



Potomac Valley Swimming Update – Friday, November 6, 2020

18&U Winter Championships - I'm pleased to announce that PVS will be sponsoring a meet to be part of the USA Swimming [Virtual 18&U Winter Championships](#). The [Qualifying Times](#) are 1% slower than Futures Qualifying Times. The dates are December 3-6, 2020 and the location will be the Claude Moore Recreation Center in Sterling, VA. The [meet announcement](#) and [COVID safety document](#) have been posted on the PVS website.

Safe Sport Training - All parents and athletes (12 and older) are encouraged to take the USA Swimming Safe Sport Training. There are multiple ways that USA Swimming has made it easy to take this training. Check out these [resources](#) from USA Swimming.

Toyota US Open - The USA Swimming Toyota US Open will be held next week (Nov 12-14) at nine locations around the country. The closest site to PVS is in Richmond, VA. Follow your favorite swimmers on the [USA Swimming website](#).

COVID-19 - The number of COVID-19 cases has been increasing all over the US, including in the DMV area. All the PVS clubs have been practicing safety with mask wearing and social distancing protocols at practices. The clubs hosting meets the past month developed safety protocols that continued the safe practices the athletes and coaches have been following. We all need to maintain these safe practices, as scientific evidence shows that social distancing and wearing masks are the primary ways to prevent the spread of this coronavirus.

I will not be sending out an update next Friday because I will be in Richmond for the US Open.

Stay safe! Stay healthy! And, wear your mask.

Tim Husson
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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.