19.77 (29.10)		4:48.26 (28.49)			

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 15 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
5	Reeves, Kaz	JR	DeMatha Catholic High School	4:51.15	4:49.36	14
	26.63	55.25 (28.62)	1:24.21 (28.96)	1:53.19 (28.98)		
	2:22.88 (29.69)	2:52.28 (29.40)	3:21.85 (29.57)	3:51.51 (29.66)		
	4:20.82 (29.31)	4:49.36 (28.54)				
6	Ford, Brendan	SR	DeMatha Catholic High School	5:05.55	5:00.43	13
	27.17	56.58 (29.41)	1:26.44 (29.86)	1:56.52 (30.08)		
	2:26.85 (30.33)	2:57.24 (30.39)	3:27.81 (30.57)	3:58.83 (31.02)		
	4:29.86 (31.03)	5:00.43 (30.57)				
7	Bailey, Matthew	SO	The Heights School	4:55.03	5:01.65	12
	26.85	55.98 (29.13)	1:26.23 (30.25)	1:56.96 (30.73)		
	2:27.99 (31.03)	2:59.33 (31.34)	3:30.59 (31.26)	4:01.69 (31.10)		
	4:32.52 (30.83)	5:01.65 (29.13)				
8	Stubner, John	JR	Gonzaga College High School	5:01.62	5:01.66	11
	26.39	56.06 (29.67)	1:26.77 (30.71)	1:57.87 (31.10)		
	2:28.69 (30.82)	2:59.74 (31.05)	3:30.43 (30.69)	4:01.94 (31.51)		
	4:32.32 (30.38)	5:01.66 (29.34)				
9	Murdock, Keagan	JR	Bishop O'Connell High School	5:08.23	5:01.99	9
	27.24	56.61 (29.37)	1:26.84 (30.23)	1:57.53 (30.69)		
	2:28.43 (30.90)	2:59.44 (31.01)	3:30.47 (31.03)	4:01.51 (31.04)		
	4:32.63 (31.12)	5:01.99 (29.36)				
10	Singleton, Thomas	SR	Gonzaga College High School	5:12.61	5:08.75	7
	26.32	55.58 (29.26)	1:26.36 (30.78)	1:57.50 (31.14)		
	2:29.37 (31.87)	3:01.33 (31.96)	3:33.45 (32.12)	4:05.44 (31.99)		
	4:37.81 (32.37)	5:08.75 (30.94)				
11	Goetcheus, Jax	JR	Gonzaga College High School	5:10.90	5:08.83	6
	26.80	56.65 (29.85)	1:27.60 (30.95)	1:58.90 (31.30)		
	2:30.57 (31.67)	3:02.35 (31.78)	3:34.24 (31.89)	4:06.52 (32.28)		
	4:38.43 (31.91)	5:08.83 (30.40)				
12	Schoch, Will	FR	St. John's College High School	5:09.33	5:11.01	5
	28.15	58.58 (30.43)	1:29.57 (30.99)	2:01.26 (31.69)		
	2:32.94 (31.68)	3:04.69 (31.75)	3:36.59 (31.90)	4:08.38 (31.79)		
	4:40.13 (31.75)	5:11.01 (30.88)				
13	Verderese, Nicholas	JR	The Heights School	5:18.18	5:12.26	4
	27.82	58.66 (30.84)	1:30.21 (31.55)	2:03.31 (33.10)		
	2:35.70 (32.39)	3:07.60 (31.90)	3:39.90 (32.30)	4:11.37 (31.47)		
	4:42.35 (30.98)	5:12.26 (29.91)				
14	Caldwell, EJ	SO	St. John's College High School	5:24.57	5:19.02	3
	27.54	59.21 (31.67)	1:31.65 (32.44)	2:04.36 (32.71)		
	2:37.52 (33.16)	3:10.24 (32.72)	3:42.83 (32.59)	4:15.45 (32.62)		
	4:47.98 (32.53)	5:19.02 (31.04)				
15	Selwood, Henry		Ryken High School	5:31.65	5:30.78	2
	29.62	1:01.76 (32.14)	1:35.63 (33.87)	2:09.77 (34.14)		
	2:44.13 (34.36)	3:18.42 (34.29)	3:52.56 (34.14)	4:26.01 (33.45)		
	4:59.13 (33.12)	5:30.78 (31.65)				
16	Miller, Ben		Our Lady of Good Counsel	5:34.66	5:32.18	1
	28.43	1:00.54 (32.11)	1:33.58 (33.04)	2:07.47 (33.89)		
	2:42.07 (34.60)	3:16.99 (34.92)	3:51.51 (34.52)	4:26.12 (34.61)		
	5:00.13 (34.01)	5:32.18 (32.05)				
17	Duffy, Connor	SO	St. Paul VI High School	5:33.52	5:38.01	
	28.01	1:00.06 (32.05)	1:34.09 (34.03)	2:09.51 (35.42)		
	2:44.58 (35.07)	3:19.13 (34.55)	3:54.34 (35.21)	4:29.61 (35.27)		
	5:04.30 (34.69)	5:38.01 (33.71)				

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 15 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
18	Galanes, Behr	SR	Bishop O'Connell High School	5:45.11	5:55.42	
	30.46	1:03.75 (33.29)	1:39.10 (35.35)	2:15.12 (36.02)		
	2:51.34 (36.22)	3:27.83 (36.49)	4:04.46 (36.63)	4:41.58 (37.12)		
	5:18.95 (37.37)	5:55.42 (36.47)				
19	Feindt, Lucas	FR	St. Paul VI High School	5:58.58	5:58.00	
	30.48	1:04.05 (33.57)	1:39.02 (34.97)	2:14.98 (35.96)		
	2:52.37 (37.39)	3:29.90 (37.53)	4:08.04 (38.14)	4:45.66 (37.62)		
	5:23.03 (37.37)	5:58.00 (34.97)				
20	Seibel, Michael	FR	St. Paul VI High School	6:12.29	6:10.14	
	32.16	1:07.47 (35.31)	1:44.35 (36.88)	2:22.95 (38.60)		
	3:01.77 (38.82)	3:41.30 (39.53)	4:20.13 (38.83)	4:59.83 (39.70)		
	5:38.12 (38.29)	6:10.14 (32.02)				
21	Nagtzaam, Reid	SO	Bishop Ireton High School	6:27.80	6:10.29	
	30.02	1:03.92 (33.90)	1:40.36 (36.44)	2:18.32 (37.96)		
	2:56.96 (38.64)	3:35.48 (38.52)	4:14.41 (38.93)	4:53.79 (39.38)		
	5:33.48 (39.69)	6:10.29 (36.81)				
22	Schmidt, Lucas	FR	Bishop Ireton High School	NT	7:08.21	
	32.37	1:09.71 (37.34)	1:50.66 (40.95)	2:32.55 (41.89)		
	3:18.25 (45.70)	4:04.33 (46.08)	4:50.42 (46.09)	5:38.02 (47.60)		
	6:23.76 (45.74)	7:08.21 (44.45)				

Event 16 Girls 500 Yard Freestyle

WCAC Meet: 4:48.77 \$ 1/28/2018		Madelyn Donohoe		O'Connell		
	Name	Yr	School	Seed Time	Finals Time	Points
1	Kincaid, Kellie	SR	Our Lady of Good Counsel	4:57.86	5:02.49	20
	27.40	57.56 (30.16)	1:28.56 (31.00)	1:59.65 (31.09)		
	2:29.83 (30.18)	3:00.69 (30.86)	3:31.45 (30.76)	4:01.94 (30.49)		
	4:32.55 (30.61)	5:02.49 (29.94)				
2	O'Hara, Kalyn	JR	Bishop O'Connell High School	5:03.92	5:03.76	17
	27.70	57.53 (29.83)	1:28.16 (30.63)	1:58.79 (30.63)		
	2:29.50 (30.71)	3:00.66 (31.16)	3:31.76 (31.10)	4:02.73 (30.97)		
	4:33.76 (31.03)	5:03.76 (30.00)				
3	Stillman, Maeve	SR	Our Lady of Good Counsel	5:17.51	5:13.23	16
	28.05	58.92 (30.87)	1:30.37 (31.45)	2:01.96 (31.59)		
	2:33.74 (31.78)	3:05.39 (31.65)	3:37.20 (31.81)	4:09.22 (32.02)		
	4:41.54 (32.32)	5:13.23 (31.69)				
4	Eubanks, Leah	FR	Bishop Ireton High School	5:14.32	5:17.66	15
	28.51	59.85 (31.34)	1:32.01 (32.16)	2:04.28 (32.27)		
	2:36.87 (32.59)	3:09.56 (32.69)	3:42.26 (32.70)	4:15.03 (32.77)		
	4:47.32 (32.29)	5:17.66 (30.34)				
5	Gravell, Kylie	SR	St. John's College High School	5:12.02	5:18.33	14
	28.67	59.71 (31.04)	1:31.49 (31.78)	2:03.82 (32.33)		
	2:36.35 (32.53)	3:08.89 (32.54)	3:41.55 (32.66)	4:14.12 (32.57)		
	4:46.69 (32.57)	5:18.33 (31.64)				
6	Conrad, Addie	SO	Our Lady of Good Counsel	5:20.86	5:23.80	13
	29.74	1:01.71 (31.97)	1:35.60 (33.89)	2:09.19 (33.59)		
	2:42.25 (33.06)	3:14.98 (32.73)	3:47.54 (32.56)	4:19.98 (32.44)		
	4:52.68 (32.70)	5:23.80 (31.12)				
7	Ross, Maggie	FR	St. John's College High School	5:30.98	5:26.43	12
	29.82	1:03.15 (33.33)	1:36.70 (33.55)	2:10.04 (33.34)		
	2:43.09 (33.05)	3:16.31 (33.22)	3:49.54 (33.23)	4:22.65 (33.11)		
	4:55.20 (32.55)	5:26.43 (31.23)				

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 16 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time	Points
8	McEvoy, Isabel	FR	Bishop O'Connell High School	5:56.27	5:46.29	11
	30.18		1:04.33 (34.15)	1:39.26 (34.93)	2:14.79 (35.53)	
	2:49.95 (35.16)		3:25.39 (35.44)	4:01.13 (35.74)	4:36.33 (35.20)	
	5:11.83 (35.50)		5:46.29 (34.46)			
9	Stack, Samantha	JR	Academy OF The Holy Cross	5:52.66	5:49.25	9
	30.30		1:04.82 (34.52)	1:40.95 (36.13)	2:16.77 (35.82)	
	2:52.66 (35.89)		3:28.45 (35.79)	4:04.16 (35.71)	4:40.09 (35.93)	
	5:15.71 (35.62)		5:49.25 (33.54)			
10	Leung, Alaina	FR	St. John's College High School	5:50.00	5:51.49	7
	30.52		1:04.70 (34.18)	1:39.98 (35.28)	2:15.41 (35.43)	
	2:50.73 (35.32)		3:26.65 (35.92)	4:03.01 (36.36)	4:39.68 (36.67)	
	5:16.10 (36.42)		5:51.49 (35.39)			
11	Luff, Maggie	SR	Bishop Ireton High School	5:49.94	5:52.06	6
	30.81		1:04.94 (34.13)	1:40.65 (35.71)	2:16.39 (35.74)	
	2:52.09 (35.70)		3:28.14 (36.05)	4:04.48 (36.34)	4:40.87 (36.39)	
	5:16.72 (35.85)		5:52.06 (35.34)			
12	Nguyen, Mathilda	SO	St. Paul VI High School	5:49.34	5:55.36	5
	31.73		1:05.81 (34.08)	1:40.95 (35.14)	2:16.75 (35.80)	
	2:53.08 (36.33)		3:30.26 (37.18)	4:07.23 (36.97)	4:43.85 (36.62)	
	5:20.10 (36.25)		5:55.36 (35.26)			
13	Zea, Anna	SR	Bishop O'Connell High School	6:23.81	6:20.62	4
	33.15		1:10.47 (37.32)	1:48.79 (38.32)	2:27.01 (38.22)	
	3:06.33 (39.32)		3:45.23 (38.90)	4:24.78 (39.55)	5:05.04 (40.26)	
	5:44.15 (39.11)		6:20.62 (36.47)			
14	Kyle, Bella	SR	Bishop Ireton High School	6:29.68	6:20.66	3
	33.24		1:11.23 (37.99)	1:49.02 (37.79)	2:28.81 (39.79)	
	3:09.55 (40.74)		3:49.60 (40.05)	4:29.52 (39.92)	5:07.90 (38.38)	
	5:45.25 (37.35)		6:20.66 (35.41)			
15	Sinclair, Sophia	SR	Academy OF The Holy Cross	6:39.24	6:29.42	2
	31.88		1:09.13 (37.25)	1:48.56 (39.43)	2:29.27 (40.71)	
	3:09.41 (40.14)		3:48.72 (39.31)	4:28.95 (40.23)	5:09.66 (40.71)	
	5:49.98 (40.32)		6:29.42 (39.44)			
16	Dominguez, Sara	SO	Academy OF The Holy Cross	7:03.78	6:37.35	1
	33.70		1:12.38 (38.68)	1:53.06 (40.68)	2:34.35 (41.29)	
	3:15.07 (40.72)		3:56.48 (41.41)	4:38.08 (41.60)	5:17.93 (39.85)	
	5:58.62 (40.69)		6:37.35 (38.73)			
17	Longmore, Gabby		Ryken High School	6:28.58	6:47.25	
	36.75		1:17.56 (40.81)	1:58.74 (41.18)	2:40.04 (41.30)	
	3:21.49 (41.45)		4:02.84 (41.35)	4:44.00 (41.16)	5:25.52 (41.52)	
	6:07.27 (41.75)		6:47.25 (39.98)			

Event 17 Boys 200 Yard Freestyle Relay

WCAC Meet:		1:22.47	\$	2/6/2022	Gonzaga College High School	Gonza	
Team	Relay	Seed Time	Finals Time	Points			
1	DeMatha Catholic High School	A	1:23.94	1:26.72	40		
	1) Lombardo, Jonathan JR	2) Rooney, Seamus SR	3) Watts, Abraham SR	4) Ericson, Selim FR			
	22.43	44.02 (21.59)	1:05.78 (21.76)	1:26.72 (20.94)			
2	Gonzaga College High School	A	1:24.05	1:26.77	34		
	1) Gangemi, Cole SO	2) Fisher, Patrick SO	3) Thiede, George JR	4) Tovornik, Jackson JR			
	22.27	43.61 (21.34)	1:05.42 (21.81)	1:26.77 (21.35)			
3	The Heights School	A	1:28.24	1:29.77	32		
	1) Bailey, Matthew SO	2) Lepre, William JR	3) Stadelmann, Lucas JR	4) DeLellis, J. D. SR			
	23.03	45.09 (22.06)	1:08.17 (23.08)	1:29.77 (21.60)			

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 St. John's College High School	A	1:30.54	1:31.96	30
1) Dawson, John JR	2) Foster, Zackary JR	3) Schoch, Sam SO	4) Moncton, Wesley FR	
22.42	45.81 (23.39)	1:09.14 (23.33)	1:31.96 (22.82)	
5 Bishop O'Connell High School	A	1:30.67	1:32.94	28
1) Kinsella, James JR	2) Masterson, Colton FR	3) Cru Molter, Phillip SR	4) Fahle, Keaghan SR	
23.12	46.63 (23.51)	1:09.98 (23.35)	1:32.94 (22.96)	
6 Our Lady of Good Counsel	A	1:30.62	1:34.02	26
1) Hanson, Timmy SR	2) Avalos Restrepo, Sebastian SR	3) Tworkowski, Alec JR	4) Zakorchemny, Cooper SR	
23.58	47.59 (24.01)	1:10.96 (23.37)	1:34.02 (23.06)	
7 St. Paul VI High School	A	1:33.74	1:35.70	24
1) Sexton, AJ SR	2) Caputo, Henry SR	3) Rommelmeyer, William SR	4) Heisler, Nick JR	
23.12	46.94 (23.82)	1:10.99 (24.05)	1:35.70 (24.71)	
8 Ryken High School	A	NT	1:36.49	22
1) Longmore, Lucas Fr	2) Nelson, Dominic	3) Thompson, Mike	4) Thompson, Nick	
24.29	48.83 (24.54)	1:12.74 (23.91)	1:36.49 (23.75)	
9 Bishop Ireton High School	A	1:34.21	1:39.04	18
1) Johnson, Peter SR	2) Heinrichs, Howard FR	3) Corley, Connor JR	4) Morse, Charlie SO	
24.13	49.32 (25.19)	1:14.82 (25.50)	1:39.04 (24.22)	
--- DeMatha Catholic High School	B	1:31.03	X1:32.07	
1) Douglas, Ray	2) Thomas, Tripp FR	3) Brown, Ben JR	4) Hersey, Gray SR	
23.86	46.37 (22.51)	1:09.13 (22.76)	1:32.07 (22.94)	
--- Bishop O'Connell High School	B	1:38.50	X1:39.26	
1) Hearne, Nick SR	2) Sheehey, Pete JR	3) Hambey, Max FR	4) Molter, Kai SO	
25.05	50.03 (24.98)	1:15.10 (25.07)	1:39.26 (24.16)	
--- Our Lady of Good Counsel	B	1:42.71	X1:40.99	
1) Essig, Jack SR	2) Markovitz, Evan SR	3) Eloshway, Luke SR	4) Avalos Restrepo, Nicolas SR	
31.13	52.57 (21.44)	1:16.45 (23.88)	1:40.99 (24.54)	
--- Bishop Ireton High School	B	NT	X1:43.63	
1) Schmidt, Lucas FR	2) Mahar, Mike FR	3) Wegner, Henry JR	4) Kennedy, Luke JR	
28.39	53.80 (25.41)	1:19.12 (25.32)	1:43.63 (24.51)	
--- St. John's College High School	B	1:42.70	X1:44.56	
1) Cass, Jonah JR	2) Collis, Ford SR	3) Deoudes, JR SR	4) Barberena, Branden JR	
25.08	52.15 (27.07)	1:18.74 (26.59)	1:44.56 (25.82)	
--- St. Paul VI High School	B	1:49.73	X1:45.87	
1) Duffy, Connor SO	2) Clements, Aiden FR	3) Wang, Eric FR	4) Harvill, Peter JR	
24.68	52.10 (27.42)	1:19.15 (27.05)	1:45.87 (26.72)	
--- Gonzaga College High School	B	NT	X1:52.35	
1) Kyle, Teddy FR	2) Redpath, Thatcher SO	3) Doherty, Joseph JR	4) Tiffey, Matthew SR	
28.98	58.38 (29.40)	1:25.14 (26.76)	1:52.35 (27.21)	
--- Ryken High School	B	1:52.93	X1:54.87	
1) Pavis, Colton	2) Pavis, Logan	3) Flores, Damian Jr	4) Rapp, Leland Jr	
29.20	58.41 (29.21)	1:26.84 (28.43)	1:54.87 (28.03)	
--- Bishop McNamara High School (N)	A	NT	DQ	
1) Mosley, Dwayne JR	2) Johnson, Khalil JR	3) Harris, Ayden SR	4) Dickerson, MJ SR	
25.45	1:04.95 (39.50)	1:40.91 (35.96)	DQ (24.70)	

Event 18 Girls 200 Yard Freestyle Relay

WCAC Meet:	1:39.37	\$	1/25/2020	Our Lady of Good Counsel	Good Counsel	
Team	Relay	Seed Time	Finals Time	Points		
1 Our Lady of Good Counsel	A	1:41.19	1:39.46	40		
1) Johnson, Lexi FR	2) Ryan, Jenna FR	3) LaMotteo, Madison SR	4) Inman, Maddie JR			
25.45	50.13 (24.68)	1:15.02 (24.89)	1:39.46 (24.44)			

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 18 Girls 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Finals Time	Points
2	St. John's College High School	A	1:39.07	1:39.71	34
	1) Hooff, Olivia SR	2) Regan, Madelyn FR	3) Potter, Addison SO	4) Bishop, Lexie SO	
	25.70	51.05 (25.35)	1:15.62 (24.57)	1:39.71 (24.09)	
3	St. Paul VI High School	A	1:42.74	1:41.80	32
	1) Dobrydney, Claire	2) Beggan, Berkleigh JR	3) Lewis, Reilly	4) Wijas, Toria SO	
	24.08	49.83 (25.75)	1:16.07 (26.24)	1:41.80 (25.73)	
4	Bishop O'Connell High School	A	1:41.16	1:41.83	30
	1) O'Hara, Kalyn JR	2) Ouimet, Katherine FR	3) Sullivan, Anna SR	4) Wertzler, Ellie JR	
	24.96	51.47 (26.51)	1:17.10 (25.63)	1:41.83 (24.73)	
5	Bishop Ireton High School	A	1:39.92	1:47.06	28
	1) Eubanks, Leah FR	2) Kennelly, Clover SR	3) Bliss, Sophie JR	4) Smullen, Caroline SR	
	25.88	53.31 (27.43)	1:20.12 (26.81)	1:47.06 (26.94)	
6	Academy OF The Holy Cross	A	1:39.63	1:48.01	26
	1) Grenham, Kaitlyn SR	2) Ruesch, Eva JR	3) Fiery, Eden SR	4) Mongelli, Megan SR	
	26.47	54.16 (27.69)	1:22.13 (27.97)	1:48.01 (25.88)	
7	Elizabeth Seton Varsity Swimmi	A	1:49.62	1:49.80	24
	1) Parsons, Kiera SR	2) Hammer, Sophia JR	3) David, Nicole FR	4) Vaughan, Leah SO	
	27.12	56.09 (28.97)	1:23.24 (27.15)	1:49.80 (26.56)	
8	Ryken High School	A	2:05.78	2:04.58	22
	1) Smith, Ivy Fr	2) Zellner, Rayne	3) Yi, Terri	4) Weilke, Amelia	
	33.79	1:05.04 (31.25)	1:36.20 (31.16)	2:04.58 (28.38)	
9	Bishop McNamara High School (N)	A	NT	2:35.48	18
	1) Mitchell, ZZ SO	2) Greer, Katie FR	3) Bishop, Nena FR	4) Nguyen, Alyssa JR	
	33.33	1:15.51 (42.18)	2:06.78 (51.27)	2:35.48 (28.70)	
---	Our Lady of Good Counsel	B	1:45.77	X1:44.17	
	1) Bosco, Anna JR	2) Moehring, Molly FR	3) Manning, Virginia FR	4) Stillman, Maeve SR	
	26.59	52.57 (25.98)	1:18.52 (25.95)	1:44.17 (25.65)	
---	Bishop O'Connell High School	B	1:47.35	X1:47.06	
	1) Estabrooks, Samantha FR	2) Baldwin, Annalise SR	3) McIntosh, Caeli SR	4) Kinsella, Molly SR	
	27.12	53.52 (26.40)	1:20.40 (26.88)	1:47.06 (26.66)	
---	St. Paul VI High School	B	1:51.82	X1:50.52	
	1) Wahl, Lilly SO	2) Corsino, Marisa	3) Nguyen, Mathilda SO	4) Taddeo, Elisabeth	
	27.76	55.11 (27.35)	1:23.14 (28.03)	1:50.52 (27.38)	
---	St. John's College High School	B	1:50.58	X1:51.56	
	1) Kelly, Andrea JR	2) Gillon, Mary SR	3) Budd, Daphney SR	4) Fayyad, Zoe SR	
	27.65	55.90 (28.25)	1:24.38 (28.48)	1:51.56 (27.18)	
---	Bishop Ireton High School	B	NT	X1:52.58	
	1) Easton, Kathryn JR	2) Dwyer, Quinn JR	3) Kyle, Bella SR	4) Ary, Sophie SR	
	27.58	55.67 (28.09)	1:24.22 (28.55)	1:52.58 (28.36)	
---	Academy OF The Holy Cross	B	NT	X1:56.43	
	1) Dominguez, Sara SO	2) McKinley, Eva FR	3) Mauthripragada, Asha SO	4) Stack, Samantha JR	
	30.23	59.49 (29.26)	1:29.80 (30.31)	1:56.43 (26.63)	
---	Ryken High School	B	2:04.98	X2:03.85	
	1) Phillips, Ruby	2) Mabrey, Emma So	3) Savery, Emma So	4) Strutt, Isabelle	
	31.81	1:02.56 (30.75)	1:36.22 (33.66)	2:03.85 (27.63)	
---	Elizabeth Seton Varsity Swimmi	B	NT	X2:09.49	
	1) Fullwood, Josephine FR	2) Amador, Elizabeth SO	3) Coble, Lily JR	4) Sharpe, Zadi SO	
	32.62	1:04.53 (31.91)	1:38.08 (33.55)	2:09.49 (31.41)	

Event 19 Boys 100 Yard Backstroke

WCAC Meet:		50.25	\$	1/25/2025	Quinn M Caputo	Paul VI		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Rooney, Seamus	SR	DeMatha Catholic High School	50.83	51.76	20		
	25.32		51.76 (26.44)					

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 19 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
2	Rowan, Graham	SR	Bishop O'Connell High School	52.54	52.68	17
	25.77		52.68 (26.91)			
3	Vaughn, Jordan	SR	DeMatha Catholic High School	52.07	52.69	16
	25.35		52.69 (27.34)			
4	Tovornik, Jackson	JR	Gonzaga College High School	52.87	52.76	15
	26.00		52.76 (26.76)			
5	Drews, Roman	JR	Our Lady of Good Counsel	55.91	53.91	14
	26.64		53.91 (27.27)			
6	Makepeace, Archie	SR	Gonzaga College High School	52.78	55.19	13
	27.09		55.19 (28.10)			
7	Adebisi, Alexander	SO	DeMatha Catholic High School	55.07	55.22	12
	26.40		55.22 (28.82)			
8	Fuqua, Jack	SR	Bishop Ireton High School	54.86	55.53	11
	27.07		55.53 (28.46)			
9	Kimpel, Rex	JR	St. John's College High School	57.09	56.57	9
	27.33		56.57 (29.24)			
10	LaForme, Preston	SO	St. Paul VI High School	56.53	56.64	7
	27.54		56.64 (29.10)			
11	Murdock, Keagan	JR	Bishop O'Connell High School	57.48	56.74	6
	27.65		56.74 (29.09)			
12	Jacobs, Tom	FR	St. John's College High School	59.30	58.46	5
	28.09		58.46 (30.37)			
13	Singleton, Thomas	SR	Gonzaga College High School	57.83	58.78	4
	28.20		58.78 (30.58)			
14	Zemek, Peter	SO	The Heights School	1:03.55	1:00.91	3
	29.85		1:00.91 (31.06)			
15	Hambey, Max	FR	Bishop O'Connell High School	58.80	1:01.01	2
	29.14		1:01.01 (31.87)			
16	Eschmann, John	SR	The Heights School	1:00.84	1:01.63	1
	29.35		1:01.63 (32.28)			
17	Stringer, JJ	FR	St. John's College High School	1:02.53	1:02.19	
	29.62		1:02.19 (32.57)			
18	Longmore, Lucas	Fr	Ryken High School	1:02.34	1:02.64	
	30.15		1:02.64 (32.49)			
19	Hanson, Timmy	SR	Our Lady of Good Counsel	1:02.93	1:03.84	
	30.98		1:03.84 (32.86)			
20	Tenney, Rafael	SO	The Heights School	1:02.85	1:03.88	
	31.21		1:03.88 (32.67)			
21	Putchala, Adeesh	JR	St. Paul VI High School	1:08.51	1:06.78	
	32.00		1:06.78 (34.78)			
22	Seibel, Michael	FR	St. Paul VI High School	1:09.83	1:08.98	
	33.83		1:08.98 (35.15)			
23	Wegner, Henry	JR	Bishop Ireton High School	1:10.80	1:14.69	
24	Forrer, Colman	FR	Bishop Ireton High School	NT	1:15.90	
	36.03		1:15.90 (39.87)			
25	Pavis, Colton		Ryken High School	NT	1:33.11	
	43.58		1:33.11 (49.53)			
---	Smith, Brendan	SO	Our Lady of Good Counsel	1:11.55	DFS	

Event 20 Girls 100 Yard Backstroke

WCAC Meet:		56.50	\$	1/25/2025	Celia Watkins	Good Counsel		
	Name			Yr	School	Seed Time	Finals Time	Points
1	Watkins, Celia			SR	Our Lady of Good Counsel	55.78	56.21 \$	20
	27.45				56.21 (28.76)			

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 20 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
2	Inman, Maddie	JR	Our Lady of Good Counsel	57.43	57.52	17
	27.74	57.52 (29.78)				
3	Johnson, Lexi	FR	Our Lady of Good Counsel	57.35	58.05	16
	28.26	58.05 (29.79)				
4	Vanlandingham, Avery	SO	Bishop Ireton High School	58.76	58.84	15
	28.66	58.84 (30.18)				
5	Rowan, Elliott	SO	Bishop O'Connell High School	58.51	59.25	14
	28.81	59.25 (30.44)				
6	Krepinevich, Meaghan	SO	St. Paul VI High School	1:02.54	1:03.22	13
	30.20	1:03.22 (33.02)				
7	Noyes, Logan	SO	St. Paul VI High School	1:03.62	1:04.34	12
	31.22	1:04.34 (33.12)				
8	Thomas, Abygail	SO	St. John's College High School	1:03.10	1:04.56	11
	30.92	1:04.56 (33.64)				
9	Matthews, Naomi	SO	St. John's College High School	1:05.57	1:04.98	9
	31.86	1:04.98 (33.12)				
10	Lang, Graciela	SO	St. John's College High School	1:02.00	1:05.32	7
	31.48	1:05.32 (33.84)				
11	Fiery, Eden	SR	Academy OF The Holy Cross	1:04.71	1:08.25	6
	32.62	1:08.25 (35.63)				
12	Feeley, Emerson	SR	Bishop O'Connell High School	1:08.69	1:08.96	5
	32.57	1:08.96 (36.39)				
13	Ouimet, Grace	JR	Bishop O'Connell High School	1:08.63	1:09.15	4
	33.55	1:09.15 (35.60)				
14	Luff, Maggie	SR	Bishop Ireton High School	1:12.91	1:10.50	3
	34.79	1:10.50 (35.71)				
15	Taddeo, Elisabeth		St. Paul VI High School	NT	1:13.82	2
	35.70	1:13.82 (38.12)				
16	Dwyer, Quinn	JR	Bishop Ireton High School	1:12.81	1:16.28	1
	36.78	1:16.28 (39.50)				
17	Weilke, Amelia		Ryken High School	1:15.32	1:17.38	
	38.07	1:17.38 (39.31)				
18	Yi, Terri		Ryken High School	1:19.77	1:19.22	
	37.71	1:19.22 (41.51)				
19	Morris, Ella	SO	Academy OF The Holy Cross	1:21.72	1:19.89	
	38.03	1:19.89 (41.86)				
20	Sharpe, Zadi	SO	Elizabeth Seton Varsity Swimmi	1:20.63	1:20.58	
	39.59	1:20.58 (40.99)				
21	Howard, Jillian	JR	Academy OF The Holy Cross	1:23.41	1:23.92	
	38.68	1:23.92 (45.24)				
22	Amador, Elizabeth	SO	Elizabeth Seton Varsity Swimmi	1:26.63	1:28.79	
	41.47	1:28.79 (47.32)				
23	Morrissey, Cece	JR	Elizabeth Seton Varsity Swimmi	1:48.84	1:52.10	
	49.21	1:52.10 (1:02.89)				

Event 21 Boys 100 Yard Breaststroke

WCAC Meet:		56.28	\$	2/24/2019	Paul Kinsella	O'Connell		
	Name	Yr	School	Seed Time	Finals Time	Points		
1	Hamilton, Jack	SR	DeMatha Catholic High School	56.52	56.17 \$	20		
	26.18	56.17 (29.99)						
2	Smith, Levi	SO	DeMatha Catholic High School	59.02	59.46	17		
	27.78	59.46 (31.68)						
3	Pryor, Teddy	SO	St. John's College High School	1:00.41	59.90	16		
	28.61	59.90 (31.29)						

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 21 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
4	House, Nate	SO	Gonzaga College High School	1:02.00	1:00.71	15
	28.24		1:00.71 (32.47)			
5	Masterson, Colton	FR	Bishop O'Connell High School	1:00.80	1:01.12	14
	29.05		1:01.12 (32.07)			
6	Spooner, Alex	SR	Gonzaga College High School	1:02.16	1:01.78	13
	28.86		1:01.78 (32.92)			
7	Choi, Zach	JR	St. Paul VI High School	1:02.78	1:02.34	12
	28.55		1:02.34 (33.79)			
8	Seager, Austin	JR	Our Lady of Good Counsel	1:04.04	1:02.74	11
	29.36		1:02.74 (33.38)			
9	Gooch, Oliver	SR	Gonzaga College High School	1:03.44	1:02.79	9
	28.98		1:02.79 (33.81)			
10	Fry, Daniel	SO	St. John's College High School	1:06.61	1:03.53	7
	30.14		1:03.53 (33.39)			
11	Detten, Rai	SO	Bishop O'Connell High School	1:05.96	1:06.40	6
	30.63		1:06.40 (35.77)			
12	Corley, Connor	JR	Bishop Ireton High School	1:06.34	1:07.38	5
	31.00		1:07.38 (36.38)			
13	Fletcher, Ben	FR	Bishop O'Connell High School	1:06.54	1:07.91	4
	32.83		1:07.91 (35.08)			
14	Nagtzaam, Reid	SO	Bishop Ireton High School	1:10.04	1:09.56	3
	31.46		1:09.56 (38.10)			
15	James, Danny	SO	The Heights School	1:09.85	1:09.58	2
	33.41		1:09.58 (36.17)			
16	Winter, Ezra	FR	St. John's College High School	1:11.37	1:10.84	1
	33.56		1:10.84 (37.28)			
17	Miller, Ben		Our Lady of Good Counsel	1:10.96	1:11.97	
	34.17		1:11.97 (37.80)			
18	Eschmann, John	SR	The Heights School	NT	1:12.68	
	33.27		1:12.68 (39.41)			
19	Markovitz, Evan	SR	Our Lady of Good Counsel	1:11.78	1:13.02	
	33.82		1:13.02 (39.20)			
20	Turner, Tyler	FR	Bishop Ireton High School	1:14.69	1:14.76	
	34.15		1:14.76 (40.61)			
21	Mosley, Dewayne	JR	Bishop McNamara High School (M	1:31.10	1:21.31	
	36.64		1:21.31 (44.67)			
22	Lau, Matthew		St. Paul VI High School	1:23.72	1:21.33	
	38.75		1:21.33 (42.58)			
23	Flores, Damian	Jr	Ryken High School	1:24.05	1:22.71	
	39.02		1:22.71 (43.69)			
24	Farmer, Colston	FR	St. Paul VI High School	1:22.94	1:22.81	
	37.53		1:22.81 (45.28)			
25	Curry, Collin	Fr	Ryken High School	1:36.15	1:38.23	
	44.89		1:38.23 (53.34)			
---	Rizzo, Alex	FR	The Heights School	1:14.60	DFS	
---	Lombardo, Jonathan	JR	DeMatha Catholic High School	58.52	DFS	

Event 22 Girls 100 Yard Breaststroke

WCAC Meet:		1:05.00	\$	1/28/2023	Ashley Kirby	PVI		
	Name			Yr	School	Seed Time	Finals Time	Points
1	Sullivan, Anna			SR	Bishop O'Connell High School	1:08.52	1:07.37	20
		31.82			1:07.37 (35.55)			
2	Andrews, Abby			SO	St. John's College High School	1:07.76	1:07.91	17
		32.15			1:07.91 (35.76)			

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 22 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
3	Lindley, Elena	FR	St. John's College High School	1:09.08	1:09.17	16
	32.60		1:09.17 (36.57)			
4	Parsons, Kiera	SR	Elizabeth Seton Varsity Swimmi	1:12.48	1:10.21	15
	31.95		1:10.21 (38.26)			
5	Decatur, Audrey	SO	Our Lady of Good Counsel	1:11.48	1:10.66	14
	33.09		1:10.66 (37.57)			
6	Olson, Annika	JR	St. John's College High School	1:13.95	1:11.67	13
	33.67		1:11.67 (38.00)			
7	Barish, Gemma	JR	Our Lady of Good Counsel	1:12.87	1:12.44	12
	33.38		1:12.44 (39.06)			
8	Bauer, Kady	SO	Our Lady of Good Counsel	1:11.13	1:12.52	11
	33.75		1:12.52 (38.77)			
9	Bliss, Sophie	JR	Bishop Ireton High School	1:14.32	1:13.80	9
	34.91		1:13.80 (38.89)			
10	Wahl, Lilly	SO	St. Paul VI High School	1:15.54	1:13.89	7
	34.82		1:13.89 (39.07)			
11	Lagana, Ashlyn		Ryken High School	1:13.56	1:14.21	6
	34.85		1:14.21 (39.36)			
12	Grahl, Sophie	SR	Academy OF The Holy Cross	1:13.17	1:15.15	5
	34.43		1:15.15 (40.72) 1:15.15 ()			
13	Kinsella, Moira	SR	Bishop O'Connell High School	1:14.33	1:15.75	4
	35.53		1:15.75 (40.22)			
14	Muller, Kenzie	SO	Bishop O'Connell High School	1:16.10	1:17.39	3
	36.71		1:17.39 (40.68)			
15	Gaskins, Autumn	FR	Bishop McNamara High School (M	NT	1:17.52	2
	36.63		1:17.52 (40.89)			
16	Bailey, Annabelle	JR	St. Paul VI High School	1:18.46	1:18.49	1
	36.54		1:18.49 (41.95)			
17	Patterson, Zoe	FR	Bishop Ireton High School	1:19.81	1:19.16	
	37.69		1:19.16 (41.47)			
18	Ruesch, Eva	JR	Academy OF The Holy Cross	1:19.83	1:20.85	
	38.54		1:20.85 (42.31)			
19	Mauthripragada, Asha	SO	Academy OF The Holy Cross	1:20.71	1:23.89	
	38.93		1:23.89 (44.96)			
20	Phillips, Ruby		Ryken High School	1:21.27	1:25.19	
	41.05		1:25.19 (44.14)			
21	Dwyer, Neve	JR	Bishop Ireton High School	NT	1:26.73	
	40.91		1:26.73 (45.82)			
22	Mabrey, Emma	So	Ryken High School	1:30.45	1:30.05	
	42.71		1:30.05 (47.34)			
23	Nguyen, Alyssa	JR	Bishop McNamara High School (M	1:29.32	1:30.96	
	42.68		1:30.96 (48.28)			
24	Johnston, Riley	SR	Elizabeth Seton Varsity Swimmi	1:33.81	1:32.06	
	43.17		1:32.06 (48.89)			
25	King, Elke	JR	Elizabeth Seton Varsity Swimmi	1:59.97	2:02.42	
	56.89		2:02.42 (1:05.53)			
---	Murphy, Kimi	SR	St. Paul VI High School	1:13.36	DFS	

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****Event 23 Boys 400 Yard Freestyle Relay**

WCAC Meet: 3:05.28 \$ 1/25/2025		Gonzaga College High School		Gonza	
Team	Relay	Seed Time	Finals Time	Points	
1 Gonzaga College High School	A	3:03.52	3:10.57	40	
1) Thiede, George JR	2) Fisher, Patrick SO	3) Makepeace, Archie SR	4) Gangemi, Cole SO		
23.01	47.98 (47.98)	1:10.29 (22.31)	1:35.17 (47.19)		
1:58.43 (23.26)	2:23.50 (48.33)	2:45.92 (22.42)	3:10.57 (47.07)		
2 DeMatha Catholic High School	A	3:11.57	3:11.01	34	
1) Ericson, Selim FR	2) Jungbluth, Alexander JR	3) Rooney, Seamus SR	4) Vaughn, Jordan SR		
23.07	48.04 (48.04)	1:10.91 (22.87)	1:35.95 (47.91)		
1:58.42 (22.47)	2:23.46 (47.51)	2:45.99 (22.53)	3:11.01 (47.55)		
3 Bishop O'Connell High School	A	3:13.31	3:15.17	32	
1) Worthen, Jermaine SR	2) Fahle, Keaghan SR	3) Mullen, Paul SR	4) Rowan, Graham SR		
23.43	49.28 (49.28)	1:12.95 (23.67)	1:38.73 (49.45)		
2:02.02 (23.29)	2:27.40 (48.67)	2:50.18 (22.78)	3:15.17 (47.77)		
4 St. John's College High School	A	3:17.66	3:17.80	30	
1) Gravell, Jack FR	2) Schoch, Sam SO	3) Fry, Patrick JR	4) Dawson, John JR		
23.39	49.16 (49.16)	1:12.95 (23.79)	1:39.20 (50.04)		
2:02.64 (23.44)	2:28.96 (49.76)	2:52.11 (23.15)	3:17.80 (48.84)		
5 The Heights School	A	3:14.39	3:20.76	28	
1) DeLellis, J. D. SR	2) Lepre, William JR	3) Klump, Thomas FR	4) Bailey, Matthew SO		
23.41	49.24 (49.24)	1:12.34 (23.10)	1:38.84 (49.60)		
2:03.22 (24.38)	2:30.51 (51.67)	2:54.47 (23.96)	3:20.76 (50.25)		
6 Our Lady of Good Counsel	A	3:20.31	3:21.03	26	
1) Drews, Roman JR	2) Cobb, Jason JR	3) Tworkowski, Alec JR	4) Zakorchemny, Cooper SR		
24.70	51.19 (51.19)	1:14.06 (22.87)	1:39.14 (47.95)		
2:03.66 (24.52)	2:30.94 (51.80)	2:54.93 (23.99)	3:21.03 (50.09)		
7 Bishop Ireton High School	A	3:38.47	3:36.95	24	
1) Fuqua, Jack SR	2) Turner, Tyler FR	3) Morse, Charlie SO	4) Lentini, Jack JR		
25.97	53.74 (53.74)	1:21.63 (27.89)	1:53.33 (59.59)		
2:18.71 (25.38)	2:48.22 (54.89)	3:10.92 (22.70)	3:36.95 (48.73)		
8 St. Paul VI High School	A	3:19.24	3:37.85	22	
1) Duffy, Connor SO	2) Rommelmeyer, William SR	3) LaForme, Preston SO	4) Heisler, Nick JR		
25.09	53.11 (53.11)	1:49.64 (56.53)			
2:14.59 ()	2:42.62 ()	3:08.60 (25.98)	3:37.85 (55.23)		
9 Ryken High School	A	3:51.16	3:41.25	18	
1) Thompson, Nick	2) Selwood, Henry	3) Nelson, Dominic	4) Longmore, Lucas Fr		
27.03	56.54 (56.54)	1:23.14 (26.60)	1:53.13 (56.59)		
2:18.44 (25.31)	2:47.98 (54.85)	3:13.36 (25.38)	3:41.25 (53.27)		
--- DeMatha Catholic High School	B	NT	X3:23.47		
1) Nedd, Christopher SO	2) Foran, Finley FR	3) Watts, Abraham SR	4) Hersey, Gray SR		
23.89	49.89 (49.89)	1:15.52 (25.63)	1:44.40 (54.51)		
2:07.39 (22.99)	2:33.47 (49.07)	2:56.94 (23.47)	3:23.47 (50.00)		
--- Our Lady of Good Counsel	B	3:33.64	X3:36.77		
1) Eloshway, Luke SR	2) Murphy, Alex SO	3) Hanson, Timmy SR	4) Miller, Ben		
25.47	53.10 (53.10)	1:18.95 (25.85)	1:47.75 (54.65)		
2:13.54 (25.79)	2:41.51 (53.76)	3:07.69 (26.18)	3:36.77 (55.26)		
--- Gonzaga College High School	B	NT	X3:37.75		
1) Culligan, Nolan FR	2) Gage, Knox JR	3) Philbin, Connor FR	4) Milito, Jake FR		
24.20	50.21 (50.21)	1:14.71 (24.50)	1:41.97 (51.76)		
2:40.63 (58.66)		3:06.69 ()	3:37.75 ()		
--- Bishop O'Connell High School	B	3:35.64	X3:39.31		
1) Molter, Kai SO	2) Sheehey, Pete JR	3) Hambey, Max FR	4) Murdock, Keagan JR		
26.28	55.80 (55.80)	1:22.28 (26.48)	1:50.78 (54.98)		
2:16.33 (25.55)	2:45.77 (54.99)	3:11.22 (25.45)	3:39.31 (53.54)		

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- St. John's College High School	B	3:45.52	X3:42.54	
1) Miller, Caleb SO	2) Cass, Jonah JR	3) Bocock, Alex SO	4) Rhee, Alex SO	
25.45	53.70 (53.70)	1:19.02 (25.32)	1:49.62 (55.92)	
2:16.33 (26.71)	2:46.42 (56.80)	3:12.00 (25.58)	3:42.54 (56.12)	
--- St. Paul VI High School	B	3:49.59	X4:14.77	
1) Cepeda, Nico FR	2) Putchala, Adeesh JR	3) Harvill, Peter JR	4) Lau, Matthew	
27.20	58.28 (58.28)	1:27.59 (29.31)	1:59.78 (1:01.50)	
2:32.13 (32.35)	3:08.11 (1:08.33)	3:39.77 (31.66)	4:14.77 (1:06.66)	

Event 24 Girls 400 Yard Freestyle Relay

WCAC Meet:	3:34.99	\$	2/24/2019	Our Lady of Good Counsel	Good Counsel		
Team	Relay	Seed Time	Finals Time	Points			
1 Our Lady of Good Counsel	A	3:36.98	3:33.22 \$	40			
1) LaMotte, Madison SR	2) Watkins, Celia SR	3) Ryan, Jenna FR	4) Kincaid, Kellie SR				
25.81	54.51 (54.51)	1:19.66 (25.15)	1:47.06 (52.55)				
2:12.51 (25.45)	2:40.79 (53.73)	3:05.81 (25.02)	3:33.22 (52.43)				
2 St. John's College High School	A	3:33.32	3:37.23	34			
1) Hooff, Olivia SR	2) Regan, Madelyn FR	3) Potter, Addison SO	4) Bishop, Lexie SO				
26.57	54.66 (54.66)	1:20.72 (26.06)	1:49.92 (55.26)				
2:15.86 (25.94)	2:44.66 (54.74)	3:09.63 (24.97)	3:37.23 (52.57)				
3 Bishop O'Connell High School	A	3:36.02	3:38.78	32			
1) O'Hara, Kalyn JR	2) McIntosh, Caeli SR	3) Wertzler, Ellie JR	4) Rowan, Elliott SO				
25.98	53.68 (53.68)	1:20.72 (27.04)	1:50.79 (57.11)				
2:16.83 (26.04)	2:45.61 (54.82)	3:11.08 (25.47)	3:38.78 (53.17)				
4 Bishop Ireton High School	A	3:41.39	3:42.08	30			
1) Eubanks, Leah FR	2) Vanlandingham, Avery SO	3) Hooff, Lainey SO	4) Forrer, Marcella SR				
26.97	55.24 (55.24)	1:21.51 (26.27)	1:50.09 (54.85)				
2:16.89 (26.80)	2:45.98 (55.89)	3:12.10 (26.12)	3:42.08 (56.10)				
5 St. Paul VI High School	A	3:44.47	3:46.07	28			
1) Krepinevich, Meaghan SO	2) Noyes, Logan SO	3) Dobrydney, Claire	4) Beggan, Berkleigh JR				
27.46	58.14 (58.14)	1:25.54 (27.40)	1:55.87 (57.73)				
2:20.58 (24.71)	2:48.71 (52.84)	3:15.36 (26.65)	3:46.07 (57.36)				
6 Academy OF The Holy Cross	A	3:48.68	3:55.96	26			
1) Grenham, Kaitlyn SR	2) Grahl, Sophie SR	3) Stack, Samantha JR	4) Mongelli, Megan SR				
27.31	58.13 (58.13)	1:25.81 (27.68)	1:56.87 (58.74)				
2:24.92 (28.05)	2:57.24 (1:00.37)	3:24.54 (27.30)	3:55.96 (58.72)				
7 Elizabeth Seton Varsity Swimmi	A	4:09.73	4:08.12	24			
1) Vaughan, Leah SO	2) Hammer, Sophia JR	3) David, Nicole FR	4) Parsons, Kiera SR				
28.61	1:10.81 (1:10.81)	1:30.96 (20.15)	2:16.89 (1:06.08)				
3:08.65 (51.76)	3:36.73 (1:19.84)	4:08.12 (31.39)					
8 Ryken High School	A	4:32.71	4:33.76	22			
1) Gensley, Miranda	2) Longmore, Gabby	3) Selwood, Elizabeth Fr	4) Lagana, Ashlyn				
31.53	1:09.07 (1:09.07)	1:43.94 (34.87)	2:23.00 (1:13.93)				
2:55.06 (32.06)	3:31.37 (1:08.37)	4:01.15 (29.78)	4:33.76 (1:02.39)				
--- Our Lady of Good Counsel	B	3:49.13	X3:47.67				
1) Stillman, Maeve SR	2) Decatur, Audrey SO	3) Spano, Louisa FR	4) Manning, Virginia FR				
26.94	55.63 (55.63)	1:22.68 (27.05)	1:51.61 (55.98)				
2:18.09 (26.48)	2:49.08 (57.47)	3:16.53 (27.45)	3:47.67 (58.59)				
--- St. Paul VI High School	B	3:57.60	X3:58.51				
1) Wijas, Toria SO	2) Corsino, Marisa	3) Wahl, Lilly SO	4) Nguyen, Mathilda SO				
28.73	59.22 (59.22)	1:27.70 (28.48)	2:00.78 (1:01.56)				
2:28.30 (27.52)	2:59.31 (58.53)	3:27.01 (27.70)	3:58.51 (59.20)				

2026 WCAC Championships - 1/21/2026 to 1/24/2026**Results****(Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Bishop O'Connell High School	B	4:00.55	X4:02.78	
1) Cervenak, Reagan SR	2) Crombe, Dylan	3) LeNard, Anna SR	4) McEvoy, Isabel FR	
28.21	59.74 (59.74)	1:28.43 (28.69)	2:01.01 (1:01.27)	
2:30.12 (29.11)	3:02.68 (1:01.67)	3:30.88 (28.20)	4:02.78 (1:00.10)	
--- St. John's College High School	B	4:16.74	X4:10.49	
1) Tymon, Rylee SR	2) Gillon, Mary SR	3) Kelly, Andrea JR	4) Fayyad, Zoe SR	
30.41	1:04.84 (1:04.84)	1:34.69 (29.85)	2:09.10 (1:04.26)	
2:37.60 (28.50)	3:10.81 (1:01.71)	3:38.72 (27.91)	4:10.49 (59.68)	
--- Bishop Ireton High School	B	NT	X4:17.85	
1) Easton, Kathryn JR	2) Yi, Julia FR	3) Patterson, Zoe FR	4) Ary, Sophie SR	
29.11	1:10.30 (1:10.30)	1:33.25 (22.95)	2:06.47 (56.17)	
2:38.42 (31.95)	3:16.63 (1:10.16)	3:43.54 (26.91)	4:17.85 (1:01.22)	
--- Academy OF The Holy Cross	B	NT	X4:25.27	
1) Sinclair, Sophia SR	2) Tovar, Valeria SR	3) Lopez, Samantha SO	4) Howard, Jillian JR	
29.94	1:03.59 (1:03.59)	1:35.17 (31.58)	2:11.32 (1:07.73)	
2:41.28 (29.96)	3:17.34 (1:06.02)	3:49.07 (31.73)	4:25.27 (1:07.93)	
--- Elizabeth Seton Varsity Swimmi	B	5:45.56	X5:07.95	
1) Amador, Elizabeth SO	2) Johnston, Riley SR	3) Fullwood, Josephine FR	4) Coble, Lily JR	
34.80	1:16.85 (1:16.85)	1:53.78 (36.93)	2:36.97 (1:20.12)	
3:09.26 (32.29)	3:52.17 (1:15.20)	4:26.49 (34.32)	5:07.95 (1:15.78)	