



Potomac Valley Swimming Update – Friday, May 21, 2021

COVID Status - Local jurisdictions are easing their restrictions this month and into next month on various schedules depending on the area. Except for certain places/events, mask wearing for fully vaccinated individuals has become optional. Each business and location is still able to set their own restrictions and protocols. We should see removal of all restrictions at the facilities we use for swim practices and meets over the next two months.

So, you need to continue to follow the protocols for your club's practices and the facilities as they work to revise them based on the current guidelines. Particularly, we are not quite ready to start crowded, indoor swim meets with many hundreds of athletes/officials/coaches/volunteers/spectators. We hope to ease in more capacity over the next two months and get back to a mostly normal schedule by the fall.

COVID-19 is not over and there are still risks. The best way we can all help is to get vaccinated, if possible, as soon as we can. We all look forward to enjoying the sport in the manner we were used to 15 months ago.

PVS LC Championship Meets - A task force is working on putting together PVS LC championship meets for July. Details and qualifying times will be made available soon, but I can announce the dates and locations of the meets.

PVS LC Senior Championships - July 15-18 at Claude Moore Recreation Center
PVS LC 14&U Championships - July 15-18 at Freedom Aquatic & Fitness Center

Qualifying times for the 14&U meet will be primarily SCY (with LCM qualifying times also). Qualifying times for the Senior meet will be LCM/SCY/SCM.

Eastern Zone Meets - The Eastern Zone will be holding both the Senior and Age Group LC meets this August. Details are not yet available and could change as restrictions are eased, but here is some information that is known at this time.

Senior Zones - August 5-8 in Buffalo, NY. This will be a full four-day prelims/finals meet. The qualifying times will be the same as the [2019 Senior Zone Meet](#). Due to capacity restrictions at Erie Community College, the preliminary sessions may be flighted. The determination on how to do the flighting will be made by the meet host and the EZ Technical Chair after the entries are received.

Age Group Zones - August 4-7 in Richmond, VA. This will be the traditional four-day meet format. Due to size limitations of the meet, there will not be qualifying times this year. Each LSC will be allowed to have a certain number of athletes per age group. Seed times for the meet will be SCY. The PVS Zone Team Manager and Age Group Chair will develop the selection process to be used for the Potomac Valley team. There will be no team travel for the PVS team and all athletes will need to provide their own transportation/lodging/meals for the meet.

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As restrictions are eased, there could be changes, but the current anticipated parameters are:

- LSC Max of 12 individual swimmers per gender per age group per session
- LSC Max of 3 individual splashes per event
- Athlete Max of 3 individual events per day
- Athlete Max of 8 individual events for the meet
- No Relay Only Athletes

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently. Get the vaccine when it's available to you. And, continue to wear your mask if you are not vaccinated and when required by your club or facility!

Tim Husson

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