



## Potomac Valley Swimming Update – Friday, June 18, 2021

**US Olympic Team Trials** - Wave II of the US Olympic Team Trials are taking place this week. Many current and former Potomac Valley swimmers are competing for spots on the US Olympic Team. Get all the information about the trials, including schedules, results and broadcast information on the [USA Swimming website](#).

**US Paralympic Team Trials** - Also going on this week (June 17-20) are the US Paralympic Team Trials. Potomac Valley also has athletes competing in this meet. Information and results about this meet are available at: <https://www.teamusa.org/Tokyo-2020-Paralympic-Games/2020-US-Paralympic-Team-Trials/Swimming>.

**Eastern Zone Age Group Championships** - Additional information was published this week about the Eastern Zone LC Age Group Meet to be held August 4-7 in Richmond, VA. The [Meet Announcement](#), [Timer Sign-Up](#), [Application to Officiate](#), and [Spectator Ticket Sales](#) are now available.

As was stated previously, there are no qualifying times this year. Each LSC is limited to a maximum of 12 swimmers per age group per session. There will be selection criteria and an application for PVS swimmers that are interested. This will not be a team travel meet. Swimmers and their families must provide their own transportation, lodging and meals.

**PVS LC Junior Championships** - Potomac Valley is providing an additional end of season meet for those athletes 15-18 who do not qualify for the PVS LC Senior Championships. This meet will be a timed finals meet held the same weekend as the PVS LC Senior Championships. Check out the [Event Schedule and Qualifying Times](#) for the meet. Complete information including the Meet Announcement will be coming soon.

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently. Get the vaccine when it's available to you. And, continue to wear your mask if you are not vaccinated and when required by your club or facility!

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### Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.