

## **PVS Coaches Newsletter**

## June 2016 Issue

## **OLYMPIC TRIALS Month!**

## Asking for your opinion:

PVS will be asking coaches, officials, and swimmers about the swim meets they attend each month. The survey for the April 2016 meets is available. A link to the survey can be found on the PVS website on the HOME page and is provided below.

Survey link for coaches & officials:

https://www.surveymonkey.com/r/PVSMayCoachOfficial

Survey link for athletes:

https://www.surveymonkey.com/r/PVSMayAthletes

The survey is meant to be a way for every coach to give their feedback on how the meet ran without having to identify themselves.

#### **PVS Board of Directors Elections**

At the PVS House of Delegates Meeting on May 24, 2016, it was approved for an electronic vote (evote) for the Board of Directors open positions. The nomination form is available on the PVS Website. The nominees will be announced on the PVS Website on July 8, 2016 and voting will take place July 28-31, 2016.

The following board positions are up for election:
Administrative Vice Chair
Age Group Vice Chair
Operations Vice Chair
Safe Sport
Strategic Planning

Questions can be directed to the Nominating Committee Chair, Paris Jacobs at <a href="mailto:paris@machineaquatics.com">paris@machineaquatics.com</a>.

#### A Thought to Make You Think:

"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, Love of what you are doing." -Pele

2016 Eastern Zone LC Age Group Championship August 3<sup>rd</sup> – 6<sup>th</sup> (East Meadow, NY)

The athlete application will be available online. The hope is to have the application available by June 30, 2016. Scholarships are available for swimmers who have qualified for the meet but are unable to financially afford the entire cost of the trip.

The cost of the trip is \$625.00.

The coaching staff is:

Zone Coordinator: Dave Greene (RMSC) Head Coach: Heather Purk (MACH) Asst. Head Coach: Jeremy Snyder (TIBU)

Asst. Coaches:

Chris Schlegel (ASA) Jocelyn Sowa (LMAC)
Nicole Harmon (FISH) Gianpaolo Polignano (TOLL)
Ryan Pauling (FAST) Ian Handerhan (SDS)

Liz Badley (HACC)

## Hear Something, See Something, Say Something National Safe Sport Initiative

Have you and your coaching staff viewed this month's scenario?

Have you discussed the scenario with your practice groups? If NOT, then WHY NOT?

Opening productive communication channels with every USA Swimming Club.

http://www.pvswim.org/safe\_sport/June\_Scenario.pdf

# PVS Long Course Championship Meets Qualifying Times

The Qualifying Times for the PVS Long Course Championship Meets were posted the week of April 17<sup>th</sup>. The QTs can be found on the "What's New" page and the "Qualifying Times" page of the website.

The LCM cuts for the championship meets have been summarized with the LCM cuts for the Eastern Zone Championship Meets on two tables which can be found on the "Coaches Corner" page of the website. One table is for Age Group QT's and the other table is for Senior QT's. In addition, a copy of each table was emailed to each team's Head Coach and is available by emailing Heather Purk, PVS Coaches Rep, at <a href="https://hkpurk@gmail.com">hkpurk@gmail.com</a>.

Please refer to the posted Qualifying Times for the SCY times and Senior Champs Bonus LCM times.

## PVS High School Seniors Class of 2016

The time has come to recognize our graduating high school seniors that swim for PVS Clubs.

PVS Clubs are requested to submit the names and colleges attending to the PVS Administrative Assistant for posting on the PVS Website. Please email pvadmin@pvswim.org.

The list of Graduating Seniors is also announced at the PVS Long Course Championships in July.

A swimmer does not have to be swimming in college to be on the list.

Let's Celebrate our Graduating Seniors!

#### The Last Gold

#### The Greatest Untold Story in Olympic Swimming History

Narrated by Emmy-winner Julianna Margulies, The Last Gold is a feature-length documentary film that reveals one of the greatest untold stories in Olympic swimming history. Forty years ago, at the 1976 Montreal Games, a team of doped East German athletes thrashed their rivals from the United States, until a remarkable final race. The central player was a transcendent American athlete denied her due and since lost in time: Shirley Babashoff. Babashoff and her teammates were surrogates in a Cold War struggle, who battled a tragic conspiracy with a blazing honesty and a ferocious, endless tenacity.

Showing Date: Monday, July 11th at 7:00PM

Tickets Available at: Tugg.com

Maryland Theatres:

Landmark Bethesda Row Cinema, Bethesda, MD AMC Loews Rio Cinemas 18, Gaithersburg, MD

Virginia Theatres:

AMC Hoffman Center 22, Alexandria, Virginia AMC Worldgate 9, Herndon, Virginia AMC Tysons Center 16, McLean, Virginia

DC Theatre:

AMC Loews Georgetown 14 & IMAX

Additional Theatre Locations can be found at Tugg.com

### **Important Upcoming PVS Dates**

Tuesday, July 12<sup>th</sup> – PVS Board of Directors Meeting Information on Website

Thursday, July 14<sup>th</sup> – Sunday, July 17<sup>th</sup>
PVS LC Senior/Junior Championships @UMD

Thursday, July 21<sup>st</sup> – Sunday, July 24<sup>th</sup>
PVS LC Age Group Championships @UMD

Monday, July 25<sup>th</sup> – Deadline for Applying to be part of the PVS 2016 Long Course Zone Team

Check the PVS Website for Up-to-Date Locations and Start Time of Meetings.

Coaches Continuing Education (CCE)
Grant Applications are due by June 30,
2016 for the 2016-2017 season.