

POTOMAC VALLEY SWIMMING RECORDS

08/31/2022

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
10 & under	50 FR	29.07	01/01/1991	PV-SOLO	Lauren Stinnett	Historical Record
10 & under	100 FR	1:04.41	01/01/1991	PV-SOLO	Lauren Stinnett	Historical Record
10 & under	200 FR	2:19.01	08/11/2010	PV-FISH	Isabella Rongione	2010 PV Eastern Zone LC Championships
10 & under	400 FR	4:51.70	06/12/2010	PV-FISH	Isabella Rongione	2010 PV FISH June LC Invitational
10 & under	50 BK	32.61	01/01/1991	PV-SOLO	Lauren Stinnett	Historical Record
10 & under	100 BK	1:08.80	01/01/1991	PV-SOLO	Lauren Stinnett	Historical Record
10 & under	50 BR	37.16	07/20/2017	PV-RMSC	Emma Lantry	2017 PV LC 14&U Championships
10 & under	100 BR	1:22.61	07/21/2017	PV-RMSC	Emma Lantry	2017 PV LC 14&U Championships
10 & under	50 FL	31.67	11/04/2006	PV-CUBU	Janet Hu	2006 PV Fall Long Course Invitational
10 & under	100 FL	1:10.53	07/20/2006	PV-CUBU	Janet Hu	2006 PV LC Age Group Championships
10 & under	200 IM	2:39.24	07/21/2016	PV-FISH	Courtney Watts	2016 PV LC 14&U Championships
10 & under	200 FR-R	2:03.30	07/19/2015	PV-RMSC	Lauren West, Sydney Allen, Nina Allen, Amy Lamb	2015 PV LC 14&U Championships
10 & under	200 MED-R	2:20.68	07/17/2015	PV-FISH	Courtney Watts, Bridget O'Shaughnessy, Kathleen Modder, Victoria Valko	2015 PV LC 14&U Championships

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
11-12	50 FR	27.03	01/01/1993	PV-SOLO	Lauren Stinnett	Historical Record
11-12	100 FR	58.63	01/01/1993	PV-SOLO	Lauren Stinnett	Historical Record
11-12	200 FR	2:07.48	07/19/2012	PV-FISH	Isabella Rongione	2012 PV LC 14&U Championships
11-12	400 FR	4:22.35	06/01/2012	PV-FISH	Isabella Rongione	2012 PV Maryland State LC Meet
11-12	800 FR	8:55.44	06/16/2012	PV-FISH	Isabella Rongione	2012 PV FISH June Invitational
11-12	1500 FR	17:06.26	07/10/2014	PV-FISH	Madelyn Donohoe	2014 PV LC 14&U Championships
11-12	50 BK	30.43	08/09/2008	PV-CUBU	Janet Hu	2008 PV Eastern Zone LC Championships
11-12	100 BK	1:06.31	03/13/2008	PV-CUBU	Janet Hu	2008 PV Speedo Champs Series Eastern Zone South
11-12	200 BK	2:19.90	07/10/2008	PV-CUBU	Janet Hu	2008 PV Senior LC Championships
11-12	50 BR	33.58	07/20/2017	PV-RMSC	Joyce Wu	2017 PV LC 14&U Championships
11-12	100 BR	1:15.39	07/17/2015	PV-MACH	Anna Keating	2015 PV LC 14&U Championships
11-12	200 BR	2:43.68	07/19/2015	PV-MACH	Anna Keating	2015 PV LC 14&U Championships
11-12	50 FL	28.23	07/19/2012	PV-CUBU	Cassidy Bayer	2012 PV LC 14&U Championships
11-12	100 FL	1:02.31	07/12/2012	PV-CUBU	Cassidy Bayer	2012 PV LC Senior Championships
11-12	200 FL	2:17.65	07/12/2012	PV-CUBU	Cassidy Bayer	2012 PV LC Senior Championships
11-12	200 IM	2:25.08	01/01/1993	MA-JW	Elaine Schwartz	Historical Record
11-12	400 IM	5:02.19	07/19/2012	PV-FISH	Isabella Rongione	2012 PV LC 14&U Championships
11-12	400 IM	5:02.19	07/19/2012	PV-FISH	Isabella Rongione	2012 PV LC 14&U Championships
11-12	200 FR-R	1:51.86	01/01/1989	PV-CUBU	Tracey Rankin, L Lauwaert, M Klima, J Davidson	Historical Record
11-12	400 FR-R	4:12.07	07/11/2013	PV-NCAP	Sinead Eksteen, Gabrielle Zhang, Katie Mack, Olivia Jubin	2013 PV LC 14&U Championships
11-12	200 MED-R	2:06.89	07/21/2016	PV-NCAP	Kate Hallmark, Carly Sebring, Aris Runnels, Giulia Baroldi	2016 PV LC 14&U Championships
11-12	400 MED-R	4:39.61	07/23/2017	PV-NCAP	Erin Gemmell, Eleanor Sun, Jordan Durocher, Maren Conze	2017 PV LC 14&U Championships

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
13-14	50 FR	25.97	06/01/2019	PV-NCAP	Camille Spink	2019 PV NCAP June LC Invitational
13-14	100 FR	56.28	06/02/2019	PV-NCAP	Erin Gemmell	2019 PV NCAP June LC Invitational
13-14	200 FR	2:01.29	07/12/2019	PV-NCAP	Erin Gemmell	2019 PV LC Open Championships
13-14	400 FR	4:11.80	07/14/2011	PV-CUBU	Kathleen Ledecy	2011 PV LC Senior Champs
13-14	800 FR	8:43.50	07/14/2011	PV-CUBU	Kathleen Ledecy	2011 PV LC Senior Champs
13-14	1500 FR	16:35.34	07/18/2013	PV-FISH	Isabella Rongione	2013 PV LC Senior Championships
13-14	100 BK	1:02.50	03/13/2008	MD-NBAC	Elizabeth Pelton	2008 PV Speedo Champs Series Eastern Zone South
13-14	200 BK	2:13.92	03/13/2008	MD-NBAC	Elizabeth Pelton	2008 PV Speedo Champs Series Eastern Zone South
13-14	100 BR	1:11.91	01/01/1991	MD-NBAC	Anita Nall	Historical Record
13-14	200 BR	2:32.55	03/22/2012	MA-CBST	Allie Szekely	2012 PV Speedo Champions Series
13-14	100 FL	59.75	07/17/2014	PV-NCAP	Cassidy Bayer	2014 PV LC Senior Championships
13-14	200 FL	2:12.86	08/05/2003	KY-WA	Elaine Breeden	2003 Conoco Phillips National Championships
13-14	200 IM	2:16.58	07/11/2019	PV-NCAP	Erin Gemmell	2019 PV LC Open Championships
13-14	400 IM	4:49.81	07/12/2019	PV-NCAP	Eleanor Sun	2019 PV LC Open Championships
13-14	200 FR-R	1:50.29	07/19/2015	PV-NCAP	Abigail Harter, Allison Kopac, Maya Fischer, Katie Mack	2015 PV LC 14&U Championships
13-14	400 FR-R	3:57.18	07/18/2010	PV-CUBU	Janet Hu, Taylor Vincent, Sofia Revilak, Kathleen Ledecy	2010 PV LC Senior Championships
13-14	800 FR-R	8:29.38	07/18/2013	PV-NCAP	Cassidy Bayer, Megan Byrnes, Lea Gwennap, Emily Meilus	2013 PV LC Senior Championships
13-14	200 MED-R	2:00.52	03/13/2008	MD-NBAC	Elizabeth Pelton, Jordan Surhoff, Camryne Morris, Natalie Beale	2008 PV Speedo Champs Series Eastern Zone South
13-14	400 MED-R	4:20.82	03/13/2008	MD-NBAC	Elizabeth Pelton, Jordan Surhoff, Camryne Morris, Natalie Beale	2008 PV Speedo Champs Series Eastern Zone South

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
15-16	50 FR	25.70	07/14/2019	PV-AAC	Torri Huske	2019 PV LC Open Championships
15-16	100 FR	55.93	03/22/2012	MD-NBAC	Cierra Runge	2012 PV Speedo Champions Series
15-16	200 FR	2:00.06	05/24/2013	PV-NCAP	Katie Ledecky	2013 PV Virginia LC State Championship
15-16	400 FR	4:07.98	05/24/2013	PV-NCAP	Katie Ledecky	2013 PV Virginia LC State Championship
15-16	800 FR	8:35.39	08/05/2003	US-UN	Brittany Reimer	2003 Conoco Phillips National Championships
15-16	1500 FR	16:24.63	03/25/2004	PV-FISH	Kate Ziegler	2004 PV Eastern Zone II LC Speedo Champs
15-16	100 BK	1:02.20	06/02/2019	PV-NCAP	Caroline Bentz	2019 PV NCAP June LC Invitational
15-16	200 BK	2:09.11	07/14/2019	PV-NCAP	Phoebe Bacon	2019 PV LC Open Championships
15-16	100 BR	1:09.82	07/11/2019	PV-MACH	Anna Keating	2019 PV LC Open Championships
15-16	200 BR	2:29.08	08/05/2003	NJ-SAC	Rebecca Soni	2003 Conoco Phillips National Championships
15-16	100 FL	1:00.74	03/13/2008	MD-NBAC	Felicia Lee	2008 PV Speedo Champs Series Eastern Zone South
15-16	200 FL	2:11.67	05/27/2016	PV-NCAP	Cassidy Bayer	2016 PV VA State LC Champs
15-16	200 IM	2:14.51	07/11/2019	PV-NCAP	Phoebe Bacon	2019 PV LC Open Championships
15-16	400 IM	4:46.94	05/31/2019	VA-NOVA	Zoe Dixon	2019 PV NCAP June LC Invitational
15-16	200 FR-R	1:51.51	07/15/2004	PV-CUBU	Christine Nichols, Colleen Law, Sarah Baker, Elizabeth Kemp	2004 PV Senior LC Championships
15-16	400 FR-R	3:53.39	08/05/2016	PV-NCAP	Claire Nguyen, Madeline Laporte, Sinead Eksteen, Jasmine Hellmer	2016 PV Futures Championships UMD
15-16	800 FR-R	8:39.97	07/15/2004	PV-CUBU	Colleen Law, Sarah Baker, Kristen Beales, Elizabeth Kemp	2004 PV Senior LC Championships
15-16	200 MED-R	2:03.77	06/06/2010	PV-RMSC	Ellen Anderson, Sarah Haase, Catherine Mulquin, Reia Tong	2010 PV Maryland State LC Championships
15-16	400 MED-R	4:26.64	08/07/2016	PV-NCAP	Maddie Heilbrun, Jasmine Hellmer, Gabrielle Zhang, Claire Nguyen	2016 PV Futures Championships UMD

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
15-18	200 FR-R	1:48.15	03/25/2012	MD-NBAC	Cierra Runge, Korby Simpson, Willa Wang, Stephanie O'Toole	2012 PV Speedo Champions Series
15-18	400 FR-R	3:53.39	08/05/2016	PV-NCAP	Claire Nguyen, Madeline Laporte, Sinead Eksteen, Jasmine Hellmer	2016 PV Futures Championships UMD
15-18	800 FR-R	8:25.21	03/23/2012	MD-NBAC	Dani Potis, Willa Wang, Korby Simpson, Cierra Runge	2012 PV Speedo Champions Series
15-18	200 MED-R	2:01.20	03/24/2012	MD-NBAC	Natalie Beale, Stephanie O'Toole, Korby Simpson, Cierra Runge	2012 PV Speedo Champions Series
15-18	400 MED-R	4:20.10	07/19/2014	PV-NCAP	Annie Boone, Leslie Cole, Kylie Jordan, Hannah Baker	2014 PV LC Senior Championships

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
17-18	50 FR	25.18	08/05/2003	US-FRA	Malia Metella	2003 Conoco Phillips National Championships
17-18	100 FR	55.54	05/16/2021	PV-AAC	Torri Huske	2021 PV NCAP Elite Qualifier
17-18	200 FR	1:55.79	07/17/2014	PV-NCAP	Katie Ledecky	2014 PV LC Senior Championships
17-18	400 FR	4:08.30	07/13/2006	PV-FISH	Kate Ziegler	2006 PV Senior LC Championships
17-18	800 FR	8:30.49	07/13/2006	PV-FISH	Kate Ziegler	2006 PV Senior LC Championships
17-18	1500 FR	16:08.64	08/05/2003	CA-TROJ	Kalyn Keller	2003 Conoco Phillips National Championships
17-18	100 BK	1:02.08	07/17/2021	PV-NCAP	Mackenzie McConagha	2021 PV LC Senior Championships
17-18	200 BK	2:12.47	08/05/2003	US-CDN	Jennifer Fratesi	2003 Conoco Phillips National Championships
17-18	100 BR	1:09.86	08/05/2003	MV-WSC	Caroline Bruce	2003 Conoco Phillips National Championships
17-18	200 BR	2:27.88	08/05/2003	MV-WSC	Caroline Bruce	2003 Conoco Phillips National Championships
17-18	100 FL	57.43	09/06/2020	PV-AAC	Torri Huske	2020 PV AAC Summer LC Splash & Dash
17-18	200 FL	2:12.29	05/16/2021	VA-NOVA	Zoe Dixon	2021 PV NCAP Elite Qualifier
17-18	200 IM	2:14.40	05/16/2021	PV-AAC	Torri Huske	2021 PV NCAP Elite Qualifier
17-18	400 IM	4:46.38	05/14/2021	PV-NCAP	Sophie Duncan	2021 PV NCAP Elite Qualifier
17-18	200 FR-R	1:50.08	03/25/2012	MD-EST	Georgie Crompton, Jennifer Zhang, Sydney Kligys, Kelley Yang	2012 PV Speedo Champions Series
17-18	400 FR-R	3:59.75	08/05/2016	PV-RMSC	Catherine Johnson, Madison Waechter, Jaycee Yegher, Lindsay Tanner	2016 PV Futures Championships UMD
17-18	800 FR-R	8:40.46	07/14/2006	PV-CUBU	Colleen Law, Sarah Baker, Carly Gibson, Kristen Moores	2006 PV Senior Champships
17-18	200 MED-R	2:02.35	03/15/2008	NC-MOR	Kirsten Smith, Kirsten Esplin, Avery Pittman, Erika Stewart	2008 PV Speedo Champs Series Eastern Zone South
17-18	400 MED-R	4:16.86	08/09/2003	KY-LAK	Sarah Menefee, Elizabeth Tinnon, Isabel Miesner, Caroline Burckle	2003 Conoco Phillips National Championships

Women's LCM LSC Open Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
Open	50 FR	25.06	01/01/1998	PV-UNAT	Inge De Bruijn	Historical Record
Open	100 FR	55.54	05/16/2021	PV-AAC	Torri Huske	2021 PV NCAP Elite Qualifier
Open	200 FR	1:55.79	07/17/2014	PV-NCAP	Katie Ledecky	2014 PV LC Senior Championships
Open	400 FR	4:04.86	03/13/2008	PV-FISH	Kate Ziegler	2008 PV Speedo Champs Series Eastern Zone South
Open	800 FR	8:21.94	07/12/2007	PV-FISH	Kate Ziegler	2007 PV Senior LC Championships
Open	1500 FR	16:08.64	08/05/2003	CA-TROJ	Kalyn Keller	2003 Conoco Phillips National Championships
Open	100 BK	1:01.71	07/17/2014	VA-CAV	Courtney Bartholomew	2014 PV LC Senior Championships
Open	200 BK	2:09.11	07/14/2019	PV-NCAP	Phoebe Bacon	2019 PV LC Open Championships
Open	100 BR	1:08.80	08/05/2003	PN-SST	Megan Jendrick	2003 Conoco Phillips National Championships
Open	200 BR	2:27.06	01/01/2002	PV-CUBU	Masami Tanaka	Historical Record
Open	100 FL	57.43	09/06/2020	PV-AAC	Torri Huske	2020 PV AAC Summer LC Splash & Dash
Open	200 FL	2:08.78	08/05/2003	CA-TROJ	Kaitlin Sandeno	2003 Conoco Phillips National Championships
Open	200 IM	2:12.97	08/05/2003	CA-TROJ	Kaitlin Sandeno	2003 Conoco Phillips National Championships
Open	400 IM	4:40.82	08/05/2003	CA-TROJ	Kaitlin Sandeno	2003 Conoco Phillips National Championships
Open	200 FR-R	1:48.10	07/14/2007	VA-NOVA	Carter Stephens, Jessica Lewis, Kristen Wallace, Stephanie Glover	2007 PV Senior LC Champships
Open	400 FR-R	3:45.77	08/07/2003	GA-ABSC	Paige Kearns, Samantha Livingstone, Andrea Georoff, Stefanie Williams	2003 ConocoPhillips Nationals
Open	800 FR-R	8:10.79	08/08/2003	CA-TROJ	Kaitlin Sandeno, Jana Krohn, Margie Pedder, Kalyn Keller	2003 ConocoPhillips Nationals
Open	200 MED-R	2:00.52	03/13/2008	MD-NBAC	Elizabeth Pelton, Jordan Surhoff, Camryne Morris, Natalie Beale	2008 PV Speedo Champs Series Eastern Zone South
Open	400 MED-R	4:12.11	08/09/2003	CA-NOVA	Jessica Cruzat, Gabrielle Rose, Tara Thomas, Emily Silver	2003 ConocoPhillips Nationals

USA Swimming