

Junior Champs  
Upper cut at Sr. Champs

Day		Event	2000 Cuts	SCY	Heats	vent Length	Session Length	Splashes	Individual Splashes	Relay Splashes	Assumptions
<b>Thur</b>	Women	1650	19:06.00	21:00.15	4	01:26:01		32			All eligible swim
	Men	1000	11:20.99	11:26.25	4	00:47:45	02:13:46	32	64		
<b>Fri</b>	Women	200 Free	2:01.00	2:08.98	8	00:21:12		64			
	Men	200 Free	2:00.09	2:03.82	8	00:20:31		64			
	Women	100 Breast	1:12.60	1:19.65	10	00:18:17		80			
	Men	100 Breast	1:10.99	1:16.13	10	00:17:41		80			
	Women	100 Fly	1:02.80	1:09.42	10	00:16:34		80			
	Men	100 Fly	1:03.59	1:05.33	10	00:15:53		80			
	Women	400 IM	4:50.00	5:13.14	6	00:34:19		48			
	Men	400 IM	4:58.99	5:03.42	6	00:33:21	02:57:47	48	544		
	Women	800 Free Relay	8:03.96	8:51.40	3	00:28:04		24			
	Men	800 Free Relay	8:24.39	8:30.14	3	00:27:00	03:52:52	24		48	
	<b>Sat</b>	Women	200 Breast	2:37.00	2:52.56	8	00:27:00		64		
Men		200 Breast	2:35.99	2:47.78	8	00:26:22		64			
Women		50 Free	0:25.70	0:27.66	12	00:11:32		96			
Men		50 Free	0:24.79	0:25.98	12	00:11:12		96			
Women		100 Back	1:04.00	1:09.72	10	00:16:37		80			
Men		100 Back	1:03.59	1:07.50	10	00:16:15		80			
Women		500 Free	5:24.00	5:45.02	6	00:37:30		48			
Men		500 Free	5:22.99	5:31.05	6	00:36:06	03:02:35	48	576		
Women		400 Medley Relay	4:15.36	4:46.72	3	00:15:50		24			
Men		400 Medley Relay	4:23.79	4:32.62	3	00:15:08	03:33:33	24		48	
<b>Sun</b>		Women	200 Back	2:17.00	2:28.96	8	00:23:52		64		
	Men	200 Back	2:18.99	2:28.43	8	00:23:47		64			
	Women	100 Free	0:56.00	0:59.58	10	00:14:56		80			
	Men	100 Free	0:52.99	0:55.72	10	00:14:17		80			
	Women	200 Fly	2:21.00	2:44.29	8	00:25:54		64			
	Men	200 Fly	2:34.59	3:13.56	8	00:29:48		64			
	Women	200 IM	2:16.30	2:25.95	8	00:23:28		64			
	Men	200 IM	2:14.99	2:18.71	8	00:22:30	02:58:32	64	544		
	Women	400 Free relay	3:43.96	4:05.47	3	00:13:46		24			
	Men	400 Free relay	3:42.59	3:49.57	3	00:12:59	03:25:17	24		48	
	<b>Sun Dist</b>	Women	1000	10:55.00	11:50.62	4	00:49:22		32		
Men		1650	19:00.49	19:57.56	4	01:21:50	02:11:13	32	64		
		Total Splashes						1792	144		
		Between Heat Time		0:30.00							
		SCM conv factor		38:24.00							
		Relay Factor		43:12.00							